





THE
PRESERVE
AT PALM-AIRE



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AT PALM-AIRE



The New Signature
of Senior Living



LIVE THE LIFE
YOU DESERVE



A FRESH APPROACH TO SENIOR LIVING

At The Preserve at Palm-Aire, we welcome seniors who expect more from their next living experience. We invite you to explore your wish list and join the adventure that each day holds. Or maybe you would rather just relax, and enjoy great company and outstanding amenities.

Here at The Preserve, you will enjoy a truly different lifestyle full of new experiences and a refreshing sense of freedom. Our in-house dining options are amazing. Our highly trained staff is on hand to attend to your every need. We come to work each day to bring joy and delight to the residents we serve. Our passion and pride are apparent in everything we do.



OUR MISSION

We're here to make deep connections with you and your family — to earn the right to be part of the next chapter in your life. Through these connections, we fulfill our promise to find and provide the perfect experience for every resident. We start by asking the right questions and taking the time to listen, because we believe your next chapter is a story worth telling.





EXPERIENCE COUNTS

The Preserve at Palm-Aire is managed by The Arbor Company, a premier operator of senior living communities for more than 30 years, based in Atlanta. We are dedicated to and passionate about providing the absolute highest standard of senior living. This isn't simply our job — it's what we call the The Arbor Way, our commitment to providing the best experience possible.





WHY TRUST US?

At The Arbor Company, we are committed to you through our culture, what we call The Arbor Way. Let us show you that we are worthy of your trust.

PEOPLE AT THE PRESERVE

You'll notice it right away: Our people are special.

- Our highly educated and trained staff is focused on delivering high-quality hospitality.
- Staff members are trained to anticipate your needs before you even ask.
- We hire the best, because you deserve the best.

DEEP CONNECTIONS

If you choose us, you'll get to know us, and we'll go beyond getting to know you. Everyone living at The Preserve is an individual with his or her own unique stories, hopes, goals, and dreams. As such, we know the care we provide must be unique as well.

- We don't just schedule activities — we engage our residents, emphasizing social connections with staff and peers. We get to know your likes and design the day around *you*.
- We feel dining experiences are important, not just for nourishment but also for social interactions with other residents.



EXPERIENCE

Simply put, we know senior living, and we are committed to providing the best experience to our residents and their families.

- We have been a company dedicated to seniors for more than 30 years. It's all we do!
- Chef-prepared meals in a restaurant-style environment deliver a dining experience that promotes community and friendship.
- Satisfaction guaranteed: We are confident you will enjoy living at The Preserve, so much so that we put our money where our mouth is! We offer a 60-day money-back guarantee.

*“The staff is very friendly and attentive.
There is always plenty for the residents to
do and an open door so all concerns can be
addressed with administration at any time.”*





IT'S ALL RIGHT HERE

Senior living at The Preserve at Palm-Aire is anything but boring. As an Arbor Company community, The Preserve places the highest priority on residents' engagement, activity, well-being, care and enjoyment. Your days can be as busy or as relaxed as you want. At The Preserve, we truly place a premium on "living."

Among the amenities and services we offer are:

- Restaurant-style dining with seasonal menus, healthy choices, and daily specials
- Private dining room for special occasions or entertaining
- Social, cultural, educational, and recreational activities
- Game room, arts-and-crafts studio and senior-friendly fitness center
- Full media library and computer center with internet access
- Heated outdoor pool with whirlpool spa
- Beauty and barber services
- Community center for social events
- Complimentary transportation
- Complimentary laundry facilities, and weekly housekeeping and linen services
- Complete home maintenance
- All utilities, including expanded cable TV
- On-site physical, occupational and speech therapy





THE ENGAGED LIFESTYLE

We're doing away with the stereotypical notions of retirement. At The Preserve at Palm-Aire, we go above and beyond to offer the best quality of life for each resident.

Our Engaged Lifestyle calendars will give you the opportunity to be exactly as busy as you want to be, with activities and events in these areas:



Art and education: Stimulate your mind by learning another language, painting a portrait or exploring a new craft or skill.



Deep connections: Feel connected to a lively community. We ask the right questions and take the time to listen. It's why residents accomplish amazing things here — things they never thought were possible on their own.



Health and wellness: Our exercise programs are designed especially for seniors to improve mobility, maintain fitness, and even challenge the brain — all in a fun format.



