## **Arbor Terrace Norwood-Evergreen** Sunday Tuesdav Wednesday Monday Thursdav Saturday 10:15 O Chair Tai Chi-Reduces 10:30 STRETCHING [MLR] Community Walk Televise Catholic Mass 10:30 10:30 C Fitness Class with 10:30 (3) Interactive Computer 10:30 O Yoga and Meditation Games [MLR] Exercise Class [MLR] Stress, Helps Balance Michele [MLR] 11:00 😬 YOGA WITH ODALIS 11:15 O Musical Warm Up 11:00 O Zumba Time with [MLR] 11:15 😬 Tech Thursday 11:00 O STRETCHING WITH 11:15 🙆 iN2L Brainiac Puzzle Raphael [MLR] [MLR] 1:30 🖰 Sort and Fold [MLR] 1:30 Smoothie Time with Denise [DR] 11:15 Making Music Together [MLR] 1:30 **Animal Trivia** 1:30 Bowling [MLR] ODALIS [MLR] Hour [MLR] 1:30 (A) COMPUTER FUN [MLR] 1:30 Active Games [MLR] Water Color Fun Laugh therapy 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] Let's Play Trivia Who is a cat lover?? 2:30 Afternoon Refreshments [DR] 3:00 6 Classical Monday [MLR] 3:00 Laughter Therapy with Denise 3:00 Cinco de Mayo Music Celebration 2:00 3:00 🙆 BEAN BAG TOSS [DR] [MLR] 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] 3:00 😬 Bingo [DR] 4:00 Guided Relaxation [MLR] 4:00 O Spiritual Connection [MLR] 4:00 Classic Movie Time [DR] 4:00 Relaxing Coloring [DR] 3:00 Helping Hands [DR] 3:00 6 KENTUCKY DERBY FUN [DR] 7:00 Evening Showcase [MLR] 4:00 Painting 4:00 Spa Time [MLR] 7:00 (4) Using My Hands [DR] 7:00 Evening Showcase [MLR] 7:00 Evening Showcase [MLR] 7:00 6 Evening Showcase [MLR] 3:30 Arts and Crafts- [DR] 4:00 O Walking Club 7:00 6 Table Top Puzzles [DR] 7:00 6 Table Games [DR] 4:30 Shabbat Reading [MLR] 7:00 🖰 Evening Showcase [MLR] 7:00 Evening Showcase [MLR] 7:00 Relaxing Coloring [DR] 8 10:30 11:15 CHAIR YOGA 10:15 O Stretch and Bend-10:30 SORTING 10:30 Fitness Class [MLR] 10:30 O Fitness Class with 10:30 🔘 Yoga and Meditation Mother's Day 11:15 😬 Community Walk [OP] Exercise Class [MLR] 11:15 O Musical Warm Up 11:15 🙆 Tech Thursday Michele [MLR] Exercise Class [MLR] 11:15 O Zumba Time! [MLR] 1:30 Smoothie Time with Fun Facts about Earth [MLR] 1:30 😬 Bowling [MLR] 11:15 😬 Interactive Computer 11:15 69 iN2L Brainiac Puzzle 1:30 Musical Memories Games [MLR] Hour [MLR] Denise [DR] 1:30 🙆 Making Music Together with 1:30 Mini Golf [MLR] [MLR] 2:00 Odalis - Body and Mind [MLR] Denise [MLR] STRETCHING WITH MARIANNE 1:30 O Active Games [MLR] 1:30 O Jewelry design [DR] 2:00 MOTHERS' DAY ENTERTAINER 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] TAI CHI WITH JOHN MENS GROUP Refreshments TOM SPINELLA [MLR] 2:30 Afternoon Refreshments [DR] 3:00 🙆 Laughter Therapy with Denise 3:00 @ Reminiscing-A Spring Experience 2:00 2:30 O Afternoon Refreshments [DR] 3:00 (3) SKETCHING [DR] 3:00 Classical Monday [MLR] 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] [MLR] [MLR] 3:00 🙆 Lenny Taylor Strolls Down 4:00 🙆 Classic Movie Time [DR] 3:00 Helping Hands [DR] 4:00 O Walking Club 4:00 Relaxing Coloring [DR] 3:00 🙆 Bingo [DR] 4:00 Guided Relaxation [MLR] Memory Lane [DR] 7:00 @ Evening Showcase [MLR] 3:30 Arts and Crafts- [DR] 7:00 🙆 Evening Showcase [MLR] 4:00 Spa Time [MLR] 7:00 (4) Using My Hands [DR] 7:00 Bevening Showcase [MLR] 4:00 Spiritual Connection [MLR] 7:00 😬 Table Games 7:00 🖰 Table Games [DR] 4:30 Shabbat Reading [MLR] 7:00 C Evening Showcase [MLR] 7:00 Evening Showcase [MLR] 7:00 C Evening Showcase [MLR] 7:00 (4) Table Games [DR] 7:00 Table Top Puzzles [DR] 18 10:30 🙆 Musical Memories 10:30 🙆 Community Walk [OP] 10:15 🔘 Stretch and Bend-10:30 MOVE TO THE MUSIC 10:30 O Fitness Class with JOE 10:30 🔘 Fitness Class with 10:30 🔘 Yoga and Meditation Exercise Class [MLR] Michele [MLR] Exercise Class [MLR] **RELAXATION WITH** 11:15 O IN2L Computer Fun [MLR] [MLR] 1:00 11:15 🙆 iN2L Brainiac Puzzle 11:15 