


December 2021

Arbor Terrace Mountainside-Bridges

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																				
	<ul style="list-style-type: none"> Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey 	<p style="text-align: center;">Resident Birthdays</p> <table border="0" style="width: 100%;"> <tr><td>Melvin L.</td><td style="text-align: right;">12/5</td></tr> <tr><td>Earl A.</td><td style="text-align: right;">12/8</td></tr> <tr><td>Miriam C.</td><td style="text-align: right;">12/10</td></tr> <tr><td>Charlotte W.</td><td style="text-align: right;">12/10</td></tr> <tr><td>Theresa D.</td><td style="text-align: right;">12/13</td></tr> <tr><td>Lenore K.</td><td style="text-align: right;">12/17</td></tr> <tr><td>Joan B.</td><td style="text-align: right;">12/25</td></tr> <tr><td>Larry L.</td><td style="text-align: right;">12/27</td></tr> <tr><td>Joseph K.</td><td style="text-align: right;">12/29</td></tr> <tr><td>Arthur B.</td><td style="text-align: right;">12/30</td></tr> </table>	Melvin L.	12/5	Earl A.	12/8	Miriam C.	12/10	Charlotte W.	12/10	Theresa D.	12/13	Lenore K.	12/17	Joan B.	12/25	Larry L.	12/27	Joseph K.	12/29	Arthur B.	12/30	<ul style="list-style-type: none"> 10:00 Chair Dancing 10:30 Hangman 11:00 Midweek Rosary Group 11:15 Whiteboard Games 1:30 Armchair Travel 2:00 Spa & Yoga 3:00 Let's Get Crafty 4:00 Video Trivia 6:00 Movie Time 	<ul style="list-style-type: none"> 10:00 Stretch & Flex 10:30 Brain Busting Riddles 11:00 Discovering Famous People & Places 1:30 Cooking Show 2:00 Active Games 3:00 Bingo Time with the iN2L 6:00 Movie Time 	<ul style="list-style-type: none"> 10:00 Chair Yoga 10:30 Password Challenge 11:00 Indoor Gardening 1:30 Home & Garden TV 2:00 Table Games 3:00 Happy Hour 4:00 Video Trivia 6:00 Movie Time 	<ul style="list-style-type: none"> 10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:30 Armchair Travel 2:00 Active Games 2:00 Trivia Challenge 6:00 Movie Time
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