

# August 2022

## Arbor Terrace Mountainside - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>Arts &amp; Education</li> <li>Deep Connections</li> <li>Health &amp; Wellness</li> <li>Purposeful Living</li> <li>Recreation &amp; Leisure</li> <li>Spiritual Journey</li> </ul>	<p>10:00 HASfit Workout [CT-3] <b>1</b></p> <p>10:45 Good News &amp; Horoscopes</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining [CT-3]</p> <p>2:00 25 Cent Bingo Time</p> <p>3:00 Dominoes Club [CT-3]</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>2</b></p> <p>Pet Therapy</p> <p>10:30 Music and Motion with Mary</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Giant Crossword Puzzle Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 National Ice Cream Sandwich Day: let's make some</p> <p>— Film Critic Club</p> <p>3:30 Jeopardy-Trivia</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Stretch with Maryann <b>3</b></p> <p>11:00 Words In A Word</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining &amp; Brain Games</p> <p>2:00 Wheel of Fortune [DAS-3]</p> <p>3:00 Canasta Club</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>4</b></p> <p>10:00 Virtual Bike Ride</p> <p>10:30 Famous People in the News</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Mahjong Game</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group [CT-3]</p> <p>2:00 Arts By The People With Paul</p> <p>3:30 Scrabble Match [DAS-3]</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Mass with Deacon Mike <b>5</b></p> <p>10:00 Shopping Trip</p> <p>10:30 Zumba Gold with Gloria [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>11:30 Hawaiian Luau</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Shopping Trips</p> <p>2:00 Jeopardy</p> <p>3:00 Happy Hour</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>6</b></p> <p>10:30 Whiteboard Fun Activities [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Outdoor Walking Group</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>1:30 25 Cent Bingo Time [DAS-3]</p> <p>2:30 Poker Club</p> <p>3:30 Total Brain Health</p> <p>7:00 Movie Time [AT-3]</p>
<p>9:30 Streaming Mass <b>7</b></p> <p>10:00 Chair Exercises [CT-3]</p> <p>10:45 Current Events</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>2:00 National Light House Day: The Last Lightkeeper Movie</p> <p>3:30 Active Games: Mini Golf</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>8</b></p> <p>10:45 Good News &amp; Horoscopes</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining [CT-3]</p> <p>2:00 25 Cent Bingo Time</p> <p>3:00 Dominoes Club [CT-3]</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>9</b></p> <p>10:00 FOX Fitness Exercise [CT-3]</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Giant Crossword Puzzle Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group</p> <p>— Film Critic Club</p> <p>3:30 Jeopardy-Trivia</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Stretch with Maryann <b>10</b></p> <p>10:15 Midweek Religious Service [AT-3]</p> <p>11:00 Words In A Word</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining &amp; Brain Games</p> <p>2:00 Wheel of Fortune [DAS-3]</p> <p>3:00 Canasta Club</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>11</b></p> <p>10:00 Virtual Bike Ride</p> <p>10:30 Famous People in the News</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Mahjong Game</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group [CT-3]</p> <p>2:30 Trivia Challenge</p> <p>3:30 Scrabble Match [DAS-3]</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Shopping Trip <b>12</b></p> <p>10:30 Zumba Gold with Gloria [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>11:00 Tea and Talk Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Shopping Trips</p> <p>2:30 Music with Eleanor Jaskson</p> <p>3:00 Happy Hour</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>13</b></p> <p>10:30 Whiteboard Fun Activities [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Men's Social Saturday's</p> <p>1:00 Outdoor Walking Group</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>1:30 25 Cent Bingo Time [DAS-3]</p> <p>2:30 Poker Club</p> <p>3:30 Total Brain Health</p> <p>7:00 Movie Time [AT-3]</p>
