December 2022

Arbor Terrace of Middletown-Garden's

Wednesday Sunday Monday Thursday Tuesdav Fridav Saturday 9:00 S Newspaper & Puzzles 9:00 📀 Newspaper & Puzzles



Arts & Education Deep Connections Health & Wellness

Purposeful Living Recreation & Leisure

Spiritual Journey

Location Kevs

Fireside Lounge FLGarden's Living Room GLR NR Namaste Room Resident's Room RR

9:00 Newspaper & Puzzles Delivery! [RR] 9:45 C Exercise & Meditation 10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 📀 Lets Travel [GLR] 1:30 O Tover Time [NR]

1:00 C Fresh Faces! [NR] 1:30 😬 Penny Pitch! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:00 🙆 Tover Time [NR]

10:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR]

2:30 O Afternoon Snack & Social [GLR]

— WINTER GALA (5-7:30 PM) [GLR]

0:00 O Daily Chronicle & Conversation [GLR]

3:30 @ Relaxing Wind Down! [GLR]

7:45 Calming Sensory Spa! [NR]

9:00 🚳 Newspaper & Puzzles

Delivery! [RR]

9:45 🔘 Exercise & Meditation

10:45 📀 Lets Travel [GLR]

11:30 🙆 Tover Time [NR]

3:00 🖰 Tover Time [NR]

1:00 Fresh Faces! [NR]

10:30 Morning Refreshments [GLR]

3:30 @ Relaxing Wind Down! [GLR] 6:00 Social Hour! [GLR] 7:45 Calming Sensory Spa! [NR]

9:00 📀 Newspaper & Puzzles

Delivery! [RR]

9:45 O Exercise & Meditation

10:45 💿 Lets Travel [GLR]

1:00 Fresh Faces! [NR]

3:00 🙆 Tover Time [NR]

1:30 Penny Pitch! [GLR]

11:30 🙆 Tover Time [NR]

1:00 Fresh Faces! [NR] 1:00 6 Holiday Crafts! [FL] 2:30 O Afternoon Snack & Social [GLR] 3:00 (5) Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR] 6:00 C Social Hour [GLR] 7:45 O Calming Sensory Spa! [NR]

9:45 O Exercise & Meditation

10:00 O Daily Chronicle & Conversation [GLR]

10:30 O Morning Refreshments [GLR]

11:00 🙆 Word Games & Trivia [GLR]

11:30 🙆 Tover Time [NR]

9:00 📀 Newspaper & Puzzles Delivery! [RR] 9:45 O Exercise & Meditation

10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 🙆 Word Games & Trivia [GLR]

11:30 🙆 Tover Time [NR] 1:00 Presh Faces! [NR] 1:00 🙆 Holiday Crafts! [FL]

Delivery! [RR]

2:30 O Afternoon Snack & Social [GLR] 3:00 😬 Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR]

6:00 O Social Hour [GLR] 7:45 Calming Sensory Spa! [NR]

7:45 Calming Sensory Spa! [NR] 9:00 📀 Newspaper & Puzzles 9:00 Newspaper & Puzzles 9:45 🔘 Exercise & Meditation

9:45 C Exercise & Meditation 10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR]

11:00 🙆 Word Games & Trivia [GLR] 11:30 🙆 Tover Time [NR] 1:00 Fresh Faces! [NR]

2:00 6 Yoga with Amy! [FL] 2:30 Afternoon Snack & Social [GLR] 3:00 (3) Tover Time [NR]

3:30 🙆 Relaxing Wind Down! [GLR] 6:00 C Social Hour [GLR] 7:45 Calming Sensory Spa! [NR]

10:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR]

2:30 Afternoon Snack & Social [GLR]

3:30 @ Relaxing Wind Down! [GLR]

11:00 🙆 Word Games & Trivia [GLR]

11:30 🙆 Tover Time [NR]

1:00 Fresh Faces! [NR]

