SENIOR LIVING **OPTIONS**

Use this chart to help prioritize your requirements among some of the most common decision factors that arise when choosing between senior living options. Identify which facilities will meet you or your loved one's needs.

AMENITIES	INDEPENDENT LIVING	ASSISTED LIVING	PERSONAL CARE HOME	ADULT DAY CARE	HOME HEALTH CARE	MEMORY CARE (Dementia/ Alzheimer's care)	SKILLED NURSING FACILITY	CCRC (Continuing Care Retirement Community)
24-Hour Supervision		●	●		●	●	●	●
Access to Medical Staff		●	●	●	●	●	●	●
Licensed Nurses On-Site		●	●			●	●	●
Medication Management		●	●	●	●	●	●	●
Meals	●	●	●			●	●	●
Laundry & Housekeeping	●	●	●		●	●	●	●
Social Activities & Programs	●	●	●	●		●	●	●
Wellness Activities & Eduction	●	●	●		●	●	●	●
Shared Apartments	●	●	●			●	●	●
Private Apartments	●	●	●		●	●	●	●
Transportation Services	●	●	●		●	●	●	●
Allows Personal Vehicles	●	●	●	●	●			
COST SCALE (Low, Med, High)	$	$$	$$	$	$$	$$$	$$$	$$
Popular Choice For a Person Who...	Does not require support for every day life and activities	Needs support for meals, medication management, bathing and dressing	Needs support for meals, medication management, bathing and dressing	Is looking for socialization but has adequate residency	Is less interested in socialization and wants comfort of home	Needs support for basic living and additional memory care	Needs support for close medical care and living support for all functions	Needs support for meals, medical management, bathing and dressing
	Rent frequently includes services like food and housekeeping	**More than 50% of residents are 85 & older.[1]**	**Similar to assisted living, but differences vary by state**	**70% of adult day care centers are non-profit.[2]**	**Much of home care is covered by medicare & 69% are over 65.[4]**	**More than 5 million Americans are living with Alzheimers.[3]**	**Average length of stay for nursing home residents is 2.4 years.[4]**	**These communities usually require an entrance fee from $10k and up.[4]**

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SOURCES:

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2. http://www.nahc.org/assets/1/7/10hc_stats.pdf
3. http://www.alz.org/facts/
4. http://www.longtermcarelink.net/eldercare/nursing_home.htm (NCPC)
5. https://www.ncoa.org/news/resources-for-reporters/get-the-facts/falls-prevention-facts/