🔘 Zumba Time! [MLR] **ODALIS** 11:30 🙆 Dogs are our Best [MLR] 11:15 😬 Tech Thursday 11:15 🙆 Interactive Computer Friends [MLR] Games [MLR] Hour [MLR] 1:30 (4) Let's learn about different 1:30 Smoothie Time with Denise [DR] Let's Play Checkers 1:30 Bowling [MLR] 1:30 🙆 Making Music Together [MLR] 2:30 Afternoon Refreshments [DR] instraments [MLR] 2:30 Afternoon Refreshments [DR] 1:30 6 Mini Golf [MLR] 1:30 (5) CATS AND DOGS [MLR] 1:30 Active Games [MLR] 2:30 Afternoon Refreshments [DR] 3:00 @ Classical Monday [MLR] 2:30 Afternoon Refreshments [DR] 2:30 O Afternoon Refreshments [DR] 2:30 Afternoon Refreshments--50's 2:00 TAI CHI WITH JOHN 3:00 (4) Coloring [DR] 3:30 49 VAN MARTIN SINGS [DR] 2:30 Afternoon Refreshments [DR] 4:00 O Walking Club 3:00 (Bingo [DR] 4:00 Guided Relaxation [MLR] 3:00 😃 Laughter Therapy with Denise Theme Party [DR] 4:00 O Spiritual Connection [MLR] 3:00 Helping Hands [DR] 4:00 Spa Time [MLR] 7:00 49 Using My Hands [DR] 3:00 Reminiscing [MLR] 7:00 Evening Showcase [MLR] 7:00 C Evening Showcase [MLR] 7:00 Table Top Puzzles [DR] 4:00 Classic Movie Time [DR] 4:00 Relaxing Coloring [DR] 3:30 Arts and Crafts- [DR] 7:00 Evening Showcase [MLR] 7:00 Evening Showcase [MLR] 4:30 Shabbat Reading [MLR] 7:00 C Evening Showcase [MLR] 7:00 Relaxing Coloring [DR] 10:15 O Stretch and Bend-10:30 @ STRETCHING [MLR] 10:30 O Fitness Class with 10:30 🔘 Yoga and Meditation 10:30 Morning Stretching 10:30 YOGA 10:30 🙆 Interactive Computer 28 Exercise Class [MLR] Michele [MLR] Games [MLR] Exercise Class [MLR] [MLR] 11:15 🙆 Community Walk [OP] 11:15 Musical TIME [MLR] **CASEY AND FRIENDS JEFFERY SINGS** 11:15 😬 Tech Thursday 11:00 🔘 Fitness Class with 11:15 😬 iN2L Brainiac Puzzle 11:00 1:30 Smoothie Time with 2:30 Afternoon ODALIS [MLR] SING Denise [DR] 1:30 @ Making Music Together with Refreshments [DR] 1:30 😬 Bowling [MLR] Hour [MLR] Denise [MLR] 1:30 O Active Games [MLR] 2:30 Afternoon Refreshments [DR] 1:30 🙆 Musical Memories with Denise 2:00 Guided Relaxation [MLR] 3:00 🙆 Laughter Therapy with Denise 2:00 Body Movements with Odalis 3:00 @ CREATING SPRING PICTURES [MLR] 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] 2:00 Afternoon Refreshments [DR] 2:30 Afternoon Refreshments [DR] 3:00 Classical Monday [MLR] 3:00 🙆 Lenny Taylor Strolls Down 4:00 Classic Movie Time [DR] 3:00 🙆 TOAST TO MAY BIRTHDAYS 3:00 O Helping Hands [DR] 4:00 O Walking Club 3:00 69 Bingo [DR] Memory Lane [DR] 6:30 @ EVENING CONCERT WITH [MLR] 4:30 Shabbat Reading [MLR] 7:00 C Evening Showcase [MLR] 4:00 Spiritual Connection [MLR] 7:00 C Evening Showcase [MLR] BONNIE [MLR] 4:00 (B) CLAY CREATIONS [DR] 7:00 B Relaxing Coloring [DR] 7:00 C Evening Showcase [MLR] 7:00 😬 Table Games 7:00 🖰 Table Games [DR] 7:00 Evening Showcase [MLR] 7:00 Table Top Puzzles [DR] 7:00 69 Table Games [DR] 10:30 69 FUN NEWS OF THE **Memorial Day** 10:15 O Chair Yoga [MLR] 31 30 10:15 Chair Yoga [MLR] 11:00 Tai Chi with John [MLR] DAY [MLR] 10:30 STRETCHING 11:00 O Zumba Time! [MLR] 11:15 😬 Memorial Day 1:30 6 Men's Club [MLR] 1:30 @ Musical Memories with Denise entertainer DJ Frank [OP] 2:30 Afternoon Refreshments [DR] O Deep Connections THE ARBOR COMPANY **Location Keys** [MLR] MEMORIAL DAY BBQ 3:00 Sing along - Patriotic Tunes [DR] O Health & Wellness 2:30 Afternoon Refreshments [DR] 1:30 Smoothie Time with Denise [DR] 4:00 Spiritual Connection [MLR] **ENGAGED Dining Room** DR 3:00 🙆 Bingo [DR] 2:30 Afternoon Refreshments [DR] 7:00 Evening Showcase [MLR] Recreation & Leisure **MLR** Main Living Room 4:00 Spa Time [MLR] 3:00 Classical Monday [MLR] 7:00 C Evening Showcase [MLR] 4:00 Guided Relaxation [MLR] **Outside Patio OP** Spiritual Journey 7:00 🖰 Table Games [DR] 7:00 (2) Using My Hands [DR]