3:00 🙆 Tover Time [NR]

6:00 C Social Hour [GLR]

1:00 6 Holiday Crafts! [FL]

9:00 Newspaper & Puzzles

Delivery! [RR]

9:45 C Exercise & Meditation

3:30 🙆 Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR]

7:45 Calming Sensory Spa! [NR] **Christmas Eve** 9:00 📀 Newspaper & Puzzles

Delivery! [RR] 9:45 C Exercise & Meditation

9:45 O Exercise & Meditation

11:00 🙆 Card Games! [GLR]

11:30 🙆 Tover Time [NR]

3:00 🙆 Tover Time [NR]

1:30 @ Bingo! [GLR]

1:00 Fresh Faces! [NR]

10:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR]

2:30 Afternoon Snack & Social [GLR]

3:30 @ Relaxing Wind Down! [GLR]

6:00 @ Classic TV Shows! [GLR]

7:45 Calming Sensory Spa! [NR]

9:00 📀 Newspaper & Puzzles

Delivery! [RR]

9:45 🔘 Exercise & Meditation

11:00 🙉 Card Games! [GLR]

11:30 🙆 Tover Time [NR]

1:30 🙆 Bingo! [GLR]

1:00 Fresh Faces! [NR]

3:00 🙆 Tover Time [NR]

10:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR]

2:30 Afternoon Snack & Social [GLR]

0:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR]

2:30 Afternoon Snack & Social [GLR]

3:30 @ Relaxing Wind Down! [GLR]

6:00 @ Classic TV Shows! [GLR]

Delivery! [RR]

11:00 🙆 Card Games! [GLR]

1:00 Fresh Faces! [NR]

3:00 🙆 Tover Time [NR]

11:30 6 Tover Time [NR]

1:30 **Bingo! [GLR]**

10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 @ Card Games! [GLR] 11:30 🙆 Tover Time [NR]

1:00 Fresh Faces! [NR] 2:00 Holiday Carolers Performance & Happy Hour Social! [FL]

3:00 😬 Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR]

7:45 Calming Sensory Spa! [NR]

New Year's Eve 9:00 📀 Newspaper & Puzzles

10:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR]

Performance with Cathy D! [FL]

Fresh Bread Day

Delivery! [RR] 10:00 O Daily Chronicle & Conversation [GLR]

11:00 🙆 Trivia & Games [GLR] 11:30 🙆 Tover Time [NR]

1:30 6 Smarty Marty Fun! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:00 O Tover Time [NR]

2:00 Happy Hour & Live Enterta Rose! [FL] 2:30 O Afternoon Snack & Social [GLR] 3:00 😬 Tover Time [NR]

St. Nicholas Day

9:00 Newspaper & Puzzles Delivery! [RR]

Conversation [GLR]

0:20 O ZUMBA with Aleta! [GLR]

0:00 O Daily Chronicle &

10:30 O Morning Refreshmer

1:00 6 Board Games [GLR]

1:30 Page 1:30 P

1:00 🔘 Fresh Faces! [NR

3:30 A Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR] 7:45 O Calming Sensory Spa! [NR]

SantaCon Day! (Wear your best Santa

Conversation [GLR]

10:30 Morning Refreshments [GLR]

2:00 Happy Hour & Live Entertain Tomardo! [FL]

0:20 O ZUMBA with Aleta! [GLR]

9:00 📀 Newspaper & Puzzles

Delivery! [RR]

0:00 O Daily Chronicle &

1:00 @ Board Games [GLR]

1:30 Page Toyer Time [NR]

1:00 🗘 Fresh Faces! [NR]

3:30 @ Relaxing Wind Down! [GLR] 6:00 @ Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR] 9:00 💿 Newspaper & Puzzles

Winter Solstice

9:00 Newspaper & Puzzles Delivery! [RR]

11:00 🗘 Let's Reminisce! [GLR]

11:30 🙆 Sing-A-Long! [GLR]

1:00 O Fresh Faces! [NR]

1:30 Conic Drives!