<p>9:30 Streaming Mass <b>14</b></p> <p>10:00 Chair Exercises [CT-3]</p> <p>10:45 Current Events</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>2:00 Resident Choice New Movie [DAS-3]</p> <p>3:30 Active Games: Mini Golf</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>15</b></p> <p>10:45 Good News &amp; Horoscopes</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining [CT-3]</p> <p>2:00 25 Cent Bingo Time</p> <p>3:00 Dominoes Club [CT-3]</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>16</b></p> <p>Pet Therapy</p> <p>10:30 Music and Motion with Mary</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Giant Crossword Puzzle Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group</p> <p>— Film Critic Club</p> <p>3:30 Jeopardy-Trivia</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Stretch with Maryann <b>17</b></p> <p>10:15 Midweek Religious Service [AT-3]</p> <p>11:00 Words In A Word</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Live Seminar: Computers 101</p> <p>2:00 Wheel of Fortune [DAS-3]</p> <p>3:00 Canasta Club</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>18</b></p> <p>10:00 Virtual Bike Ride</p> <p>10:30 Famous People in the News</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Mahjong Game</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group [CT-3]</p> <p>2:00 Resident Council Meeting</p> <p>3:30 Scrabble Match [DAS-3]</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:30 Zumba Gold with Gloria [CT-3] <b>19</b></p> <p>11:00 Rosary Group [AT-3]</p> <p>11:00 Tea and Talk Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Shopping Trips</p> <p>2:30 Music with Lena</p> <p>3:00 Happy Hour</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>20</b></p> <p>10:30 Whiteboard Fun Activities [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Outdoor Walking Group</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>1:30 25 Cent Bingo Time [DAS-3]</p> <p>2:30 Poker Club</p> <p>3:30 Total Brain Health</p> <p>7:00 Movie Time [AT-3]</p>
<p>9:30 Streaming Mass <b>21</b></p> <p>10:00 Chair Exercises [CT-3]</p> <p>10:45 Current Events</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>2:00 Resident Choice New Movie [DAS-3]</p> <p>3:30 Active Games: Mini Golf</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>22</b></p> <p>10:45 Good News &amp; Horoscopes</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining [CT-3]</p> <p>2:00 25 Cent Bingo Time</p> <p>3:00 Dominoes Club [CT-3]</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>23</b></p> <p>10:30 HASfit Workout</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Giant Crossword Puzzle Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group</p> <p>— Film Critic Club</p> <p>3:30 Jeopardy-Trivia</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Stretch with Maryann <b>24</b></p> <p>10:15 Midweek Religious Service [AT-3]</p> <p>11:00 Words In A Word</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining &amp; Brain Games</p> <p>2:00 Wheel of Fortune [DAS-3]</p> <p>3:00 Canasta Club</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>25</b></p> <p>10:00 Virtual Bike Ride</p> <p>10:30 Famous People in the News</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Mahjong Game</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 National Banana Split Day: Let make some [CT-3]</p> <p>2:30 Live Music with Bob</p> <p>3:30 Scrabble Match [DAS-3]</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Shopping Trip <b>26</b></p> <p>10:30 Jewish Service</p> <p>10:30 Zumba Gold with Gloria [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Shopping Trips</p> <p>2:30 Live Music with John</p> <p>3:00 Happy Hour</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>27</b></p> <p>10:30 Whiteboard Fun Activities [CT-3]</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Outdoor Walking Group</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>1:30 25 Cent Bingo Time [DAS-3]</p> <p>2:30 Poker Club</p> <p>3:30 Total Brain Health</p> <p>7:00 Movie Time [AT-3]</p>
<p>9:30 Streaming Mass <b>28</b></p> <p>10:00 Chair Exercises [CT-3]</p> <p>10:45 Current Events</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub, Puzzles &amp; Chess [DAS-3]</p> <p>2:00 Resident Choice New Movie [DAS-3]</p> <p>3:30 Active Games: Mini Golf</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 HASfit Workout [CT-3] <b>29</b></p> <p>10:45 Good News &amp; Horoscopes</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining [CT-3]</p> <p>2:00 25 Cent Bingo Time</p> <p>3:00 Dominoes Club [CT-3]</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>Medical Appointments Available 9am-1pm <b>30</b></p> <p>Pet Therapy</p> <p>10:00 FOX Fitness Exercise [CT-3]</p> <p>10:45 Outdoor Gardening Club</p> <p>11:00 Rosary Group [AT-3]</p> <p>1:00 Giant Crossword Puzzle Time</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:30 Outdoor Walking Group</p> <p>— Film Critic Club</p> <p>3:30 Jeopardy-Trivia</p> <p>6:30 After Dinner Ladies Chat</p> <p>7:00 Movie Time [AT-3]</p>	<p>10:00 Stretch with Maryann <b>31</b></p> <p>10:15 Midweek Religious Service [AT-3]</p> <p>11:00 Words In A Word</p> <p>1:00 Rummikub &amp; Puzzles [DAS-3]</p> <p>1:00 Word Mining &amp; Brain Games</p> <p>2:00 Wheel of Fortune [DAS-3]</p> <p>3:00 Canasta Club</p> <p>7:00 Movie Time [AT-3]</p>	<p><b>Location Keys</b></p> <p>Amato Theatre AT-3</p> <p>Collins Tavern CT-3</p> <p>Devlin Art Studio DAS-3</p>		<p><b>Resident Birthdays</b></p> <p>Marilyn Z. 8/7</p> <p>Joan G. 8/27</p>