December 2022 **Arbor Terrace Mount Laurel Bridges** Sunday Monday Tuesdav Wednesday Friday Thursdav Saturday 9:30ai Meaningful Moment **Welcome to December Day** 9:30ai Meaningful Moment **Bridges Dining Room-BD Programs are subject to** Room Visits [Door] Room Visits [Door] 9:30aı O Meaningful Moment Arts & Education **Bridges Lounge-BL** change, changes are 9:45 Helping Hands! [BL] 9:45 (1) Helping Hands! [BL] Room Visits [Door] 10:15 Fab Fit & Fun Friday Fitness [BL] 10:15 Stretch and Flex Saturday [BL] Deep Connections 9:45 Helping Hands! [BL] THE ARBOR COMPANY **Traveling Door to Door**carefully considered. 11:00 Nature Meditation Moments [BL] 11:00 Nature Meditation Moments [BL] 10:30 Fitness with Fox [BL] 11:15 S Wordscapes [BL] O Health & Wellness **ENGAGED** Door 11:30 Decmenber IQ [BL] 1:30 Cover The Numbers Dice Game [BD] 1:30 Calendar Committee [BD] 1:30 December Write Word Game [BL 2:30 Afternoon Social [BD] # Purposeful Living 2:30 Afternoon Social [BD] 2:30 Afternoon Social [BD] 3:30 Afternoon Matinee [BL] LIFESTYLE 3:30 Boogie Down Karaoke! [BL] 3:15 Resident Council! [Dine] Recreation & Leisure 3:30 🙆 December Trivia [BL] 6:00 Thursday Night at the Movies! Spiritual Journey Christmas Card Day **5** Everglades National Park Day 9:30al Meaningful Moment 9:30ai Meaningful Moment 9:30ar Meaningful Moment 9:30ai O Meaningful Moment 9:30aı Meaningful Moment Celebrating Christmas Tree Week Room Visits [Door] 9:30al Meaningful Moment 9:30ai Meaningful Moment **Room Visits [Door] Room Visits [Door] Room Visits [Door]** 9:45 Helping Hands! [BL] Room Visits [Door] Room Visits [Door] 9:45 Helping Hands! [BL] 9:45 Helping Hands! [BL] Room Visits [Door] 9:45 \theatrice Helping Hands! [BL] 10:00 Sunday Morning Spiritual Services 9:45 \ Helping Hands! [BL] 9:45 Helping Hands! [BL] 10:15 Monday Morning Workout [BL] 10:15 Moving and Grooving Aerobics 9:45 \theaping Hands! [BL] 10:30 Fitness with Fox [BL] 10:15 Fab Fit & Fun Friday Fitness [BL] 10:15 C Stretch and Flex Saturday [BL] 11:00 Nature Meditation Moments [BL] 10:15 Feel the Beat Chair Zumba! [BL] 11:30 😵 Piggy Bankers [BL] 11:00 Hymn and Sing [BL] 11:00 Nature Meditation Moments [BL] 11:00 Nature Meditation Moments [BL] 10:45 Everglades Meditation Moments 10:45 Nature Meditation Moments [BL] 11:15 📀 Happy News! [BL] 1:30 Horse Racing Game [BD] 11:20 O Holy Communion from Our Lady of 11:15 Card Categories [BL] 11:15 Christmas Tree Facts and Traditions 1:30 😬 Bingo Hour! [BD] 11:00 S Word Challenge! [BL] Good Counsel Catholic Church [BL] 1:30 S Craftin' Creations: Buttoned Up 2:30 Afternoon Social [BD] 1:30 Left Right Center Game [BD] 11:00 Everglades Mining [BL] 2:30 Afternoon Social [BD] 1:00 Afternoon Football [Pub] 1:30 (Craftin' Creations: Accordion- Folded **Greeting Cards [BD]** 3:30 Mad Libs Story Hour [BL] 2:30 Afternoon Social [BD] 1:30 C Scrabble Club [BD] 3:30 Premium Players Card Club [BD] 1:30 😷 Table Top Games! [BD] 2:30 Afternoon Social [BD] Trees [BD] 6:00 Thursday Night at the Movie 3:30 S All Star Trivia! [BL] 2:30 O Holiday Happy Hour [BD] 2:30 Afternoon Social [BD] 2:30 Pet Therapy with Chase! [BL] 2:30 Afternoon Social [BD] 6:00 Puzzle Connections [BD] 3:30 Sunday Matinee [BL] 3:30 Se Everglades Trivia [BL] 