

August 2022

Arbor Terrace Mountainside - Evergreen



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>1</div> <div>10:00 Morning Rosary 10:45 Music and Motion 11:15 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:15 Themed Trivia on IN2L 2:00 Noodle Ball 2:30 Afternoon social snack 3:30 Making Music and Rhythms 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>2</div> <div>Pet Therapy 10:00 Morning Rosary 10:30 The Daily Chronicles 11:15 Chair Tai Chi 1:00 Soothing Relaxation Time 1:15 Coloring Club 2:30 Afternoon social snack 3:00 Themed Bingo 4:00 Karaoke with IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>3</div> <div>10:00 Zumba with Peggy 10:40 Rosary Group 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:30 Outdoor Gardening Club 2:00 Beach Ball Toss 2:30 Afternoon social snack 3:00 Armchair Travel on IN2L 4:00 Sing Along with Mary Sue IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>4</div> <div>10:00 Morning Rosary 10:30 Chair Stretch 11:15 The Daily Chronicles/Current Events 1:00 Soothing Relaxation Time 1:15 Make your own Yogurt Parfaits 2:30 Afternoon social snack 3:00 Lets Visit a National Park IN2L 4:00 National Park Trivia 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>5</div> <div>10:00 Morning Rosary 10:30 Busy Bodies 11:00 Daily Chronicles and Horoscopes 1:00 Soothing Relaxation Time 1:15 What did it cost IN2L 2:30 Live Music 3:00 Friday Social 3:30 Name Ten 4:00 The Mickey Rooney Show 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>6</div> <div>10:00 Morning Rosary 10:30 Bend and Flex 11:00 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:30 Sing Along with Susie Q 2:30 Afternoon social snack 3:00 Therapeutic Coloring and Relaxing Music 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>
<div>7</div> <div>10:00 Morning Rosary 10:30 Chair Yoga 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:15 Reminiscing on the IN2L 2:30 Afternoon social snack 3:00 Balloon Burst on IN2L 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>8</div> <div>10:00 Morning Rosary 10:45 Music and Motion 11:15 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:15 Themed Trivia on IN2L 2:00 Noodle Ball 2:30 Afternoon social snack 3:30 Making Music and Rhythms 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>9</div> <div>10:00 Morning Rosary 10:30 The Daily Chronicles 11:00 FOX Fitness Exercise 1:00 Soothing Relaxation Time 1:15 Coloring Club 2:30 Afternoon social snack 3:00 Themed Bingo 4:00 Karaoke with IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>10</div> <div>10:15 Music Therapy With Jen 10:40 Rosary Group 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:30 Outdoor Gardening Club 2:00 Beach Ball Toss 2:30 Afternoon social snack 3:15 Let's Discover 4:00 Sing Along with Mary Sue IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>11</div> <div>10:00 Morning Rosary 10:30 Chair Stretch 11:15 The Daily Chronicles/Current Events 1:00 Soothing Relaxation Time 1:15 Let make a Fish Tank 2:30 Afternoon social snack 3:00 Lets Visit a National Park IN2L 4:00 National Park Trivia 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>12</div> <div>10:00 Morning Rosary 10:30 Busy Bodies 11:00 Daily Chronicles and Horoscopes 1:00 Soothing Relaxation Time 1:15 What did it cost IN2L 2:30 Live Music 3:00 Friday Social 3:30 Name Ten 4:00 The Mickey Rooney Show 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>13</div> <div>10:00 Morning Rosary 10:30 Bend and Flex 11:00 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:30 Sing Along with Susie Q 2:00 Baking Club: Soda Floats 2:30 Afternoon social snack 3:00 Therapeutic Coloring and Relaxing Music 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>
<div>14</div> <div>10:00 Morning Rosary 10:30 Chair Yoga 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:15 Reminiscing on the IN2L 2:30 Afternoon social snack 3:00 Balloon Burst on IN2L 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>15</div> <div>10:00 Morning Rosary 10:45 Music and Motion 11:15 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:15 Themed Trivia on IN2L 2:00 Noodle Ball 2:30 Afternoon social snack 3:30 Making Music and Rhythms 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>16</div> <div>Pet Therapy 10:00 Morning Rosary 10:30 The Daily Chronicles 11:15 Chair Tai Chi 1:00 Soothing Relaxation Time 1:15 Coloring Club 2:30 Afternoon social snack 3:00 Themed Bingo 4:00 