3:00 @ Tover Time [NR]

10:00 O Daily Chronicle &

9:45 C Exercise & Meditation [GLR]

Conversation [GLR]

10:30 Morning Refreshments [GLR]

1:30 🙆 Let's Laugh! Comedy [GLR]

2:30 O Afternoon Snack & Social [GLR]

Delivery! [RR]
9:45 O Exercise & Meditation [GLR]

10:00 O Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR] 1:00 O Let's Reminisce! [GLR]

11:30 😃 Sing-A-Long! [GLR] 1:30 😝 Tover Time [NR] 1:00 O Fresh Faces! [NR] 1:30 🙆 Let's Laugh! Comedy [GLR]

9:00 📀 Newspaper & Puzzles

Delivery! [RR]

1:30 @ Sing-A-Long! [GLR]

1:30 @ Tover Time [NR]

1:30 Conic Drives!

3:00 @ Tover Time [NR]

1:00 🔘 Fresh Facesi [NR]

9:45 © Exercise & Meditation [GLR]

10:30 Morning Refreshments [GLR]

1:30 🙆 Let's Laugh! Comedy [GLR]

2:30 Afternoon Snack & Social [GLR]

11:00 Resident Council Meeting [GLR]

10:00 O Daily Chronicle & Conversation [GLR]

2:30 O Afternoon Snack & Social [GLR] 3:00 A Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR]

4:30 Trip to the PNC Drive-thru light show! 6:00 @ Evening Snack & Movie Night [GLR] 7:45 🔾 Calming Sensory Spa! [NR]

6:00 O Social Hour! [GLR] 7:45 Calming Sensory Spa! [NR]

9:00 📀 Newspaper & Puzzles

2:00 Happy Hour & Entertainment with Rich! [FL]

3:30 @ Relaxing Wind Down! [GLR]

9:45 O Exercise & Meditation [GLR] 10:00 O Daily Chronicle & Conversation [GLR]

10:30 O Morning Refreshments [GLR] 10:45 🚳 Lets Travel [GLR] 11:30 🙆 Tover Time [NR]

1:00 C Fresh Faces! [NR] 1:30
Penny Pitch! [GLR] 2:30 Afternoon Snack & Social [GLR]

3:00 🙆 Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR]

6:00 O Social Hour! [GLR] 7:45 O Calming Sensory Spa! [NR]

7:45 Calming Sensory Spa! [NR]

9:00 📀 Newspaper & Puzzles

Pajama Day!

11:30 🙆 Tover Time [NR]

1:00 69 Holiday Crafts! [FL] 2:30 Afternoon Snack & Social [GLR] 3:00 🙆 Tover Time [NR]

6:00 Social Hour [GLR] 7:45 O Calming Sensory Spa! [NR]

3:00 🖰 Tover Time [NR]

3:30 @ Relaxing Wind Down! [GLR]

Pet Therapy Visits!

9:00 Newspaper & Puzzles Delivery! [RR] 9:30 Sunday Service in the Garden's [GLR] 9:00 📀 Newspaper & Puzzles 9:45 O Exercise & Meditation [GLR] 9:45 © Exercise & Meditation [GLR] 10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:30 Morning Refreshments [GLR]

1:00 C Fresh Faces! [NR]

3:30 @ Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]

Fresh Bread Day!

Pet Therapy Visits! 9:00 📀 Newspaper & Puzzles 9:45 C Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR]

10:30 Morning Refreshments [GLR] 11:00 🙆 Trivia & Games [GLR] 11:30 🙆 Tover Time [NR] 1:00 Fresh Faces! [NR]

1:30 6 Smarty Marty Fun! [GLR] 2:30 O Afternoon Snack & Social [GLR] 3:00 @ Tover Time [NR]

3:30 @ Relaxing Wind Down! [GLR] 6:00 Evening Snack & Movie Night [GLR]

7:45 Calming Sensory Spa! [NR]

Fresh Bread Day!

