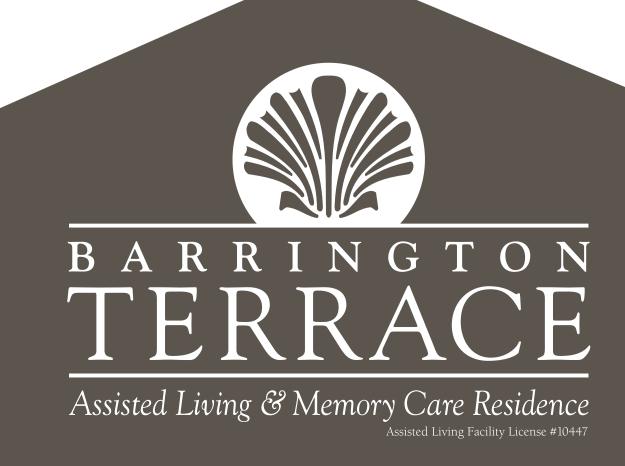
SENIOR LIVING OPTIONS

Use this chart to help prioritize your requirements among some of the most common decision factors that arise when choosing between senior living options. Identify which facilities will meet you or your loved one's needs.

	INDEPENDENT	ASSISTED	PERSONAL	ADULT	COHOME	MEMORY CARE (Dementia/	SKILLED	CCRC (Continuing Care
AMENITIES	LIVING	LIVING	CARE HOME	DAY CARE	HEALTH CARE	Alzheimer's care)	NURSING FACILITY	Retirement Community)
24-Hour Supervision								
Access to Medical Staff								
Licensed Nurses On-Site								
Medication Management								
Meals								
Laundry & Housekeeping								
Social Activities & Programs								
Wellness Activities & Eduction								
Shared Apartments								
Private Apartments								
Transportation Services								
Allows Personal Vehicles								
COST SCALE (Low, Med, High)	\$	\$\$	\$\$	\$	\$\$	\$\$\$	\$\$\$	\$\$
Popular Choice For a Person Who	Does not require support for every day life and activities	Needs support for meals, medication management, bathing and dressing	Needs support for meals, medication management, bathing and dressing	Is looking for socialization but has adequate residency	Is less interested in socialization and wants comfort of home	Needs support for basic living and additional memory care	Needs support for close medical care and living support for all functions	Needs support for meals, medical management, bathing and dressing
	Rent frequently includes services like food and housekeeping	More than 50% of residents are 85 & older.1	Similar to assisted living, but differences vary by state	70% of adult day care centers are non-profit. ²	Much of home care is covered by medicare & 69% are over 65.4	More than 5 million Americans are living with Alzheimers.3	Average length of stay for nursing home residents is 2.4 years. ⁴	These communities usually require an entrance fee from \$10k and up.4



- 1. http://www.nadsa.org/consumers/overview-and-facts/
- 2. http://www.nahc.org/assets/1/7/10hc_stats.pdf
- 3. http://www.alz.org/facts/
- 4. http://www.longtermcarelink.net/eldercare/nursing_home.htm (NCPC)
- 5. https://www.ncoa.org/news/resources-for-reporters/get-the-facts/falls-prevention-facts/