

# August 2022

## Arbor Terrace Mountainside - Bridges



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>10:00 🟢 Chair Tai Chi [2 BLR]</p> <p>10:30 🟢 Daily Chronicles [2 BLR]</p> <p>11:00 🟢 Morning Rosary [2 BLR]</p> <p>— 🟢 Words In A Word [2-BG]</p> <p>1:30 🟢 Movie Monday</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:00 🟢 Book Club</p> <p>4:00 🟢 Video Trivia</p> <p>5:45 🟢 After Dinner Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Daily Chronicles [2 BLR]</p> <p>10:30 🟢 Hed-Bandz</p> <p>11:00 🟢 Music and Motion with Mary</p> <p>1:00 🟢 Coloring Club</p> <p>2:00 🟢 Active Games: Noodle Ball</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:00 🟢 Dominoes Club</p> <p>5:45 🟢 After Dinner Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Daily Chronicles [2-BG]</p> <p>10:00 🟢 Midweek Rosary Group [2 BLR]</p> <p>10:45 🟢 Zumba with Peggy</p> <p>1:00 🟢 Rick Steve's Armchair Travel</p> <p>1:45 🟢 Make your own ice cream sandwich</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:00 🟢 Table Games and Puzzles</p> <p>3:30 🟢 Namaste</p> <p>4:00 🟢 Video Trivia</p> <p>5:45 🟢 After Dinner Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Stretch &amp; Flex</p> <p>10:30 🟢 Daily Chronicles</p> <p>11:00 🟢 Discovering Famous People &amp; Places</p> <p>1:00 🟢 Wheel of Fortune: Whiteboard</p> <p>2:00 🟢 Courtyard Stroll</p> <p>2:00 🟢 Word finds</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:30 🟢 Uno Club</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Daily News</p> <p>10:30 🟢 Zumba</p> <p>10:30 🟢 Zumba Gold with Gloria</p> <p>11:00 🟢 Conversations [2-BG]</p> <p>11:00 🟢 Rosary Group</p> <p>1:00 🟢 Word Mining</p> <p>2:30 🟢 Live Music</p> <p>3:00 🟢 Happy Hour [3-CT]</p> <p>4:00 🟢 Video Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 HASfit Workout</p> <p>10:30 🟢 Pictionary</p> <p>11:00 🟢 Word Scramble</p> <p>1:00 🟢 Table Games and Puzzles</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:15 🟢 Trivia Challenge</p> <p>3:45 🟢 Shuffle Board</p> <p>6:15 🟢 Movie Time</p>	
<p>10:00 🟢 HASfit Workout</p> <p>10:30 🟢 Daily Chronicles</p> <p>11:00 🟢 Sunday Morning Mass</p> <p>11:15 🟢 Whiteboard Games [2-BG]</p> <p>1:00 🟢 Rick Steve's Armchair Travel</p> <p>1:30 🟢 Sing-a-long with Susie Q</p> <p>2:00 🟢 Bingo Time</p> <p>2:00 🟢 High Tea Time</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:15 🟢 Gardening and Garden Stroll</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Chair Tai Chi [2 BLR]</p> <p>10:30 🟢 Daily Chronicles [2 BLR]</p> <p>11:00 🟢 Morning Rosary [2 BLR]</p> <p>— 🟢 Words In A Word [2-BG]</p> <p>1:30 🟢 Movie Monday</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:00 🟢 Book Club</p> <p>4:00 🟢 Video Trivia</p> <p>5:45 🟢 After Dinner Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Daily Chronicles [2 BLR]</p> <p>10:30 🟢 FOX Fitness Exercise</p> <p>1:00 🟢 Coloring Club</p> <p>2:00 🟢 Active Games: Noodle Ball</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:00 🟢 Dominoes Club</p> <p>5:45 🟢 After Dinner Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Daily Chronicles [2-BG]</p> <p>10:00 🟢 Midweek Rosary Group [2 BLR]</p> <p>1:00 🟢 Rick Steve's Armchair Travel</p> <p>1:45 🟢 Make your own fish tank</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:00 🟢 Table Games and Puzzles</p> <p>3:30 🟢 Namaste</p> <p>4:00 🟢 Video Trivia</p> <p>5:45 🟢 After Dinner Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Stretch &amp; Flex</p> <p>10:30 🟢 Daily Chronicles</p> <p>11:00 🟢 Discovering Famous People &amp; Places</p> <p>1:00 🟢 Wheel of Fortune: Whiteboard</p> <p>2:00 🟢 Courtyard Stroll</p> <p>2:00 🟢 Word finds</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:30 🟢 Uno Club</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 Daily News</p> <p>10:30 🟢 Zumba</p> <p>10:30 🟢 Zumba Gold with Gloria</p> <p>11:00 🟢 Conversations [2-BG]</p> <p>11:00 🟢 Rosary Group</p> <p>1:00 🟢 Word Mining</p> <p>2:30 🟢 Live Music</p> <p>3:00 🟢 Happy Hour [3-CT]</p> <p>4:00 🟢 Video Trivia</p> <p>6:15 🟢 Movie Time</p>	<p>10:00 🟢 HASfit Workout</p> <p>10:30 🟢 Pictionary</p> <p>11:00 🟢 Word Scramble</p> <p>1:00 🟢 Table Games and Puzzles</p> <p>2:30 🟢 Afternoon social snack</p> <p>3:15 🟢 Trivia Challenge</p> <p>3:45 🟢 Shuffle Board</p> <p>6:15 🟢 Movie Time</p>	
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