Arbor Terrace of Middletown-Garden's



Arbor Terrace of	Middletown-Gard	en's					www gcig
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 Newspaper & Puzzles Delivery! [RR] 9:30 Sunday Service in the Garden's [GLR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:00 Sundays with Dahalia! [GLR] 10:30 Morning Refreshments [GLR] 11:00 Mother's Day Brunch and Live Entertainment with Angela! 11-1PM [FL] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Sunday Sports [GLR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	Fresh Bread Day! 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Trivia & Games [GLR] 11:30 Morning Strolls [GLR] 1:30 Fresh Faces! [NR] 1:30 Let's Travel! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Morning Refreshments [GLR] 11:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Happy Hour & Live Entertainment with Wild Rose! [FL] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Let's Reminisce! [GLR] 11:00 Fresh Faces! [GLR] 1:30 Afternoon Strolls [NR] 1:30 Afternoon Strolls [NR] 1:30 Let's Laugh! Comedy [GLR] 1:30 Scenic Drives! 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	Cinco De Mayo 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty Fun! [GLR] 1:00 Fresh Faces! [NR] 1:15 Gardening Club [GC] 2:00 Happy Hour & Entertainment with Tomardo for Cinco de Mayo! [FL] 3:00 Relaxing Wind Down! [GC] 3:30 Relaxing Wind Down! [GLR] 6:00 Social Hour! [GLR] 7:45 Calming Sensory Spa! [NR]	National Nurses Day 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Morning Refreshments [GLR] 11:00 Morning Refreshments [GLR] 1:00 Morning Refreshments [GLR] 1:00 Morning Refreshments [GLR] 1:00 Morning Refreshments [GLR] 1:00 Arts & Crafts! [GLR] 1:00 Artesh Faces! [NR] 1:00 Afternoon Snack & Social [GLR] 1:00 Rosary Club [NR] 7:45 Calming Sensory Spa! [NR]	Kentucky Derby 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Card Games! [GLR] 1:00 Fresh Faces! [NR] 1:00 Horse Racing! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:30 Afternoon Snack & Social [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	Happy Mother's Day!
Mother's Day 9:00 Newspaper & Puzzles Delivery! [RR] 9:30 Sunday Service in the Garden's [GLR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty fun! [GLR] 11:30 Sing-A-Long! [GLR] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Afternoon Strolls [NR] 2:30 Mother's Day Dessert Bar & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	Fresh Bread Day! 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Trivia & Games [GLR] 11:00 Fresh Faces! [NR] 1:00 Pet Therapy with Bruno & Birdee! [GLR] 1:30 Let's Travel! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Word Games! [GLR] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Happy Hour & Live Entertainment with Chuck! [FL] 2:30 Afternoon Snack & Social [GLR] 3:30 Afternoon Snack & Social [GLR] 6:00 Afternoon Snack & Social [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:30 Sing-A-Long! [GLR] 11:30 Sing-A-Long! [GLR] 1:30 Afternoon Strolls [NR] 1:30 Let's Laugh! Comedy [GLR] 1:30 Scenic Drives! 1:30 Scenic Drives! 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty Fun! [GLR] 1:00 Fresh Faces! [NR] 1:15 Gardening Club [GC] 1:30 Yoga with Christina! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:00 Relaxing Wind Down! [GC] 3:30 Relaxing Wind Down! [GLR] 6:00 Social Hour! [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Morning Refreshments [GLR] 1:00 Arts & Crafts! [GLR] 1:00 Fresh Faces! [NR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Rosary Club [NR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Card Games! [GLR] 1:00 Bingo! [GLR] 1:00 Fresh Faces! [NR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	ARBOR TERRACE®
