

April 2022

Arbor Terrace Norwood Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>🍷 Arts & Education</div><div>💖 Deep Connections</div><div>🍏 Health & Wellness</div><div>🛠 Purposeful Living</div><div>👥 Recreation & Leisure</div><div>🌿 Spiritual Journey</div></div>	<div><div>Location Keys</div><div>Activity RoomAR</div><div>BistroBIS</div><div>Fitness CenterFC</div><div>Off Site LocationOSL</div><div>Sports LoungeSL</div><div>TheatreTH</div></div>			<div><div>1</div><div>10:30 🍷 Body Stretch [FC]</div><div>11:15 🧠 Animals in the Wild [TH]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 Trivia Challenge [BIS]</div><div>4:00 🧠 Signature Drink Social - Kahlua & Cream [SL]</div><div>7:00 🧠 Friday Night Movie [TH]</div></div>	<div><div>2</div><div>10:30 🍷 Stretch and Bend-Exercise Class [FC]</div><div>11:15 🧠 World Updates - Good News Network [AR]</div><div>1:30 🧠 Creative Art - SPRING FLOWERS [TH]</div><div>2:30 🧠 Saturday's Virtual Museum Visit</div><div>4:00 🍷 Signature Drink Social - What's Your Pleasure [SL]</div><div>7:00 🧠 Saturday Night Movie [TH]</div></div>
<div><div>3</div><div>10:00 🧠 Trip-St Anthony's Church [OSL]</div><div>10:30 🍷 Zumba with Rafael [FC]</div><div>11:15 🧠 Televised Catholic Mass [TH]</div><div>1:30 🍷 Mini Golf</div><div>2:00 🧠 Super Bingo [AR]</div><div>4:00 🍷 LET'S WATCH THE BASKETBALL FINALS & SHARE A DRINK [SL]</div><div>7:00 🧠 Sunday Night Movie [TH]</div></div>	<div><div>4</div><div>10:30 🍷 Chair Exercise [FC]</div><div>11:15 🧠 Trivia Challenge [AR]</div><div>1:30 🍷 Walking Group [OSL]</div><div>2:00 🧠 Rosary & Communion with Sister Susanne [TH]</div><div>3:00 🧠 Biography of Lucille Ball (I Love Lucy) [AR]</div><div>3:00 🧠 Broadway Musical Monday [AR]</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Monday Night Movie [TH]</div></div>	<div><div>5</div><div>10:30 🍷 Chair Dancing [FC]</div><div>11:15 🧠 Who AM I? Trivia Game</div><div>1:30 🍷 Active Games [BIS]</div><div>2:30 🍷 Tech Tuesday --Let's Learn Something New Today! [TH]</div><div>4:00 🍷 Signature Drink Social</div><div>7:00 🧠 Movie Night [TH]</div></div>	<div><div>6</div><div>10:30 🍷 Mindful Exercise Class With Denise [FC]</div><div>11:15 🍷 Meet and Greet- Meet Engagement Newest Staff Member [BIS]</div><div>1:30 🧠 Walking Club</div><div>2:00 🧠 Leisure Planning Meeting [TH]</div><div>3:00 🧠 Musical Entertainer - Tom Spinelli [AR]</div><div>3:30 🧠 Listen to an Amazing Singer - Bonnie [TH]</div><div>4:00 🧠 Happy Hour [SL]</div><div>7:00 🧠 Movie Night! [TH]</div></div>	<div><div>7</div><div>10:30 🍷 Musical Warm Up [FC]</div><div>11:15 🍷 Recycle Group [AR]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 YOUTube Biography [TH]</div><div>4:00 🍷 Beer Day - Join us for a Beer Tasting Event [BIS]</div><div>7:00 🧠 Evening Movie [TH]</div></div>	<div><div>8</div><div>10:30 🍷 Body Stretch [FC]</div><div>11:15 🧠 Animals in the Wild [TH]</div><div>11:15 🧠 Friday Gardening Series [TH]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 Jeopardy Challenge [BIS]</div><div>3:30 🧠 Signature Drink Social [TH]</div><div>7:00 🧠 Friday Night Movie [TH]</div></div>	<div><div>9</div><div>10:30 🍷 Stretch and Bend-Exercise Class [FC]</div><div>11:15 🧠 World Updates - Good News Network [AR]</div><div>1:30 🧠 Creative Art - Sunflowers [TH]</div><div>2:30 🧠 Saturday's Virtual Museum Visit</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Saturday Night Movie [TH]</div></div>
