


December 2021

Arbor Terrace Mountainside - Evergreen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>ENGAGED LIFESTYLE</p> <p>Arts & Education Deep Connections Health & Wellness Recreation & Leisure Spiritual Journey</p>		Resident Birthdays Melvin L. 12/5 Earl A. 12/8 Miriam C. 12/10 Charlotte W. 12/10 Theresa D. 12/13 Lenore K. 12/17 Joan B. 12/25 Larry L. 12/27 Joseph K. 12/29 Arthur B. 12/30	10:00 Morning Rosary 1 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Armchair Travels & Resident Mail Time 4:30 Dinner Music Jukebox	2 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Eversound Listening Party 4:30 Dinner Music Jukebox	3 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Friday Social 4:30 Dinner Music Jukebox	4 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Famous People & Places 4:30 Dinner Music Jukebox	
	5 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Story Time & Poems 4:30 Dinner Music Jukebox	6 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Making Music and Rhythms 4:30 Dinner Music Jukebox	7 10:00 Morning Rosary 10:15 Armchair Travels 11:00 FOX Fitness with Jamil 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Bingo Time 4:30 Dinner Music Jukebox	8 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Armchair Travels & Resident Mail Time 4:30 Dinner Music Jukebox	9 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Eversound Listening Party 4:30 Dinner Music Jukebox	10 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Friday Social 4:30 Dinner Music Jukebox	11 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Famous People & Places 4:30 Dinner Music Jukebox
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