3:30 Christmas Tree Songs Quiz [BL] 3:30 Afternoon Matinee [BL] 6:00 Game Night! [BD] 6:00 Classic TV Hour! [BL] 6:00 An Evening with Lawrence Welk [BL] 6:00 Saturday Night at the Movies! [BL] 9:30al Meaningful Moment Room Visits [Doorl 9:30aı Meaningful Moment **Pine Cones and Peppermints Day** 9:30ai Meaningful Moment 9:30ai Meaningful Moment 9:30ai Meaningful Moment 9:30aı Meaningful Room Visits [Door] Room Visits [Door] Room Visits [Door] **Room Visits [Door] Moment Room** 9:30aı 🔾 Meaningful Moment Room 9:45 \theaping Hands! [BL] 9:45 \theaping Hands! [BL] 9:45 \theatrice Helping Hands! [BL] 9:45 Helping Hands! [BL] 9:45 \ Helping Hands! [BL] **Visits [Door]** Visits [Door] 10:00 Sunday Morning Spiritual Services 10:15 Feel the Beat Chair Zumba! [BL] 10:15 Fab Fit & Fun Friday Fitness [BL] 10:15 Stretch and Flex Saturday [BL] 10:30 Fitness with Fox [BL] 9:45 Helping Hands! [BL] 9:45 \theaping Hands! [BL] 11:00 Nature Meditation Moments [BL] 10:45 Nature Meditation Moments [BL] 11:00 Nature Meditation Moments [BL] 10:15 Moving and Grooving Aerobics [BL] 11:30 Piggy Bankers [BL] 11:00 Hymn and Sing [BL] 10:45 Pine Trees Meditation Moments [BL] 10:15 🔂 Craftin' Creations [BD] 11:15 🚳 Word-A-Thon [BL] 11:00 Razzle Dazzle Sing Along [BL] 11:15 Wordscapes [BL] 11:20 Holy Communion from Our Lady of 1:30 Horse Racing Game [BD] 1:30 Boxed in for the Holidays [BD] 1:30 (BD) 1:30 C Scrabble Club [BD] Good Counsel Catholic Church [BL] 11:15 😵 Happy News! [BL] 1:30 Craftin' Creations: Pine Cone Ornament [BD] 2:30 Afternoon Social [BD] 2:00 O Hot Cocoa and Photos with 2:30 Afternoon Social [BD] 2:30 Afternoon Social [BD] 1:00 Afternoon Football [Pub] 2:15 Winter Wonderland Happy Hour! [FH] 1:30 **Bingo Hour!** [BD] 3:30 Mad Libs Story Hour [BL] Santa and Mrs. Claus [FH] 3:30 S All Star Trivia! [BL] 3:30 Boogie Down Karaoke! [BL] 3:30 Afternoon Matinee [BL] 1:30 @ Table Top Games! [BD] 6:00 Thursday Night at the Movies 2:30 Afternoon Social [BD] 5pm-8 O Holiday Horse & Carriage Rides Resident/ 6:00 🙆 An Evening with Lawrence Welk 3:15 Chain of Thought Game [BL] 6:00 Friday Night at the Movies! [BL] 2:30 Afternoon Social [BD] Family Event [Patio] 6:00 Classic TV Hour! [BL] 3:30 Sunday Matinee [BL] 3:30 Classic TV Hour! [BL] 6:00 Puzzle Connections [BD] 9:30al Meaningful Moment 18 9:30aı Meaningful 9:30aı O Meaningful Moment 9:30aı O Meaningful Moment Hanukkah Begins! First Day or WILLER 9:30al Meaningful Moment Promy Visite [Door] First Day of Winter **Christmas Eve** 23 Christmas Eve 9:30al Meaningful Moment 9:30ar 🔾 Meaningful Moment Room Room Visits [Door] **Room Visits [Door] Moment Room** Visits [Door] 9:45 Helping Hands! [BL] 9:45 \ Helping Hands! [BL] Room Visits [Door] **Room Visits [Door]** 9:45 \theatrice Helping Hands! [BL] **Visits** [Door] 9:45 Helping Hands! [BL] 10:15 Fab Fit & Fun Friday Fitness [BL] 9:45 Helping Hands! [BL] 9:45 Helping Hands! [BL] 10:15 Feel the Beat Chair Zumba! [BL] 10:00 Sunday Morning Spiritual Services [BL] 10:30 Fitness with Fox [BL] 9:45 \theatrice Helping Hands! [BL] 10:15 Moving and Grooving Aerobics [BL] 11:00 Nature Meditation Moments [BL] 10:15 Stretch and Flex Saturday [BL] 10:45 Nature Meditation Moments [BL] 11:00 Hymn and Sing [BL] 11:30 💿 Piggy Bankers [BL] 11:15 Wordscapes [BL] 10:45 Winter Meditation Moments [BL] 11:00 Christmas Town Meditation 11:20 Holy Communion from Our Lady of Good 10:15 Craftin' Creations [BD] 1:30 Horse Racing Game [BD] 1:30 Stocking Stuffer Stumper [BD] Moments [BL] 11:00 Happy Winter Message [BL] Counsel Catholic Church [BL] 1:30 Scrabble Club [BD] 11:15 😂 Happy News! [BL] 12:00 Hanukkah Luncheon [PD] 2:30 Afternoon Social [BD] 2:30 Afternoon Social [BD] 11:15 Santa's Secret Quote [BL] 1:00 Afternoon Football [Pub] 2:30 O Holiday Happy Hour [FH] 2:30 Pet Therapy with Chase! [BL] 1:30 Twelve Days of Christmas Bingo [BD] 1:30 A Hanukkah Trivia [BL] 1:30 **Bingo Hour!** [BD] 1:30 Snow Ball Knock 'Em Down [BL] 3:30 Chain of Thought Game [BL] 3:30 Afternoon Matinee [BL] 2:30 Afternoon Social [BD] 2:30 Afternoon Social [BD] 2:30 Afternoon Social [BD] 6:00 Thursday Night at the Movies 2:30 Afternoon Social [BD] 6:00 Classic TV Hour! [BL] 3:30 Sunday Matinee [BL] 3:30 Swinter Trivia [BL] 3:30 Classic TV Hour! [BL] 6:00 @ Game Night! [BD] 6:00 Puzzle Connections [BD] 9:30al Meaningful Moment Room Visite Inc. 1 27 9:30al Meaningful Moment Room Visits [Doorl 9:30ai O Meaningful Moment **Christmas Day** Hanukkah Ends 9:30ai Meaningful Moment 30 New Year's Eve 9:30al Meaningful Moment New Year's Eve 9:30ar O Meaningful Moment Room Room Visits [Door] **Room Visits [Door]** 9:30aı Meaningful Visits [Door] 9:45 \theatrice Helping Hands! [BL] Room Visits [Door] 9:45 \theatrice Helping Hands! [BL] 9:45 Helping Hands! [BL] 9:45 \theatrice Helping Hands! [BL] **Moment Room** 9:45 Helping Hands! [BL] 10:15 Fab Fit & Fun Friday Fitness [BL] 9:45 \theatrice Helping Hands! [BL] 10:15 Feel the Beat Chair Zumba! [BL] 10:15 Moving and Grooving Aerobics 10:30 Fitness with Fox [BL] 10:00 Sunday Morning Spiritual Services [BL] **Visits [Door]** 11:00 Nature Meditation Moments [BL] 10:15 O Stretch and Flex Saturday [BL] 10:45 Nature Meditation Moments [BL] 11:00 Hymn and Sing [BL] 11:30 Piggy Bankers [BL] 11:15 🚳 Wordscapes [BL] 9:45 Helping Hands! [BL] 11:00 Nature Meditation Moments [BL] 10:45 Nature Meditation Moments [BL] 11:20 Holy Communion from Our Lady of Good 11:00 Razzle Dazzle Sing Along [BL] 1:30 Horse Racing Game [BD] 1:30 Cover The Numbers Dice Game [BD] 11:15 What's New in 2023? [BL] Counsel Catholic Church [BL] 10:15 🤀 Craftin' Creations [BD] 11:00 Mind Benders [BL] 1:30 🙆 Scrabble Club [BD] 2:15 New Year's Eve Celebration 2:30 Afternoon Social [BD] 1:30 Premium Players Card Club [BD] 1:00 Afternoon Football [Pub] 1:30 Left Right Center Game [BD] 11:15 Happy News! [BL] 2:30 Cocktail Hour! [BD] 3:30 Afternoon Matinee [BL] with Tara! [FH] 2:30 New Year's Happy Hour [FH] 1:30 Left Right Holiday Game [BD] 2:30 Afternoon Social [BD] 3:30 Chain of Thought Game [BL] 1:30 **Bingo Hour!** [BD] 2:30 Afternoon Social [BD] 3:00 New Year's Eve Balloon Drop [FH] 3:30 Mad Libs Story Hour [BL] 3:30 All Star Trivia! [BL] 6:00 Classic TV Hour! [BL] 3:30 Christmas Trivia [BL] 2:30 Afternoon Social [BD] 3:30 New Year's Eve Dance Celebration 6:00 C Thursday Night at the Movies! 6:00 Puzzle Connections [BD] 6:00 @ Game Night! [BD] 3:30 Classic TV Hour! [BL] 6:00 Saturday Night at the Movies! [BL] Created on Wednesday, November 23, 2022 8:10 AM