



ABOUT THE PRESERVE

At The Preserve at Palm-Aire, we welcome seniors who expect more from their next living experience. We invite you to explore your wish list and join the adventure that each day holds. Or, maybe just relax and enjoy the great company and outstanding amenities.

Here at The Preserve, you will enjoy a truly different lifestyle full of memorable new experiences and a refreshing sense of freedom. Our in-house dining options are amazing. And our highly trained staff is on hand to attend to your every need. We come to work each day to bring joy and delight to the residents we serve. Our passion and pride is apparent in everything we do.



OUR MISSION

We're here to make deep connections with you and your family—to earn the right to be part of the next chapter in your life. Through these connections, we fulfill our promise to find and provide the perfect experience for every resident. We start by asking the right questions and taking the time to listen, because we believe your next chapter deserves a story worth telling.



ABOUT THE ARBOR COMPANY

The Preserve at Palm-Aire is managed by The Arbor Company, a premier operator of senior living communities for nearly 30 years. During that time, we've learned how to provide the right balance of service and activity in excellently maintained environments. Each of our more than two dozen communities in the Arbor family is made up of dependable people with experience that counts. We hire the best team members and invest in their success with ongoing training and education. At Arbor, we are dedicated and passionate about providing the absolute highest standard of senior living. This isn't simply our job—it's what we call the The Arbor Service Way, our commitment to providing the best experience possible.

“Thank you again for your support and assistance with both parents. We have a huge worry off our shoulders and cannot thank you enough.”

— FAMILY MEMBER



THE EXPERIENCE

Imagine stepping aboard a luxury cruise liner or checking into a five-star resort designed with you and your individual requirements in mind. Assisted senior living at The Preserve at Palm-Aire offers that kind of adventurous experience every hour of every day. In our community, residents are treated like royalty—their wishes are our commands. Amenities, programs and experiences have been designed with engagement, opportunity and comfort in mind. Our culinary choices are incredible; you will enjoy fine meals each time you sit down to dine with friends. And like any well-appointed cruise or excursion, caring staffers are here to attend to your every need.





IT'S ALL RIGHT HERE

Assisted senior living at The Preserve at Palm-Aire is anything but boring. As an Arbor Company community, The Preserve places the highest priority on residents' engagement, activity, safety, health, well-being and enjoyment. Residents' days can be as busy or as relaxed as they want. At The Preserve, assisted senior living truly places a premium on "living."

Among the amenities we offer:

- Three gourmet chef-prepared meals daily plus snacks
- Full calendar of social and recreational programs
- Scheduled transportation
- Apartment maintenance
- Laundry facilities with weekly housekeeping
- Expanded cable TV
- Beauty and barber services
- Activity room, living room, and bistro
- Multi-purpose room for social gatherings, events, and activities
- Heated outdoor swimming pool with whirlpool spa
- Access to nursing and nursing assistants 24 hours a day
- Wireless emergency-call pendants
- On-site physical, occupational, and speech therapies





MEMORY CARE

The Preserve at Palm-Aire offers the highest level of 24-hour care support to those with Alzheimer's and other dementias. With safe surroundings and programs designed to meet each individual's needs, our memory care community is just that—a community of people who help families be family (not caregivers) while helping seniors rediscover joy in each day. Our entire staff is trained to provide an uplifting balance of care, engagement and encouragement. As memory care experts, we create daily routines with familiarity and consistency that are proven to help residents thrive.

“The staff is very friendly and attentive. There is always plenty for the residents to do, and an open door so all concerns can be addressed with administration at any time.”

— KATHRYN, FAMILY MEMBER









ENGAGED LIVING

We're doing away with the stereotypical notions of retirement. At The Preserve at Palm-Aire, we strive for more than just bingo and a bouncing ball. We go above and beyond to offer the best quality of life for each resident.



Our Engaged Living calendars give you the opportunity to be exactly as busy as you want to be, with activities and events in these areas:

-  **Art and education:** Stimulate your mind by learning another language, painting a portrait or exploring a new craft or skill.
-  **Deep connections:** Feel connected to a lively community. We ask the right questions and take the time to listen. It's why residents accomplish amazing things here—things they never thought were possible on their own.
-  **Health and wellness:** Our exercise programs are designed especially for seniors to improve mobility, maintain fitness and even challenge the brain—all in a fun format.
-  **Purposeful living:** Residents are meaningfully engaged throughout the day. An important part of that includes opportunities to volunteer and give back to others while remaining actively involved in the community.
-  **Recreation and leisure:** We go out of our way to fulfill each resident's wish list. From live music entertainment to BBQs to karaoke nights, if you can dream it, chances are we'll try it. And we love helping with family get-togethers.
-  **Spiritual journey:** For many, the health of the soul is as meaningful as the health of the body. So we offer ample opportunities for structured religious activities and individual reflection.

We also make a point to connect back with families to let them know what is happening in the community through the use of our mobile app.



GETTING STARTED

These are the years to live life on your terms, enjoying each day to the fullest. The Preserve at Palm-Aire is dedicated to doing whatever it takes to provide that life for you. What you have read and seen in this brochure is just the tip of the iceberg of what we offer. The best way to fully appreciate The Preserve experience is to visit our community and see what outstanding assisted senior living truly entails. Call us at 954-970-2600 to schedule a tour. And visit our website at www.preserveatpalmair.com to learn more before your visit.

The *New Signature* of Senior Living

