

November 2021

Arbor Terrace Mountainside-Evergreen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> Arts & Education Deep Connections Health & Wellness Recreation & Leisure Spiritual Journey 	1 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Making Music and Rhythms 4:30 Dinner Music Jukebox	2 10:00 Morning Rosary 10:15 Armchair Travels 11:00 FOX Fitness with Jamil 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Bingo Time 4:30 Dinner Music Jukebox	3 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Armchair Travels & Resident Mail Time 4:30 Dinner Music Jukebox	4 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Eversound Listening Party 4:30 Dinner Music Jukebox	5 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Friday Social 4:30 Dinner Music Jukebox	6 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Famous People & Places 4:30 Dinner Music Jukebox
7 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Story Time & Poems 4:30 Dinner Music Jukebox	8 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Making Music and Rhythms 4:30 Dinner Music Jukebox	9 10:00 Morning Rosary 10:15 Armchair Travels 11:00 FOX Fitness with Jamil 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Bingo Time 4:30 Dinner Music Jukebox	10 10:00 Morning Rosary 10:15 Music Therapy with Jennifer 11:00 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Armchair Travels & Resident Mail Time 4:30 Dinner Music Jukebox	11 Veteran's Day 10:00 Morning Rosary 10:15 Music & Movement to Patriotic Songs 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Eversound Listening Party	12 10:00 Morning Rosary 10:30 Music Time with Harpist, Peggy 11:00 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Friday Social 4:30 Dinner Music Jukebox	13 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Famous People & Places 4:30 Dinner Music Jukebox
14 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Story Time & Poems 4:30 Dinner Music Jukebox	15 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Making Music and Rhythms 4:30 Dinner Music Jukebox	16 10:00 Morning Rosary 10:15 Armchair Travels 11:00 FOX Fitness with Jamil 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Bingo Time 4:30 Dinner Music Jukebox	17 10:00 Morning Rosary 10:15 Visit with Cookie the Shih Tzu 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Armchair Travels & Resident Mail Time 4:30 Dinner Music Jukebox	18 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Eversound Listening Party 4:30 Dinner Music Jukebox	19 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Friday Social 4:30 Dinner Music Jukebox	20 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Famous People & Places 4:30 Dinner Music Jukebox
21 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Story Time & Poems 4:30 Dinner Music Jukebox	22 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Making Music and Rhythms 4:30 Dinner Music Jukebox	23 10:00 Morning Rosary 10:15 Armchair Travels 11:00 FOX Fitness with Jamil 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Bingo Time 4:30 Dinner Music Jukebox	24 Evening of Fine Dining Beginning at 4:30 pm 10:00 Morning Rosary 10:15 Music Therapy with Jennifer 11:00 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Armchair Travels & Resident Mail Time 4:30 Dinner Music Jukebox	25 Happy Thanksgiving 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Eversound Listening Party 4:30 Dinner Music Jukebox	26 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Friday Social 4:30 Dinner Music Jukebox	27 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Famous People & Places 4:30 Dinner Music Jukebox
28 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Story Time & Poems 4:30 Dinner Music Jukebox	29 10:00 Morning Rosary 10:15 Music & Movement 10:45 IN2L Fun Activities 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Making Music and Rhythms 4:30 Dinner Music Jukebox	30 10:00 Morning Rosary 10:15 Armchair Travels 11:00 FOX Fitness with Jamil 1:30 Soothing Relaxation Time 2:00 Active Games 3:00 Bingo Time 4:30 Dinner Music Jukebox	Resident Birthdays Leonard K. 11/11 Frances C. 11/17 Elisa K. 11/18 David A. 11/24 Lucy G. 11/25 Nelly B. 11/30			*Programs on the calendar are subject to change. Thank you, The Engagement Team.