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BARRINGTON  
TERRACE

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*Assisted Living & Memory Care Residence*



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# BARRINGTON TERRACE

*Assisted Living & Memory Care Residence*



The New Signature  
of Senior Living



A photograph of two elderly women sitting on a sandy beach. The woman on the left has short white hair, wears sunglasses, a colorful geometric patterned top, and teal pants. She is holding a glass of white wine. The woman on the right has short grey hair, wears sunglasses, a light blue short-sleeved shirt, and light blue pants. She is also holding a glass of white wine. They are sitting on a blue beach towel. In the background, there are large rocks, a body of water, and a clear blue sky. A dark blue semi-transparent rectangle is overlaid on the left side of the image, containing the text "LIVE THE LIFE YOU DESERVE" in white capital letters.

LIVE THE LIFE  
YOU DESERVE





## A FRESH APPROACH TO SENIOR LIVING

At Barrington Terrace of Naples, we welcome seniors who expect more from their next living experience. We invite you to explore your wish list and join the adventure that each day holds. Or maybe just relax and enjoy great company and outstanding amenities.

Here at Barrington Terrace, you will enjoy a truly different lifestyle full of memorable new experiences and a refreshing sense of freedom. Our in-house dining options are amazing. Our highly trained staff is on hand to attend to your every need. Whatever level of care you require, Barrington Terrace can provide it. We come to work each day to bring joy and delight to the residents we serve. Our passion and pride is apparent in everything we do.





## OUR MISSION

We're here to make deep connections with you and your family — to earn the right to be part of the next chapter in your life. Through these connections, we fulfill our promise to find and provide the perfect experience for every resident. We start by asking the right questions and taking the time to listen, because we believe your next chapter is a story worth telling.







## EXPERIENCE COUNTS

Barrington Terrace of Naples is managed by The Arbor Company, a premier operator of senior living communities for more than 30 years. We are dedicated and passionate about providing the absolute highest standard of senior living. This isn't simply our job — it's what we call the The Arbor Way, our commitment to providing the best experience possible.







## WHY TRUST US?

At The Arbor Company, we are committed to you through our culture, what we call The Arbor Way. Let us show you that we are worthy of your trust.

### PEOPLE AT BARRINGTON TERRACE

You'll notice it right away: Our people are special.

- Our highly educated and trained staff is focused on delivering high-quality hospitality.
- Staff members are trained to anticipate your needs before you even ask.
- We hire the best, because you deserve the best.

### DEEP CONNECTIONS

If you choose us, you'll get to know us, and we'll go beyond getting to know you.

Everyone living at Barrington Terrace is an individual with his or her own unique stories, hopes, goals, and dreams. As such, we know the care we provide must be unique as well.

- We don't just schedule activities — we engage our residents, emphasizing social connections with staff and peers. We get to know your likes and design the day around *you*.
- We feel dining experiences are important, not just for nourishment, but also for social interactions with other residents.



### EXPERIENCE

Simply put, we know senior living, and we are committed to providing the best experience to our residents and their families.

- Our Namaste, Music and Memory, and Gem Level programs provide the most engaging, most comfortable atmosphere for our residents.
- Barrington Terrace is a proud member of the Struthers Parkinson's Care Network (SPCN). The training and support our staff members receive help them to provide quality care for individuals with Parkinson's disease.
- Satisfaction guaranteed: We are confident you will enjoy living at Barrington Terrace, so much so that we put our money where our mouth is! We offer a 60-day money-back guarantee.
- We have been a company dedicated to seniors for more than 30 years. It's all we do!
- Chef-prepared meals in a restaurant-style environment deliver a dining experience that promotes community and friendship.

You can trust Barrington Terrace to provide you with exceptional service. Stop by today and let us show you what sets us apart.



*“Your employees are your very best asset!  
We are so pleased with everything about  
Barrington Terrace!”*







## IT'S ALL RIGHT HERE

Senior living at Barrington Terrace of Naples is anything but boring. As an Arbor Company community, Barrington Terrace places the highest priority on residents' engagement, activity, well-being, care and enjoyment. Your days can be as busy or as relaxed as you want. At Barrington Terrace, we truly place a premium on *living*.

### Amenities and services we offer:

- Large, open-concept studio and one-bedroom floor plans
- Senior-friendly and dementia-friendly community design
- Restaurant featuring outstanding chefs
- Cafe
- Relaxing living and activity rooms
- Library and computer lounge
- Beauty salon and spa
- Concierge services
- Professionally landscaped gardens and walking paths
- Sunny courtyards, shady outdoor spaces, and a gazebo
- Housekeeping services
- Scheduled transportation
- Personal linen and laundry services
- Golf course views













## THE ENGAGED LIFESTYLE

We're doing away with the stereotypical notions of retirement. At Barrington Terrace, we go above and beyond to offer the best quality of life for each resident.

Our Engaged Lifestyle calendars will give you the opportunity to be exactly as busy as you want to be, with activities and events in these areas:

-  **Art and education:** Stimulate your mind by learning another language, painting a portrait, or exploring a new craft or skill.
-  **Deep connections:** Feel connected to a lively community. We ask the right questions and take the time to listen. It's why residents accomplish amazing things here — things they never thought were possible on their own.
-  **Health and wellness:** Our exercise programs are designed especially for seniors to improve mobility, maintain fitness, and even challenge the brain — all in a fun format.
-  **Purposeful living:** Residents are meaningfully engaged throughout the day. An important part of that includes opportunities to volunteer and give back to others while remaining actively involved in the community.
-  **Recreation and leisure:** We go out of our way to fulfill each resident's wish list. From live music and entertainment to cultural events to dining experiences, if you can dream it, chances are we'll try it. And we love helping with family get-togethers.
-  **Spiritual journey:** For many, the health of the soul is as meaningful as the health of the body. So we offer ample opportunities for structured religious activities and individual reflection.

