

January 2022

Arbor Terrace Mountainside - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 30 9:30 Streaming Mass 10:00 Chair Exercises [CT-3] 10:30 Trivia [CT-3] 11:00 Rosary Group [AT-3] 11:00 Words In A Word [CT-3] 1:00 Rummikub, Puzzles & Chess [DAS-3] 1:00 Sunday Football [AT-3] 2:00 Whiteboard Games [DAS-3] 3:30 Active Games: Mini Golf 7:00 Movie Time [AT-3]	31 10:00 HASfit Workout [CT-3] 10:30 Word Scramble [CT-3] 11:00 Indoor Gardening [DAS-3] 11:00 Rosary Group [AT-3] 1:00 Rummikub, Puzzles & Chess [DAS-3] 2:00 25 Cent Bingo Time 3:30 Sing A Long [CT-3] 7:00 Movie Time [AT-3]	Arts & Education Deep Connections Health & Wellness Recreation & Leisure Spiritual Journey	Location Keys Amato Theatre AT-3 Collins Tavern CT-3 Devlin Art Studio DAS-3	Resident Birthdays Joyce T. 1/3 Joseph O. 1/8 Ruth S. 1/9 Dolores R. 1/13 Gasper C. 1/15 Anna T. 1/19 Jeanne B. 1/29 Uttilia B. 1/29 Lorraine S. 1/31	*Programs on the calendar are subject to change. Thank you, The Engagement Team.	1 10:00 HASfit Workout [CT-3] 10:30 Whiteboard Fun Activities [CT-3] 11:00 Rosary Group [AT-3] 1:00 Rummikub, Puzzles & Chess [DAS-3] 2:30 Family Feud on the iN2L [DAS-3] 3:30 Active Games: Soccer 7:00 Movie Time [AT-3]
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