<div><div>10</div><div>10:00 🧠 Trip-St Anthony's Church [OSL]</div><div>10:30 🍷 Exercise Class with Denise [FC]</div><div>11:00 🧠 Bible Class with Casey [TH]</div><div>11:15 🧠 Televised Catholic Mass [TH]</div><div>1:30 🍷 Mini Golf</div><div>2:30 🧠 Boy Scout Outdoor Activity [AR]</div><div>4:00 🍷 Music & Drink Social [BIS]</div><div>7:00 🧠 Sunday Night Movie-Yellow Stone Season 1 [TH]</div></div>	<div><div>11</div><div>10:30 🍷 Chair Exercise [FC]</div><div>11:15 🧠 Trivia Challenge [AR]</div><div>1:30 🍷 Walking Group [OSL]</div><div>2:00 🧠 Rosary & Communion with Sister Susanne [TH]</div><div>3:00 🧠 Broadway Musical Monday [AR]</div><div>3:00 🧠 Meditation & Stretching [FC]</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>4:15 🧠 Shabbat Candle Lighting [AR]</div><div>7:00 🧠 Monday Night Movie [TH]</div></div>	<div><div>12</div><div>10:30 🍷 Chair Dancing [FC]</div><div>11:15 🧠 Who AM I? Trivia Game</div><div>1:30 🍷 Active Games [BIS]</div><div>2:30 🍷 Tech Tuesday --Let's Learn Something New Today! [TH]</div><div>4:00 🍷 Signature Drink Social</div><div>7:00 🧠 Movie Night [TH]</div></div>	<div><div>13</div><div>10:30 🍷 Mindful Exercise Class With Denise [FC]</div><div>11:15 🧠 How Many Words [BIS]</div><div>1:30 🍷 Walking Club</div><div>2:00 🧠 Food For Thought - Meet with Chef Rachel [TH]</div><div>3:30 🧠 The Benefits of Laughter [TH]</div><div>4:00 🧠 Happy Hour [SL]</div><div>7:00 🧠 Movie Night! [TH]</div></div>	<div><div>14</div><div>10:30 🍷 Musical Warm Up [FC]</div><div>11:15 🍷 Recycle Group [AR]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 Professional Photos of Residents [AR]</div><div>3:30 DJ Frank [SL]</div><div>4:00 🍷 Signature Drink Social [BIS]</div><div>7:00 🧠 Evening Movie [TH]</div></div>	<div><div>15</div><div>10:30 🍷 Body Stretch [FC]</div><div>11:15 🧠 Animals in the Wild [TH]</div><div>11:15 🧠 Friday Gardening Series [TH]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 Passover Traditions and Discussion [BIS]</div><div>3:30 🧠 Signature Drink Social [TH]</div><div>7:00 🧠 Friday Night Movie [TH]</div></div>	<div><div>16</div><div>10:30 🍷 Stretch and Bend-Exercise Class [FC]</div><div>11:15 🧠 World Updates - Good News Network [AR]</div><div>1:30 🧠 Creative Art - SPRING FLOWERS [TH]</div><div>2:30 🧠 Saturday's Virtual Museum Visit</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Saturday Night Movie [TH]</div></div>
<div><div>17</div><div>Easter</div><div>10:00 🧠 Trip-St Anthony's Church [OSL]</div><div>10:30 🍷 Exercise Class with Denise [FC]</div><div>11:15 🧠 Televised Catholic Mass [TH]</div><div>1:30 🍷 Mini Golf</div><div>2:30 🧠 Boy Scout Outdoor Activity [AR]</div><div>2:30 🧠 Super Bingo [AR]</div><div>4:00 🍷 Music & Drink Social [BIS]</div><div>7:00 🧠 Sunday Night Movie-Yellow Stone Season 1 [TH]</div></div>	<div><div>18</div><div>10:30 🍷 Chair Exercise [FC]</div><div>11:15 🧠 Trivia Challenge [AR]</div><div>1:30 🍷 Walking Group [OSL]</div><div>2:00 🧠 Rosary & Communion with Sister Susanne [TH]</div><div>3:00 🧠 The Early Days of Rock & Roll by Evan Weiner [AR]</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Monday Night Movie [TH]</div></div>	<div><div>19</div><div>10:30 🍷 Chair Dancing [FC]</div><div>11:15 🧠 Who AM I? Trivia Game</div><div>1:30 🍷 Active Games [BIS]</div><div>2:30 🍷 Tech Tuesday --Let's Learn Something New Today! [TH]</div><div>4:00 🍷 Signature Drink Social</div><div>7:00 🧠 Movie Night [TH]</div></div>	<div><div>20</div><div>10:30 🍷 Mindful Exercise Class With Denise [FC]</div><div>11:15 🧠 How Many Words [BIS]</div><div>1:30 🍷 Walking Club</div><div>2:00 🧠 Resident Council Meeting [TH]</div><div>3:00 🧠 Musical Entertainer - Van Martin [BIS]</div><div>3:30 🧠 Listen to an Amazing Singer - Bonnie [TH]</div><div>4:00 🧠 Happy Hour [SL]</div><div>7:00 🧠 Movie Night! [TH]</div></div>	<div><div>21</div><div>10:30 🍷 Musical Warm Up [FC]</div><div>11:15 🍷 Recycle Group [AR]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 YOUTube Biography [TH]</div><div>4:00 🍷 Signature Drink Social [BIS]</div><div>7:00 🧠 Evening Movie [TH]</div></div>	<div><div>22</div><div>10:30 🍷 Body Stretch [FC]</div><div>11:15 🧠 Animals in the Wild [TH]</div><div>11:15 🧠 Friday Gardening Series [TH]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 Create a Special Earth Day Project [BIS]</div><div>3:30 🧠 Signature Drink Social [TH]</div><div>7:00 🧠 Friday Night Movie [TH]</div></div>	<div><div>23</div><div>10:30 🍷 Stretch and Bend-Exercise Class [FC]</div><div>11:15 🧠 World Updates - Good News Network [AR]</div><div>1:30 🧠 Creative Art - SPRING FLOWERS [TH]</div><div>1:30 🧠 Creative Art - Sunflowers [TH]</div><div>2:30 🧠 Saturday's Virtual Museum Visit</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Saturday Night Movie [TH]</div></div>
<div><div>24</div><div>10:00 🧠 Trip-St Anthony's Church [OSL]</div><div>10:30 🍷 Exercise Class with Denise [FC]</div><div>11:00 🧠 Bible Class with Casey [TH]</div><div>11:15 🧠 Televised Catholic Mass [TH]</div><div>1:30 🍷 Mini Golf</div><div>2:30 🧠 Boy Scout Outdoor Activity [AR]</div><div>2:30 🧠 Super Bingo [AR]</div><div>4:00 🍷 Music & Drink Social [BIS]</div><div>7:00 🧠 Sunday Night Movie-Yellow Stone Season 1 [TH]</div></div>	<div><div>25</div><div>10:30 🍷 Chair Exercise [FC]</div><div>11:15 🧠 Trivia Challenge [AR]</div><div>1:30 🍷 Walking Group [OSL]</div><div>2:00 🧠 Rosary & Communion with Sister Susanne [TH]</div><div>3:00 🧠 Biography of Lucille Ball (I Love Lucy) [AR]</div><div>3:00 🧠 Broadway Musical Monday [AR]</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Monday Night Movie [TH]</div></div>	<div><div>26</div><div>10:30 🍷 Chair Dancing [FC]</div><div>11:15 🧠 Who AM I? Trivia Game</div><div>1:30 🍷 Active Games [BIS]</div><div>2:30 🍷 Tech Tuesday --Let's Learn Something New Today! [TH]</div><div>4:00 🍷 Signature Drink Social</div><div>6:30 🧠 Evening Concert with Bonnie [TH]</div></div>	<div><div>27</div><div>10:30 🍷 Mindful Exercise Class With Denise [FC]</div><div>11:15 🧠 How Many Words [BIS]</div><div>1:30 🍷 Walking Club</div><div>3:00 🧠 Musical Entertainer - Tom Spinelli [AR]</div><div>3:30 🧠 Listen to an Amazing Singer - Bonnie [TH]</div><div>4:00 🧠 Happy Hour [SL]</div><div>7:00 🧠 Movie Night! [TH]</div></div>	<div><div>28</div><div>10:30 🍷 Musical Warm Up [FC]</div><div>11:15 🍷 Recycle Group [AR]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 YOUTube Biography [TH]</div><div>4:00 🍷 Signature Drink Social [BIS]</div><div>7:00 🧠 Evening Movie [TH]</div></div>	<div><div>29</div><div>10:30 🍷 Body Stretch [FC]</div><div>11:15 🧠 Animals in the Wild [TH]</div><div>11:15 🧠 Friday Gardening Series [TH]</div><div>1:30 🍷 Walking Club [OSL]</div><div>2:30 🧠 Arbor's Arbor Day activity [BIS]</div><div>3:30 🧠 Signature Drink Social [TH]</div><div>7:00 🧠 Friday Night Movie [TH]</div></div>	<div><div>30</div><div>10:30 🍷 Stretch and Bend-Exercise Class [FC]</div><div>11:15 🧠 World Updates - Good News Network [AR]</div><div>1:30 🧠 Creative Art - SPRING FLOWERS [TH]</div><div>1:30 🧠 Creative Art - Sunflowers [TH]</div><div>2:30 🧠 Saturday's Virtual Museum Visit</div><div>4:00 🍷 Signature Drink Social [SL]</div><div>7:00 🧠 Saturday Night Movie [TH]</div></div>