Purposeful living: Residents are meaningfully engaged throughout the day. An important part of that includes opportunities to volunteer and give back to others while remaining actively involved in the community.



Recreation and leisure: We go out of our way to fulfill each resident's wish list. From live music and entertainment to cultural events to dining experiences, if you can dream it, chances are we'll try it. And we love helping with family get-togethers.



Spiritual journey: For many, the health of the soul is as meaningful as the health of the body. So we offer ample opportunities for structured religious activities and individual reflection.

We also make a point to connect back with families to let them know what is happening in the community.



YESTERDAY

Morning

Yoga
Transportation loop for Target run
Lunch with Sally in the cafe

Afternoon

Playdate for Sam (the dog!)
Library for tutoring club - meet in lobby
Drinks before dinner with the Cranes
- their apartment

Evening

Jazz Sounds on the patio
Evening walk in the garden



Don't forget
to schedule
transportation
for next week!

TODAY

Morning

Garden club - meet at the raised beds
Lunch with daughters
- text Jane for meeting place!

Afternoon

Functional Fit class
Hair appointment in the salon

Evening

Dinner outing to Korner Cafe
- don't forget to sign up!
Catch up on reading for book club

TOMORROW

Morning

Walking Club - get new tennis shoes!
Smoothies in the cafe
Book Club in the Lounge

Afternoon

Choir practice - Lifestyles Room
Hospitality Club

Evening

Ladies Night in the Theater
Bob's poker night



DINING AT THE PRESERVE

Joining a community does not have to mean giving up delicious, home-cooked meals. Enjoy chef-prepared dining that is catered to your individual dietary needs and preferences in one of our beautiful dining rooms, all without having to lift a finger (except to raise your fork).



INDEPENDENT LIVING



Life at The Preserve at Palm-Aire is all about the joys of living free from tedious chores alongside the fun of a robust social calendar. Think of it as simply more time to enjoy life. Our independent, full-service community offers a maintenance-free lifestyle with numerous amenities and luxury services to fit your every want and need. Live as adventurously as you want, comfortable in the knowledge you are never alone if you require any sort of assistance.

These luxuries include:

- Villa homes or apartment living options
- A broad range of activities, social events, and wellness programs
- Concierge services
- Regular housekeeping and linen laundering
- Fine dining offered daily



INDEPENDENT LIVING FLOOR PLANS



TIDEWATER
Studio, 1 Bath
Approximately 380 sq. ft.

Note: Patio not featured on every unit,



OCEAN BREEZE
Deluxe 1 Bed, 1 Bath
Approximately 775 sq. ft.

Note: Patio not featured on every unit,

INDEPENDENT LIVING FLOOR PLANS



WINDWARD

2 Bed, 2 Bath
Approximately 1,015 sq. ft.

Note: Patio not featured on every unit,



INDEPENDENT LIVING VILLA HOMES

Our freestanding villas offer the best of both worlds: Spacious, independent living combined with the amenities, services, and peace of mind all The Preserve residents enjoy.

Villa features:

- Two bedrooms, two bathrooms
- One-car garage
- Screened back patio
- Walk-in closet
- Tiled, walk-in shower in master bathroom and tub in secondary
- Golf cart storage area



INDEPENDENT LIVING VILLA FLOOR PLAN



COASTAL
2 Bed, 2 Bath
Approximately 1,200 sq. ft.



ASSISTED LIVING



At The Preserve at Palm-Aire, we are dedicated to serving residents who need assistance throughout their day. But we don't stop there. Our focus is on helping you maintain your lifestyle. Our highly trained staff will be here 24 hours per day to support you and give you the peace of mind that you are never alone. Add to that the regular housekeeping and laundry, delicious dining options and a robust social calendar, and it's easy to see how life at The Preserve makes every day feel like a vacation.

Our assisted living services include:

- Emergency call system with 24-hour response
- A customized wellness program supervised by a licensed nurse
- Round-the-clock, trained professional staff



ASSISTED LIVING LEVELS OF CARE

Our community has multiple care levels of service for residents who live in the assisted living neighborhood. The care level is determined by an in-depth, comprehensive assessment completed by a community resident care leader. A number of factors are considered when completing the assessment, including physical abilities, cognitive function, risk factors for conditions that require staff interventions, complex medication regimens, coordination of care with outside providers, and several other factors. Each resident's abilities and needs are different, and based on this assessment, a personalized service plan is developed to reflect the support needed for the individual. Care levels and associated costs are based on the combination of these unique contributing factors.



