

November 2021

Arbor Terrace Mountainside-Bridges



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<ul style="list-style-type: none"> Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey 	1 10:00 Stretch & Flex 10:30 Words In A Word 11:00 Whack a Mole Balloon Bash 1:30 Cooking Show 2:00 Active Games 3:00 Brain Games 4:00 Video Trivia 6:00 Movie Time	2 10:00 Hot Seat 10:30 FOX Fitness Exercise 11:00 Fun with Eversound 1:30 Home & Garden TV 2:00 Active Games 3:00 IN2L Fun Activities 6:00 Movie Time	3 10:00 Zumba Gold with Peggy 11:00 Midweek Rosary Group 1:30 Spa & Yoga 2:30 Winter Door Crafts 4:00 Video Trivia 6:00 Movie Time	4 10:00 Stretch & Flex 10:30 Brain Busting Riddles 11:00 Discovering Famous People & Places 1:30 Cooking Show 2:00 Active Games 3:00 Bingo Time with the iN2L 6:00 Movie Time	5 10:00 Chair Yoga 10:30 Password Challenge 11:00 Indoor Gardening 1:30 Home & Garden TV 2:00 Table Games 3:00 Happy Hour 4:00 Video Trivia 6:00 Movie Time	6 10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:30 Armchair Travel 2:00 Active Games 2:00 Trivia Challenge 6:00 Movie Time	
7 10:00 HASfit Workout 10:30 Mystery Word 11:00 Sunday Rosary Group 1:30 Armchair Travel 2:00 Active Games 2:00 Bingo Time 6:00 Movie Time	8 10:00 Stretch & Flex 10:30 Words In A Word 11:00 Whack a Mole Balloon Bash 1:30 Cooking Show 2:00 Active Games 3:00 Brain Games 4:00 Video Trivia 6:00 Movie Time	9 Wild Life Day 10:00 Hot Seat 10:30 Rizzo's Wildlife Live Animals 11:00 Fun with Eversound 1:30 Home & Garden TV 2:00 Making Dirt Pudding with Animal Cookies 3:00 Animal Fun on the iN2L 6:00 Movie Time	10 10:00 Chair Dancing 10:30 Hangman 11:00 Midweek Rosary Group 1:30 Armchair Travel 2:00 Spa & Yoga 3:00 Whiteboard Games 4:00 Video Trivia 6:00 Movie Time	11 Veteran's Day 10:00 Stretch & Flex 10:30 Brain Busting Riddles 11:00 Discovering Famous People & Places 1:30 Cooking Show 2:00 Active Games 3:00 Bingo Time with the iN2L 6:00 Movie Time	12 10:00 Chair Yoga 10:30 Password Challenge 11:00 Indoor Gardening 1:30 Home & Garden TV 2:00 Table Games 3:00 Happy Hour 4:00 Video Trivia 6:00 Movie Time	13 10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:30 Armchair Travel 2:00 Active Games 2:00 Trivia Challenge 6:00 Movie Time	
14 10:00 HASfit Workout 10:30 Mystery Word 11:00 Sunday Rosary Group 1:30 Armchair Travel 2:00 Active Games 2:00 Bingo Time 6:00 Movie Time	15 10:00 Stretch & Flex 10:30 Words In A Word 11:00 Whack a Mole Balloon Bash 1:30 Cooking Show 2:00 Active Games 3:00 Brain Games 4:00 Video Trivia 6:00 Movie Time	16 10:00 Hot Seat 10:30 FOX Fitness Exercise 11:00 Fun with Eversound 1:30 Home & Garden TV 2:00 Active Games 3:00 IN2L Fun Activities 6:00 Movie Time	17 10:00 Zumba Gold with Peggy 11:00 Midweek Rosary Group 1:30 Spa & Yoga 2:30 Let's Get Crafty 4:00 Video Trivia 6:00 Movie Time	18 10:00 Stretch & Flex 10:30 Brain Busting Riddles 11:00 Discovering Famous People & Places 1:30 Cooking Show 2:00 Active Games 3:00 Bingo Time with the iN2L 6:00 Movie Time	19 10:00 Chair Yoga 10:30 Password Challenge 11:00 Indoor Gardening 1:30 Home & Garden TV 2:00 Table Games 3:00 Happy Hour 4:00 Video Trivia 6:00 Movie Time	20 10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:30 Armchair Travel 2:00 Active Games 2:00 Trivia Challenge 6:00 Movie Time	
21 10:00 HASfit Workout 10:30 Mystery Word 11:00 Sunday Rosary Group 1:30 Armchair Travel 2:00 Active Games 2:00 Bingo Time 6:00 Movie Time	22 10:00 Stretch & Flex 10:30 Words In A Word 11:00 Whack a Mole Balloon Bash 1:30 Cooking Show 2:00 Active Games 3:00 Brain Games 4:00 Video Trivia 6:00 Movie Time	23 10:00 Hot Seat 10:30 FOX Fitness Exercise 11:00 Fun with Eversound 1:30 Home & Garden TV 2:00 Active Games 3:00 IN2L Fun Activities 6:00 Movie Time	24 Evening of Fine Dining Beginning at 4:30 pm 10:00 Chair Dancing 10:30 Hangman 11:00 Midweek Rosary Group 1:30 Armchair Travel 2:00 Spa & Yoga 3:00 Whiteboard Games 4:00 Video Trivia 6:00 Movie Time	25 10:00 Stretch & Flex 10:30 Brain Busting Riddles 11:00 Discovering Famous People & Places 1:30 Cooking Show 2:00 Active Games 3:00 Bingo Time with the iN2L 6:00 Movie Time	26 10:00 Chair Yoga 10:30 Password Challenge 11:00 Indoor Gardening 1:30 Home & Garden TV 2:00 Table Games 3:00 Happy Hour 4:00 Video Trivia 6:00 Movie Time	27 10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:30 Armchair Travel 2:00 Active Games 2:00 Trivia Challenge 6:00 Movie Time	
28 10:00 HASfit Workout 10:30 Mystery Word 11:00 Sunday Rosary Group 1:30 Armchair Travel 2:00 Active Games 2:00 Bingo Time 6:00 Movie Time	29 10:00 Stretch & Flex 10:30 Words In A Word 11:00 Whack a Mole Balloon Bash 1:30 Cooking Show 2:00 Active Games 3:00 Brain Games 4:00 Video Trivia 6:00 Movie Time	30 10:00 Hot Seat 10:30 FOX Fitness Exercise 11:00 Fun with Eversound 1:30 Home & Garden TV 2:00 Gingerbread House Making 3:00 IN2L Fun Activities 6:00 Movie Time	Resident Birthdays Leonard K. 11/11 Frances C. 11/17 Elisa K. 11/18 David A. 11/24 Lucy G. 11/25 Nelly B. 11/30			*Programs on the calendar are subject to change. Thank you, The Engagement Team.	