


# December 2022

## Arbor Terrace Mount Laurel Bridges

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"><li>Arts &amp; Education</li><li>Deep Connections</li><li>Health &amp; Wellness</li><li>Purposeful Living</li><li>Recreation &amp; Leisure</li><li>Spiritual Journey</li></ul>	<b>Bridges Dining Room-BD</b> <b>Bridges Lounge-BL</b> <b>Traveling Door to Door-Door</b>	<b>Programs are subject to change, changes are carefully considered.</b>	<b>Welcome to December Day</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:30 <b>Fitness with Fox [BL]</b> 11:30 <b>Decmenber IQ [BL]</b> 1:30 <b>December Write Word Game [BL]</b> 2:30 <b>Afternoon Social [BD]</b> 3:15 <b>Resident Council! [Dine]</b> 3:30 <b>December Trivia [BL]</b> 6:00 <b>Thursday Night at the Movies! [BL]</b>	<b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Fab Fit &amp; Fun Friday Fitness [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Wordscapes [BL]</b> 1:30 <b>Cover The Numbers Dice Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Afternoon Matinee [BL]</b> 6:00 <b>An Evening with Lawrence Welk [BL]</b>	<b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Stretch and Flex Saturday [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Word-A-Thon [BL]</b> 1:30 <b>Calendar Committee [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Boogie Down Karaoke! [BL]</b> 6:00 <b>Saturday Night at the Movies! [BL]</b>
9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:00 <b>Sunday Morning Spiritual Services [BL]</b> 11:00 <b>Hymn and Sing [BL]</b> 11:20 <b>Holy Communion from Our Lady of Good Counsel Catholic Church [BL]</b> 1:00 <b>Afternoon Football [Pub]</b> 1:30 <b>Table Top Games! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Sunday Matinee [BL]</b> 6:00 <b>Game Night! [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Monday Morning Workout [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Happy News! [BL]</b> 1:30 <b>Bingo Hour! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Premium Players Card Club [BD]</b>	<b>Everglades National Park Day</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Feel the Beat Chair Zumba! [BL]</b> 10:45 <b>Everglades Meditation Moments [BL]</b> 11:00 <b>Everglades Mining [BL]</b> 1:30 <b>Scrabble Club [BD]</b> 2:30 <b>Holiday Happy Hour [BD]</b> 3:30 <b>Everglades Trivia [BL]</b> 6:00 <b>Classic TV Hour! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Moving and Grooving Aerobics [BL]</b> 10:45 <b>Nature Meditation Moments [BL]</b> 11:00 <b>Word Challenge! [BL]</b> 1:30 <b>Left Right Center Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>All Star Trivia! [BL]</b> 6:00 <b>Puzzle Connections [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:30 <b>Fitness with Fox [BL]</b> 11:30 <b>Piggy Bankers [BL]</b> 1:30 <b>Horse Racing Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Mad Libs Story Hour [BL]</b> 6:00 <b>Thursday Night at the Movies! [BL]</b>	<b>Christmas Card Day</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Fab Fit &amp; Fun Friday Fitness [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Card Categories [BL]</b> 1:30 <b>Craftin' Creations: Buttoned Up Greeting Cards [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 2:30 <b>Pet Therapy with Chase! [BL]</b> 3:30 <b>Afternoon Matinee [BL]</b> 6:00 <b>An Evening with Lawrence Welk [BL]</b>	<b>Celebrating Christmas Tree Week</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Stretch and Flex Saturday [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Christmas Tree Facts and Traditions [BL]</b> 1:30 <b>Craftin' Creations: Accordion- Folded Trees [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Christmas Tree Songs Quiz [BL]</b> 6:00 <b>Saturday Night at the Movies! [BL]</b>
9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:00 <b>Sunday Morning Spiritual Services [BL]</b> 11:00 <b>Hymn and Sing [BL]</b> 11:20 <b>Holy Communion from Our Lady of Good Counsel Catholic Church [BL]</b> 1:00 <b>Afternoon Football [Pub]</b> 1:30 <b>Table Top Games! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Sunday Matinee [BL]</b> 6:00 <b>Game Night! [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Craftin' Creations [BD]</b> 11:15 <b>Happy News! [BL]</b> 1:30 <b>Bingo Hour! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Classic TV Hour! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Feel the Beat Chair Zumba! [BL]</b> 10:45 <b>Nature Meditation Moments [BL]</b> 11:00 <b>Razzle Dazzle Sing Along [BL]</b> 1:30 <b>Scrabble Club [BD]</b> 2:00 <b>Hot Cocoa and Photos with Santa and Mrs. Claus [FH]</b> 3:15 <b>Chain of Thought Game [BL]</b> 6:00 <b>Classic TV Hour! [BL]</b>	<b>Pine Cones and Peppermints Day</b> <i>Winter Wonderland Wednesday!</i> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Moving and Grooving Aerobics [BL]</b> 10:45 <b>Pine Trees Meditation Moments [BL]</b> 11:00 <b>Peppermints Mining [BL]</b> 1:30 <b>Craftin' Creations: Pine Cone Ornament [BD]</b> 2:15 <b>Winter Wonderland Happy Hour! [FH]</b> 3:30 <b>All Star Trivia! [BL]</b> 5pm-8 <b>Holiday Horse &amp; Carriage Rides Resident/ Family Event [Patio]</b> 6:00 <b>Puzzle Connections [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:30 <b>Fitness with Fox [BL]</b> 11:30 <b>Piggy Bankers [BL]</b> 1:30 <b>Horse Racing Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Mad Libs Story Hour [BL]</b> 6:00 <b>Thursday Night at the Movies! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Fab Fit &amp; Fun Friday Fitness [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Wordscapes [BL]</b> 1:30 <b>Boxed in for the Holidays [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Boogie Down Karaoke! [BL]</b> 6:00 <b>Friday Night at the Movies! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Stretch and Flex Saturday [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Word-A-Thon [BL]</b> 1:30 <b>Tombola! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Afternoon Matinee [BL]</b> 6:00 <b>An Evening with Lawrence Welk [BL]</b>