9:00 Newspaper & Puzzles Delivery! [RR] 9:30 Sunday Service in the Garden's [GLR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:00 Sundays with Dahalia! [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty fun! [GLR] 11:30 Sing-A-Long! [GLR] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Sunday Sports [GLR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]		9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Fresh Faces! [NR] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Happy Hour & Live Entertainment with Lou! [FL] 2:30 Afternoon Snack & Social [GLR] 3:30 Afternoon Snack & Social [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Let's Reminisce! [GLR] 11:30 Sing-A-Long! [GLR] 1:30 Afternoon Strolls [NR] 1:30 Afternoon Strolls [NR] 1:30 Cate Laugh! Comedy [GLR] 1:30 Scenic Drives! 1:30 Relaxing Wind Down! [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty Fun! [GLR] 1:00 Fresh Faces! [NR] 1:15 Gardening Club [GC] 1:30 Music Therapy with Mike! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:00 Relaxing Wind Down! [GC] 3:30 Relaxing Wind Down! [GLR] 6:00 Social Hour! [GLR] 7:45 Calming Sensory Spa! [NR]	NASCAR Day 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Mord Games & Trivia [GLR] 1:00 Arts & Crafts! [GLR] 1:00 Fresh Faces! [NR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Rosary Club [NR] 7:45 Calming Sensory Spa! [NR]	Armed Forces Day 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Card Games! [GLR] 11:00 Fresh Faces! [NR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	Happy Birthday! 5/29 Janet M May is: -Jewish American Heritage Month -National Military Appreciation Month
9:00 Newspaper & Puzzles Delivery! [RR] 9:30 Sunday Service in the Garden's [GLR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty fun! [GLR] 11:30 Sing-A-Long! [GLR] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Sunday Sports [GLR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	Fresh Bread Day! 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Trivia & Games [GLR] 11:00 Fresh Faces! [NR] 1:00 Pet Therapy with Bruno & Birdee! [GLR] 1:30 Let's Travel! [GLR] 3:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	Delivery! [RR] 9:45 © Exercise & Meditation [GLR] 10:00 © Daily Chronicle & Conversation [GLR] 10:30 © Morning Refreshments [GLR] 11:00 © Word Games! [GLR] 1:00 © Fresh Faces! [NR] 1:30 © Afternoon Strolls [NR] 2:00 © Happy Hour & Live Entertainment with	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 11:30 Morning Refreshments [GLR] 11:30 Sing-A-Long! [GLR] 11:30 Sing-A-Long! [GLR] 11:30 Let's Reminisce! [SLR] 11:30 Let's Laugh! Comedy [GLR] 11:30 Scenic Drives! 11:30 Scenic Drives! 11:30 Scenic Service Scenic [GLR] 11:30 Scenic Service	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty Fun! [GLR] 1:00 Fresh Faces! [NR] 1:15 Gardening Club [GC] 1:30 Penny Pitch! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:00 Relaxing Wind Down! [GC] 3:30 Relaxing Wind Down! [GLR] 6:00 Social Hour! [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Morning Refreshments [GLR] 1:00 Arts & Crafts! [GLR] 1:00 Fresh Faces! [NR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Rosary Club [NR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Card Games! [GLR] 1:00 Bingo! [GLR] 1:00 Fresh Faces! [NR] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	-National Mental Health Awareness Month Daily Snack Available: 10:30AM, 2:30 PM & 7:30 PM
9:00 Newspaper & Puzzles Delivery! [RR] 9:30 Sunday Service in the Garden's [GLR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 Smarty Marty fun! [GLR] 11:30 Sing-A-Long! [GLR] 1:00 Fresh Faces! [NR] 1:30 Afternoon Strolls [NR] 2:00 Sunday Sports [GLR] 2:30 Afternoon Strolls [NR] 2:30 Pelaxing Wind Down! [GLR] 3:30 Calming Sensory Spal [NR] 7:45 Calming Sensory Spal [NR]	Fresh Bread Day! Memorial Day 9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:30 Morning Strolls [GLR] 11:30 Fresh Faces! [NR] 12:00 Memorial Day Celebration with Tomardo! [FL] 2:30 Memorial Day Celebration with Tomardo! [FL] 3:30 Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]	9:00 Newspaper & Puzzles Delivery! [RR] 9:45 Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 Fresh Faces! [NR] 1:00 Afternoon Strolls [NR] 2:00 Happy Hour & Live Entertainment with Keith! [FL] 2:30 Afternoon Snack & Social [GLR] 3:30 Relaxing Wind Down! [GLR] 6:00 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]	THE ARBOR COMPANY ESTABLE LIFESTYLE	 Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey 	Location Keys Fireside Lounge FL Garden's Courtyard GC Garden's Living Room GLR Namaste Room NR Resident's Room RR		*Programs are subject to change, changes are carefully considered*