

May 2022

Arbor Terrace Shrewsbury Assisted Living



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|--|--|--|--|--|--|
| <div>May Day</div> <div>1</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch [TP]</div> <div>10:30 Catholic Mass From Washington [TP]</div> <div>2:00 Resident Choice</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games</div> <div>6:00 May Day Trivia [TP]</div> | <div>Happy Birthday Joe D.</div> <div>2</div> <div>10:00 Zumba Gold Exercise with Jill [TP]</div> <div>11:00 Dear Abby [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>2:00 Bingo</div> <div>2:30 Drawing Class with Joan</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div> | <div></div> <div>3</div> <div>10:00 Forever His Followers [TP]</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Morning Exercise Group [TP]</div> <div>1:15 A Time To Listen [TG]</div> <div>1:30 Leisure Planning Meeting [TG]</div> <div>2:00 Bingo</div> <div>2:30 Mother's Day Tea [TP]</div> <div>3:30 Social Hour [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Happy Birthday Terry L.</div> <div>4</div> <div>Star Wars Day</div> <div>10:00 Morning Chair Exercises [TP]</div> <div>10:30 Blurt it Out</div> <div>10:30 Star Wars Trivia [TP]</div> <div>1:30 Star Wars Movie</div> <div>3:00 Garden Club [TG]</div> <div>3:00 Star Wars Social [TP]</div> <div>6:00 Star Wars Trivia [TP]</div> | <div>Cinco de Mayo</div> <div>5</div> <div>10:00 Bus Outing: Delicious Orchards</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Scenic Ride</div> <div>2:00 Cinco de Mayo Lecture</div> <div>3:30 Margarita Happy Hour [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Happy Birthday Camille</div> <div>6</div> <div>10:00 Morning Chair Exercises [TP]</div> <div>10:30 Word in a Word [TP]</div> <div>1:15 Rosary and Scriptures</div> <div>2:00 Bingo</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div> | <div>Happy Birthday Ken E.</div> <div>7</div> <div>Kentucky Derby</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Horse Racing [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Kentucky Derby Party [TP]</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div> | |
| <div>Mother's Day</div> <div>8</div> <div>8:00 Mother's Day Breakfast</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch [TP]</div> <div>10:30 Catholic Mass From Washington [TP]</div> <div>1:30 Protestant Services with Pastor Sam [OC]</div> <div>2:30 Mother's Day Social [TP]</div> <div>3:30 Resident lead games [TP]</div> <div>6:00 Famous Mother's [TP]</div> | <div></div> <div>9</div> <div>10:00 Zumba Gold Exercise with Jill [TP]</div> <div>11:00 Break The Bank Word Game [TP]</div> <div>11:30 Lunch Outing: Red Lobster</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>2:00 Bingo</div> <div>2:30 Drawing Class with Joan</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div> | <div>Lipton Tea Day</div> <div>10</div> <div>10:00 Forever His Followers [TP]</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Morning Exercise Group [TP]</div> <div>1:15 A Time To Listen [TG]</div> <div>1:30 Dining Planning Meeting</div> <div>2:00 Bingo</div> <div>2:30 Tuesday Tea and Talk [TP]</div> <div>3:30 Social Hour [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div></div> <div>11</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Blurt it Out</div> <div>1:30 Mid Week Movie</div> <div>2:30 Memorial Service " Gone but not forgotten" [TP]</div> <div>3:00 Garden Club [TG]</div> <div>6:00 Trivia Challenge with Arlene [TP]</div> | <div>Happy Birthday Barbara W.</div> <div>12</div> <div>10:00 Bus Outing: Target</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Scenic Ride</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Games and Fun</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Trivia Challenge [TP]</div> | <div>Friday The 13th</div> <div>13</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Friday the 13th Superstitions [TP]</div> <div>1:15 Rosary and Scriptures</div> <div>2:00 Bingo</div> <div>2:00 Bus Outing: Ice-Cream</div> <div>2:30 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div> | <div>Happy Birthday Nonnie G.</div> <div>14</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Dear Abby</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div> | |