<b>Hanukkah Begins!</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:00 <b>Sunday Morning Spiritual Services [BL]</b> 11:00 <b>Hymn and Sing [BL]</b> 11:20 <b>Holy Communion from Our Lady of Good Counsel Catholic Church [BL]</b> 1:00 <b>Afternoon Football [Pub]</b> 1:30 <b>Hanukkah Trivia [BL]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Sunday Matinee [BL]</b> 6:00 <b>Game Night! [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Craftin' Creations [BD]</b> 11:15 <b>Happy News! [BL]</b> 1:30 <b>Bingo Hour! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Classic TV Hour! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Feel the Beat Chair Zumba! [BL]</b> 10:45 <b>Nature Meditation Moments [BL]</b> 11:00 <b>Razzle Dazzle Sing Along [BL]</b> 1:30 <b>Scrabble Club [BD]</b> 2:30 <b>Holiday Happy Hour [FH]</b> 3:30 <b>Chain of Thought Game [BL]</b> 6:00 <b>Classic TV Hour! [BL]</b>	<b>First Day of Winter</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Moving and Grooving Aerobics [BL]</b> 10:45 <b>Winter Meditation Moments [BL]</b> 11:00 <b>Happy Winter Message [BL]</b> 12:00 <b>Hanukkah Luncheon [PD]</b> 1:30 <b>Snow Ball Knock 'Em Down [BL]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Winter Trivia [BL]</b> 6:00 <b>Puzzle Connections [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:30 <b>Fitness with Fox [BL]</b> 11:30 <b>Piggy Bankers [BL]</b> 1:30 <b>Horse Racing Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Chat Pack Card Game [BL]</b> 6:00 <b>Thursday Night at the Movies! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Fab Fit &amp; Fun Friday Fitness [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Wordscapes [BL]</b> 1:30 <b>Stocking Stuffer Stumper [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 2:30 <b>Pet Therapy with Chase! [BL]</b> 3:30 <b>Afternoon Matinee [BL]</b> 6:00 <b>An Evening with Lawrence Welk [BL]</b>	<b>Christmas Eve</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Stretch and Flex Saturday [BL]</b> 11:00 <b>Christmas Town Meditation Moments [BL]</b> 11:15 <b>Santa's Secret Quote [BL]</b> 1:30 <b>Twelve Days of Christmas Bingo [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Christmas Caroling [BL]</b> 6:00 <b>Saturday Night at the Movies! [BL]</b>
<b>Christmas Day</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:00 <b>Sunday Morning Spiritual Services [BL]</b> 11:00 <b>Hymn and Sing [BL]</b> 11:20 <b>Holy Communion from Our Lady of Good Counsel Catholic Church [BL]</b> 1:00 <b>Afternoon Football [Pub]</b> 1:30 <b>Left Right Holiday Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Christmas Trivia [BL]</b> 6:00 <b>Game Night! [BD]</b>	<b>Hanukkah Ends</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Craftin' Creations [BD]</b> 11:15 <b>Happy News! [BL]</b> 1:30 <b>Bingo Hour! [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Classic TV Hour! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Feel the Beat Chair Zumba! [BL]</b> 10:45 <b>Nature Meditation Moments [BL]</b> 11:00 <b>Razzle Dazzle Sing Along [BL]</b> 1:30 <b>Scrabble Club [BD]</b> 2:30 <b>Cocktail Hour! [BD]</b> 3:30 <b>Chain of Thought Game [BL]</b> 6:00 <b>Classic TV Hour! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Moving and Grooving Aerobics [BL]</b> 10:45 <b>Nature Meditation Moments [BL]</b> 11:00 <b>Mind Benders [BL]</b> 1:30 <b>Left Right Center Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>All Star Trivia! [BL]</b> 6:00 <b>Puzzle Connections [BD]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:30 <b>Fitness with Fox [BL]</b> 11:30 <b>Piggy Bankers [BL]</b> 1:30 <b>Horse Racing Game [BD]</b> 2:15 <b>New Year's Eve Celebration with Tara! [FH]</b> 3:30 <b>Mad Libs Story Hour [BL]</b> 6:00 <b>Thursday Night at the Movies! [BL]</b>	9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Fab Fit &amp; Fun Friday Fitness [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>Wordscapes [BL]</b> 1:30 <b>Cover The Numbers Dice Game [BD]</b> 2:30 <b>Afternoon Social [BD]</b> 3:30 <b>Afternoon Matinee [BL]</b> 6:00 <b>An Evening with Lawrence Welk [BL]</b>	<b>New Year's Eve</b> 9:30ai <b>Meaningful Moment Room Visits [Door]</b> 9:45 <b>Helping Hands! [BL]</b> 10:15 <b>Stretch and Flex Saturday [BL]</b> 11:00 <b>Nature Meditation Moments [BL]</b> 11:15 <b>What's New in 2023? [BL]</b> 1:30 <b>Premium Players Card Club [BD]</b> 2:30 <b>New Year's Happy Hour [FH]</b> 3:00 <b>New Year's Eve Balloon Drop [FH]</b> 3:30 <b>New Year's Eve Dance Celebration [BL]</b> 6:00 <b>Saturday Night at the Movies! [BL]</b>