We also make a point to connect back with families to let them know what is happening in the community.







## DINING AT BARRINGTON TERRACE

Joining a community does not have to mean giving up delicious, home-cooked meals. Enjoy chef-prepared dining that is catered to your individual needs and preferences in one of our beautiful dining rooms, all without having to lift a finger (except to raise your fork).







*“We moved our mother into the Evergreen (memory care) neighborhood at Barrington Terrace from another local community. She is a new person, much happier, and all of our stress levels have dropped dramatically.”*



## ASSISTED LIVING



At Barrington Terrace, we are dedicated to serving residents who need assistance throughout their day. But we don't stop there. Our focus is on helping our residents maintain their lifestyles. Should you choose Barrington Terrace, our highly trained staff will be here 24 hours per day to support you and give you the peace of mind that comes with knowing you are never alone. Add to that the regular housekeeping and laundry services, delicious dining options, and a robust social calendar, and it's easy to see how life at Barrington Terrace makes every day feel like a vacation.

Our assisted living services include:

- A customized wellness program supervised by a licensed nurse
- Around-the-clock, trained professional staff





## ASSISTED LIVING LEVELS OF CARE

Our community has multiple care levels of service for residents who live in the assisted living neighborhood. The care level is determined by an in-depth, comprehensive assessment completed by a community resident care leader. A number of factors are considered when completing the assessment, including physical abilities, cognitive function, risk factors for conditions that require staff interventions, complex medication regimens, coordination of care with outside providers, and several other factors. Each resident's abilities and needs are different, and based on this assessment, a personalized service plan is developed to reflect the support needed for the individual. Care levels and associated costs are based on the combination of these unique contributing factors.





ASSISTED LIVING & BRIDGES FLOOR PLANS



ARBOR SUITE  
Studio



TERRACE SUITE  
Studio

ASSISTED LIVING & BRIDGES FLOOR PLANS



GARDEN SUITE  
Studio



BARRINGTON SUITE  
1 Bed, 2 Bath

## BRIDGES NEIGHBORHOOD



We're most comfortable when we can be ourselves. For seniors in the early stages of memory loss or dementia, that isn't always easy. So Barrington Terrace created the Bridges neighborhood, a unique program within our community that offers the freedom of assisted living with added cognitive support and care focused on memory loss. It's the perfect blend of structure and security, with each individual's level of independence tailored to his or her specific needs.

The Bridges neighborhood includes a custom community design and all Barrington Terrace services, plus special care services:

- Caring staff, trained with Barrington's state-of-the-art cognitive care training curriculum
- Medication management provided by professional staff
- An on-site Alzheimer's support group
- Monitored entries and exits
- Dementia and transitional care counseling for families
- Daily programming geared toward preserving independence and self-value while providing a level of support and guidance that is "just right" to fill the day with friendly and familiar experiences



## EVERGREEN MEMORY CARE



Barrington Terrace offers the highest level of 24-hour care and support to those with Alzheimer's disease and other dementias through our Evergreen memory care neighborhood. With safe surroundings and programs designed to meet each individual's needs, our Evergreen neighborhood is here to help families be family (not caregivers) while helping seniors rediscover joy in each day. Our entire staff is trained to provide an uplifting balance of care, engagement, and encouragement. These memory care experts create daily routines with familiarity and consistency that are proven to help residents thrive.

### Features of our Evergreen neighborhood include:

- An individual care plan for each resident
- Medication supervision provided by professional staff
- A structured guidance and activities program, integrating daily tasks of living and engaging residents at all levels
- Alzheimer's support resources
- Secure environment designed for seniors with dementia
- Caring staff, trained with Barrington Terrace's state-of-the-art cognitive care training curriculum



## DINING WITH DIGNITY®

For those who may need assistance at mealtime, our unique and award-winning *Dining with Dignity* program provides a meaningful and dignified dining experience for everyone.

*Dining with Dignity* uses specific preparation techniques to create food options that hold the same nutritional value as a regularly prepared meal but in a form that allows residents to maintain independence and dignity.

Our chefs complete special training that incorporates ingredients that allow for easier chewing and swallowing. Meals are prepared in bite-size offerings, making dining easier for residents who have difficulty using utensils. All of this is offered in an elegant plate-and-table presentation, thus setting the right environment to maintain an enjoyable experience.





EVERGREEN MEMORY CARE FLOOR PLANS



GARDEN SUITE  
Studio



ARBOR SUITE  
Studio



## THE NEIGHBORHOOD

Besides being gorgeous and sunny, Naples is a fantastic community for seniors. Shopping opportunities are plentiful, including Fifth Avenue South in downtown Naples, and Coastland Center, featuring more than 150 stores in air-conditioned comfort. Also, attractions such as Naples Botanical Garden, Marco Island, Lowdermilk Park, Rookery Bay, Naples Zoo and Naples Pier are great places for seniors and their families to enjoy.





## GETTING STARTED

These are the years to live life on your terms, enjoying each day to the fullest.

Barrington Terrace of Naples is dedicated to doing whatever it takes to provide that life for you. What you have read and seen in this brochure is just the tip of the iceberg of what we offer. Call us at 239-775-5050 or visit our website at [www.BarringtonNaples.com](http://www.BarringtonNaples.com) to learn more.