ASSISTED LIVING FLOOR PLANS



EVERGLADE
Studio, 1 Bath
Approximately 255 sq. ft.

Note: Patio not featured on every unit,



TIDEWATER
Studio, 1 Bath
Approximately 380 sq. ft.

Note: Patio not featured on every unit,

ASSISTED LIVING FLOOR PLANS



SEA TURTLE
Deluxe Studio, 1 Bath
Approximately 600 sq. ft.

Note: Patio not featured on every unit,



SANDBAR
1 Bed, 1 Bath
Approximately 430 sq. ft.

Note: Patio not featured on every unit,

ASSISTED LIVING FLOOR PLANS



OCEAN BREEZE
Deluxe 1 Bed, 1 Bath
Approximately 775 sq. ft.

Note: Patio not featured on every unit,



WINDWARD
2 Bed, 2 Bath
Approximately 1,015 sq. ft.

Note: Patio not featured on every unit,

BRIDGES NEIGHBORHOOD



We're most comfortable when we can be ourselves. For seniors in the early stages of memory loss or dementia, that isn't always easy. So The Preserve created the Bridges neighborhood, a unique program within our community that offers the freedom of assisted living with added cognitive support and care focused on memory loss. It's the perfect blend of structure and security, with each individual's level of independence tailored to his or her specific needs.

The Bridges neighborhood includes a custom community design and all The Preserve services, plus these special care services:

- Caring staff, trained with The Preserve's state-of-the-art cognitive care training curriculum
- Medication management provided by professional staff
- Monitored entries and exits
- Dementia and transitional-care counseling for families
- Daily programming geared toward preserving independence and self-value while providing a level of support and guidance that is "just right" to fill the day with friendly and familiar experiences

BRIDGES NEIGHBORHOOD FLOOR PLANS



TIDEWATER STUDIO

1 Bed, 1 Bath
Approximately 255 sq. ft.



BOARDWALK

1 Bed, 1 Bath
Approximately 775 sq. ft.

BRIDGES NEIGHBORHOOD FLOOR PLANS



SEASIDE
Shared 2 Bed, 2 Bath



EVERGREEN MEMORY CARE



The Preserve at Palm-Aire offers the highest level of 24-hour care to those with Alzheimer's disease and other types of dementia in our Evergreen neighborhood. With safe surroundings and programs designed to meet each individual's needs, our Evergreen memory care neighborhood is here to help families be family (not caregivers) while helping seniors rediscover joy in each day.

Our entire staff is trained to provide an uplifting balance of care, engagement, and encouragement. These memory care experts create daily routines to provide the familiarity and consistency that are proven to help residents thrive.

Features of our Evergreen neighborhood include:

- An individual plan of care for each resident
- Medication supervision provided by trained staff
- A structured guidance and activities program, integrating daily tasks of living and engaging residents at all levels
- Secure environment designed for seniors with dementia
- Caring staff, trained with The Preserve's state-of-the-art cognitive care training curriculum
- Alzheimer's support resources available for families

DINING WITH DIGNITY®

For those who may need assistance at mealtime, our unique and award-winning Dining with Dignity® program provides a meaningful and dignified dining experience for everyone.

Dining with Dignity uses specific preparation techniques to create food options that hold the same nutritional value as a regularly prepared meal but in a form that allows residents to maintain independence and dignity.

Our chefs complete special training that incorporates ingredients that allow for easier chewing and swallowing. Meals are prepared in scrumptious, bite-sized offerings, eliminating the need to use utensils. All of this is offered in an elegant plate-and-table presentation, thus setting the right environment to maintain an enjoyable experience.