Pet Therapy Visits!

9:00 📀 Newspaper & Puzzles

Delivery! [RR]

11:00 🙆 Trivia & Games [GLR]

1:30 6 Smarty Marty Fun! [GLR]

3:30 @ Relaxing Wind Down! [GLR]

7:45 Calming Sensory Spa! [NR]

11:30 😬 Tover Time [NR]

3:00 O Tover Time [NR]

Fresh Bread Day!

1:00 Fresh Faces! [NR]

9:45 C Exercise & Meditation [GLR]

10:30 O Morning Refreshments [GLR]

2:30 O Afternoon Snack & Social [GLR]

6:00 🙆 Evening Snack & Movie Night [GLR]

6:00 Evening Snack & Movie Night [GLR]

7:45 Calming Sensory Spa! [NR]

10:00 O Daily Chronicle & Conversation [GLR]

2:30 O Afternoon Snack & Social [GLR] 3:00 🙆 Tover Time [NR]

3:30 A Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR]

7:45 Calming Sensory Spa! [NR]

Ugly Christmas Sweater Day 9:00 📀 Newspaper & Puzzles

Delivery! [RR] 0:00 O Daily Chronicle & Conversation [GLR] 10:20 O ZUMBA with Aleta! [GLR]

0:30 Morning Refreshments [GLR] 1:00 🙆 Board Games [GLR] 1:30 @ Tover Time [NR]

1:00 O Fresh Faces! [NR] 2:00 Happy Hour & Live Entertainment with Lou [FL]

2:30 O Afternoon Snack & Social [GLR] 3:00 🙆 Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR]

9:00 Newspaper & Puzzles

Delivery! [RR]

0:00 O Daily Chronicle &

6:00 6 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]

3:30 @ Relaxing Wind Down! [GLR] 6:00 @ Evening Snack & Movie Night [GLR] 7:45 Calming Sensory Spa! [NR]

9:00 O Newspaper & Puzzles Delivery! [RR]

9:45 O Exercise & Meditation [GLR] 10:00 Daily Chronicle &

Conversation [GLR] 10:30 Morning Refreshments [GLR]

11:00 C Let's Reminisce! [GLR] 1:30 😬 Sing-A-Long! [GLR] 11:30 😬 Tover Time [NR] 1:00 🔘 Fresh Faces! [NR]

2:30 Afternoon Snack & Social [GLR] 3:00 @ Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR] 6:00 @ Evening Snack & Movie Night [GLR]

9:00 📀 Newspaper & Puzzles Delivery! [RR] 9:45 C Exercise & Meditation 0:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:45 💿 Lets Travel [GLR]

1:00 Fresh Faces! [NR]

Delivery! [RR] 9:45 C Exercise & Meditation 10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 11:00 🙆 Word Games & Trivia [GLR]

1:00 C Fresh Faces! [NR]

Delivery! [RR]
9:45 O Exercise & Meditation

11:00 🙆 Card Games! [GLR]

11:30 😬 Tover Time [NR] 1:00 Fresh Faces! [NR] 2:00 49 New Years Eve Social and

6:00 @ Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]

10:45 6 Smarty Marty fun! [GLR] 11:30 🙆 Sing-A-Long! [GLR] 11:30 🙆 Tover Time [NR] 1:00 C Fresh Faces! [NR] 1:00 🙆 Sunday Sports [GLR] 2:30 O Afternoon Snack & Social [GLR] 3:00 🙆 Tover Time [NR] 3:30 🙆 Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]

9:00 Newspaper & Puzzles
Delivery! [RR] 9:30 O Sunday Service in the Garden's [GLR] 9:45 C Exercise & Meditation [GLR]