| <div></div> <div>15</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch [TP]</div> <div>10:30 Catholic Mass From Washington [TP]</div> <div>2:00 Resident Choice</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div></div> <div>16</div> <div>10:00 Zumba Gold Exercise with Jill [TP]</div> <div>11:00 Health Talk With Our Nursing Staff [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>2:00 Bingo</div> <div>2:30 Drawing Class with Joan</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div> | <div>Happy Birthday Ronald R.</div> <div>17</div> <div>10:00 Forever His Followers [TP]</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Morning Exercise Group [TP]</div> <div>1:15 A Time To Listen [TG]</div> <div>2:00 Bingo</div> <div>2:30 Travel Club [TP]</div> <div>3:30 Social Hour [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Happy Birthday Fred A.</div> <div>18</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 The Price is Right [TP]</div> <div>1:00 Bus Outing: Veteran's Memorial</div> <div>1:30 Mid Week Movie</div> <div>3:00 Garden Club [TG]</div> <div>3:30 ATS Wednesday Walkers!</div> <div>6:00 Trivia Challenge with Arlene [TP]</div> | <div>Happy Birthday Michael B.</div> <div>19</div> <div>10:00 Bus Outing: Dollar General</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Around The Town [TP]</div> <div>1:00 Scenic Ride</div> <div>2:00 Entertainment with Mary's Melodies [TP]</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Happy Birthday Laurie R.</div> <div>20</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Word in a Word [TP]</div> <div>1:15 Rosary and Scriptures</div> <div>2:00 Bingo</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div> | <div>Armed Forces Day</div> <div>21</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Armed Forces Day Trivia [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div> | |
| <div></div> <div>22</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch [TP]</div> <div>10:30 Catholic Mass From Washington [TP]</div> <div>2:00 Sunday Entertainment With Rich [TP]</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>World Turtle Day</div> <div>23</div> <div>10:00 Zumba Gold Exercise with Jill [TP]</div> <div>11:30 Lunch Outing: Wendy's</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>1:15 A Time To Listen [TG]</div> <div>2:00 Bingo</div> <div>2:30 Drawing Class with Joan</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div> | <div></div> <div>24</div> <div>10:00 Forever His Followers [TP]</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Morning Exercise Group [TP]</div> <div>1:30 Resident Council [TG]</div> <div>2:00 Bingo</div> <div>2:30 Patriotic Tea [TP]</div> <div>3:30 Social Hour [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Wear The Lilac Day</div> <div>25</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 lilac Trivia [TP]</div> <div>1:30 Mid Week Movie</div> <div>3:00 Garden Club [TG]</div> <div>3:30 ATS Wednesday Walkers!</div> <div>6:00 Trivia Challenge with Arlene [TP]</div> | <div>Happy Birthday John W.</div> <div>26</div> <div>10:00 Bus Outing: Walmart</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Around The Town [TP]</div> <div>1:00 Scenic Ride</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Games and Fun</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Happy Birthday Stanley</div> <div>27</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Golden Gate Bridge History [TP]</div> <div>1:15 Rosary and Scriptures</div> <div>2:00 Bingo</div> <div>2:30 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div> | <div></div> <div>28</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Today in History [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div> <div>6:30 Hymn Sing With Fresh Baked Cookies [OC]</div> | |
| <div></div> <div>29</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch [TP]</div> <div>10:30 Catholic Mass From Washington [TP]</div> <div>2:00 Bingo</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div>Memorial Day</div> <div>30</div> <div>10:00 Zumba Gold Exercise with Jill [TP]</div> <div>10:30 Memorial Day History [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>2:00 Memorial Day Party With Andy [TP]</div> <div>3:30 Memorial Day Happy Hour [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div> | <div></div> <div>31</div> <div>10:00 Forever His Followers [TP]</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Morning Exercise Group [TP]</div> <div>1:15 A Time To Listen [TG]</div> <div>2:00 Bingo</div> <div>2:30 Tuesday Tea and Talk [TP]</div> <div>3:30 Social Hour [TP]</div> <div>6:00 Evening Trivia [TP]</div> | <div></div> <div> Arts & Education</div> <div> Deep Connections</div> <div> Health & Wellness</div> <div> Purposeful Living</div> <div> Recreation & Leisure</div> <div> Spiritual Journey</div> | | | <div>Location Keys</div> <div>Galleria</div> <div>Overlook Cafe</div> <div>The Grove</div> <div>The Pavillion</div> <div>The Shoreman's Club</div> <div>GAL</div> <div>OC</div> <div>TG</div> <div>TP</div> <div>TSC</div> | <div>Please see your Daily Engagement Flyer for your group activity times and locations. Activities are subject to change. Thank you, The Engagement Team.</div> |