Karaoke with IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>17</div> <div>10:00 Zumba with Peggy 10:40 Rosary Group 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:30 Outdoor Gardening Club 2:00 Beach Ball Toss 2:30 Afternoon social snack 3:00 Armchair Travel on IN2L 4:00 Sing Along with Mary Sue IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>18</div> <div>10:00 Morning Rosary 10:30 Chair Stretch 11:15 The Daily Chronicles/Current Events 1:00 Soothing Relaxation Time 1:30 Lets Bake: trail mix 2:30 Afternoon social snack 3:00 Lets Visit a National Park IN2L 4:00 National Park Trivia 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>19</div> <div>10:00 Morning Rosary 10:30 Busy Bodies 11:00 Daily Chronicles and Horoscopes 1:00 Soothing Relaxation Time 1:15 What did it cost IN2L 2:30 Live Music 3:00 Friday Social 3:30 Name Ten 4:00 The Mickey Rooney Show 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>20</div> <div>10:00 Morning Rosary 10:30 Bend and Flex 11:00 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:30 Sing Along with Susie Q 2:30 Afternoon social snack 3:00 Therapeutic Coloring and Relaxing Music 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>
<div>21</div> <div>10:00 Morning Rosary 10:30 Chair Yoga 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:15 Reminiscing on the IN2L 2:30 Afternoon social snack 3:00 Balloon Burst on IN2L 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>22</div> <div>10:00 Morning Rosary 10:45 Music and Motion 11:15 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:15 Themed Trivia on IN2L 2:00 Noodle Ball 2:30 Afternoon social snack 3:30 Making Music and Rhythms 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>23</div> <div>10:00 Morning Rosary 10:30 The Daily Chronicles 11:15 Chair Tai Chi 1:00 Soothing Relaxation Time 1:15 Coloring Club 2:30 Afternoon social snack 3:00 Themed Bingo 4:00 Karaoke with IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>24</div> <div>10:15 Music Therapy With Jen 10:40 Rosary Group 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:30 Outdoor Gardening Club 2:00 Beach Ball Toss 2:30 Afternoon social snack 3:15 Let's Discover 4:00 Sing Along with Mary Sue IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>25</div> <div>10:00 Morning Rosary 10:30 Chair Stretch 11:15 The Daily Chronicles/Current Events 1:00 Soothing Relaxation Time 1:15 Handy Fan Art 2:30 Afternoon social snack 3:00 Lets Visit a National Park IN2L 4:00 National Park Trivia 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>26</div> <div>10:00 Morning Rosary 10:30 Busy Bodies 11:00 Daily Chronicles and Horoscopes 11:30 Luau Lunch 1:00 Soothing Relaxation Time 1:15 What did it cost IN2L 1:30 Luau Music 3:00 Friday Social 3:30 Name Ten 4:00 The Mickey Rooney Show 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>27</div> <div>10:00 Morning Rosary 10:30 Bend and Flex 11:00 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:30 Sing Along with Susie Q 2:30 Afternoon social snack 3:00 Therapeutic Coloring and Relaxing Music 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>
<div>28</div> <div>10:00 Morning Rosary 10:30 Chair Yoga 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:15 Reminiscing on the IN2L 2:30 Afternoon social snack 3:00 Balloon Burst on IN2L 4:45 Dinner Music Jukebox 6:30 After Dinner Social Snack with Music</div>	<div>29</div> <div>10:00 Morning Rosary 10:45 Music and Motion 11:15 Daily Chronicles/News 1:00 Soothing Relaxation Time 1:15 Themed Trivia on IN2L 2:00 Noodle Ball 2:30 Afternoon social snack 3:30 Making Music and Rhythms 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>30</div> <div>Pet Therapy 10:00 Morning Rosary 10:30 The Daily Chronicles 11:00 FOX Fitness Exercise 1:00 Soothing Relaxation Time 1:15 Coloring Club 2:30 Afternoon social snack 3:00 Themed Bingo 4:00 Karaoke with IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>31</div> <div>10:40 Rosary Group 11:15 Daily Chronicles 1:00 Soothing Relaxation Time 1:30 Outdoor Gardening Club 2:00 Beach Ball Toss 2:30 Afternoon social snack 3:00 Armchair Travel on IN2L 4:00 Sing Along with Mary Sue IN2L 4:45 Dinner Music Jukebox 5:15 After Dinner Trivia 6:30 After Dinner Social Snack with Music</div>	<div>Arts & Education</div> <div>Deep Connections</div> <div>Health & Wellness</div> <div>Purposeful Living</div> <div>Recreation & Leisure</div> <div>Spiritual Journey</div>		