10:00 O Sundays with Dahalia! [GLR] 10:30 O Morning Refreshments [GLR] 10:45 6 Smarty Marty fun! [GLR] 11:30 🙆 Sina-A-Lona! [GLR] 11:30 🙆 Tover Time [NR]

1:00 O Fresh Faces! [NR] 1:00 6 Sunday Sports [GLR] 2:30 O Afternoon Snack & Social [GLR]

10:00 Daily Chronicle & Conversation [GLR]

3:00 🙆 Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]

Hanukkah Begins at Sundowr 9:00 📀 Newspaper & Puzzles Delivery! [RR]

9:30 Sunday Service in the Garden's [GLR] 9:45 C Exercise & Meditation [GLR] 10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR]

10:45 (5) Smarty Marty fun! [GLR] 11:30 🙆 Sina-A-Lona! [GLR] 11:30 🙆 Tover Time [NR] 1:00 C Fresh Faces! [NR] 1:00 6 Sunday Sports [GLR]

3:00 😬 Tover Time [NR]

2:30 O Afternoon Snack & Social [GLR]

3:30 @ Relaxing Wind Down! [GLR] 6:00 @ Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]

Christmas Day 9:00 Newspaper & Puzzles Delivery! [RR]

9:30 Sunday Service in the Garden's [GLR] 9:45 O Exercise & Meditation [GLR]

10:30 Morning Refreshments [GLR] 10:45 🙆 Smarty Marty fun! [GLR] 11:30 🙆 Sina-A-Lona! [GLR] 11:30 🙆 Tover Time [NR]

3:00 🙆 Tover Time [NR]

1:00 C Fresh Faces! [NR] 1:00 Matinee Movie & Hot Chocolate Social! [GL 2:30 Afternoon Snack & Social [GLR]

3:30 @ Relaxing Wind Down! [GLR]

6:00 6 Classic TV Shows! [GLR]

Pet Therapy Visits! 9:00 💿 Newspaper & Puzzles Delivery! [RR] 9:45 C Exercise & Meditation [GLR] 10:00 Daily Chronicle & Conversation [GLR]

10:00 O Daily Chronicle & Conversation [GLR] 10:30 Morning Refreshments [GLR] 10:00 O Sundays with Dahalia! [GLR] 11:00 🙆 Trivia & Games [GLR] 11:30 🙆 Tover Time [NR]

1:00 C Fresh Faces! [NR] 1:30 🙆 Smarty Marty Fun! [GLR] 2:30 O Afternoon Snack & Social [GLR] 3:00 @ Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR]

Conversation [GLR] 0:20 O ZUMBA with Aleta! [GLR] 10:30 Morning Refreshments [GLR] 11:00
Board Games [GLR]

I 1:30 🙆 Tover Time [NR] 1:00 C Fresh Faces! [NR] 2:00 🙆 Happy Hour & Live Entertainment with Keith! [FL] 2:30 🐧 Afternoon Snack & Social [GLR]

3:00 🙆 Tover Time [NR] 3:30 🙆 Relaxing Wind Down! [GLR] 6:00 6 Classic TV Shows! [GLR] 7:45 Calming Sensory Spa! [NR]

1:30 🙆 Let's Laugh! Comedy [GLR] 1:30 Conic Drives!

7:45 Calming Sensory Spa! [NR]

1:30 🖰 Tover Time [NR]

1:30 Penny Pitch! [GLR] 2:30 Afternoon Snack & Social [GLR] 3:00 @ Tover Time [NR] 3:30 @ Relaxing Wind Down! [GLR] 6:00 Social Hour! [GI R] 7:45 O Calming Sensory Spa! [NR]

3:30 @ Relaxing Wind Down! [GLR]

changes are carefully considered*

*Programs are subject to change,

created

ARBOR TERRACE

Happy Birthday:

12/09

Anthony "Tony" A

Daily Snack Available:

10:30AM, 2:30 PM &

7:30 PM

Created on Monday, November 21, 2022 1:29 PM