EVERGREEN MEMORY CARE FLOOR PLANS



EVERGLADE
Studio, 1 Bath



SEASIDE
Shared 2 Bed, 2 Bath

EVERGREEN MEMORY CARE FLOOR PLANS



BOARDWALK

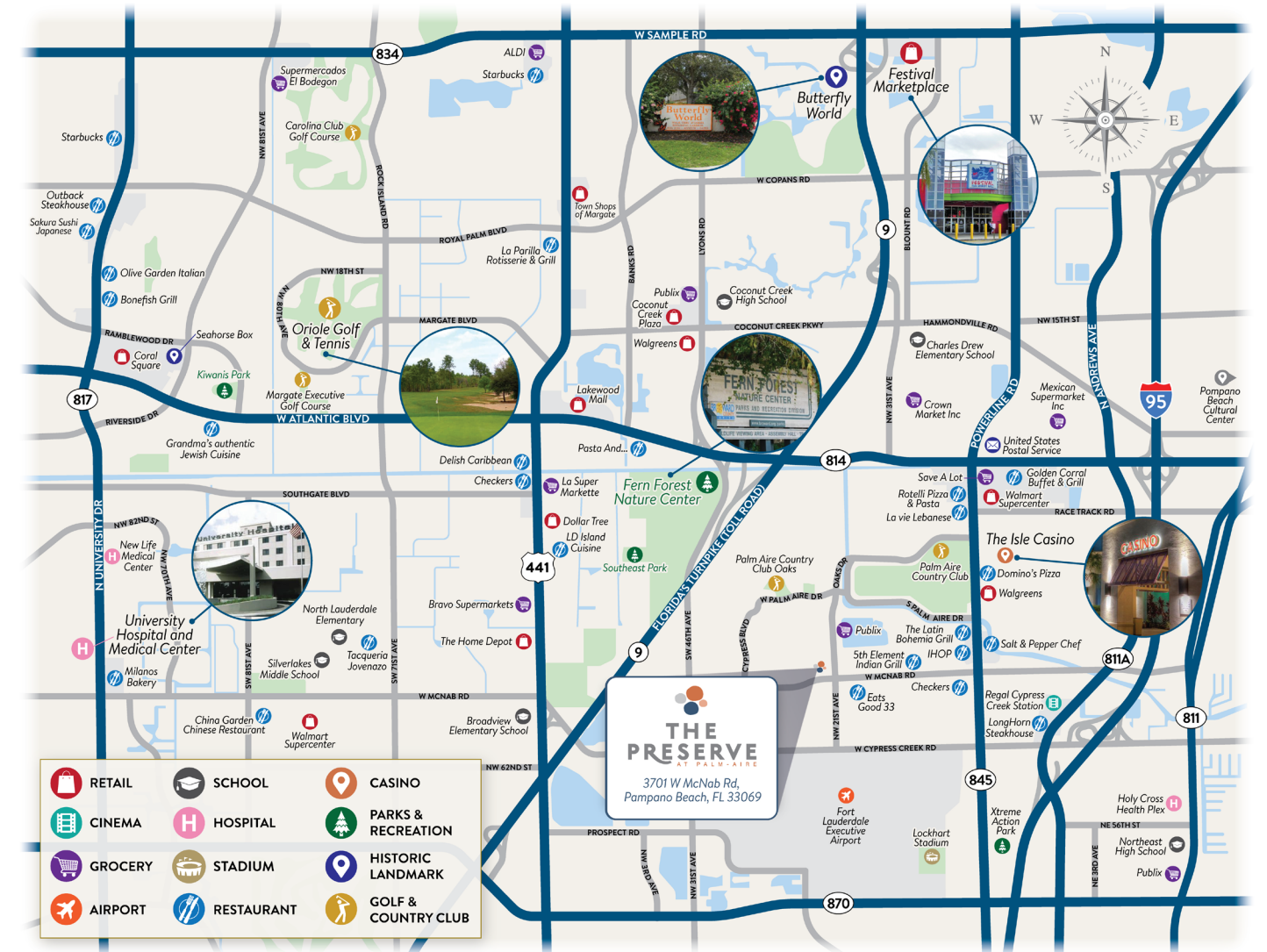
1 Bed, 1 Bath
Approximately 775 sq. ft.





THE NEIGHBORHOOD

The Preserve at Palm-Aire is located in one of South Florida's most desirable neighborhoods, just minutes from the Atlantic Ocean with easy access to I-95 and Florida's turnpike. Situated in the heart of Florida's Gold Coast, you'll find beautiful sandy beaches, clear water and calming breezes here. Palm-Aire is a year-round golfer's paradise — with three affordable championship courses — and a great place to enjoy water sports such as deep sea fishing, scuba diving, paddle boarding and more. The community also boasts great parks, unique shopping, tennis courts, harness racing, fabulous dining, and an amphitheater.





GETTING STARTED

These are the years to live life on your terms, enjoying each day to the fullest.

The Preserve at Palm-Aire is dedicated to doing whatever it takes to provide that life for you. What you have read and seen in this brochure is just the tip of the iceberg of what we offer. Call us at 954-970-2600, or visit our website at www.PreserveAtPalmAire.com to learn more.