


# November 2022

## Arbor Terrace Shrewsbury Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>ENGAGED LIFESTYLE</b></p>	<ul style="list-style-type: none"> <li>Arts &amp; Education</li> <li>Deep Connections</li> <li>Health &amp; Wellness</li> <li>Purposeful Living</li> <li>Recreation &amp; Leisure</li> <li>Spiritual Journey</li> </ul>	<p>10:00  Forever His Followers "Eucharist Service" [TP] <b>1</b></p> <p>10:00  Shopping Trip-Shoprite</p> <p>10:30  Morning Exercise Group [TP]</p> <p>1:15  A Time To Listen [TG]</p> <p>1:30  Leisure Planning Meeting [TG]</p> <p>2:00  Bingo</p> <p>3:30  Social Hour [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Happy Birthday Mildred S. Kermit the frog day</b> <b>2</b></p> <p>9:30  Exercise Class-With Fox Fitness [TP]</p> <p>10:30  Words that start with G [TP]</p> <p>1:00  Around The Town [TP]</p> <p>1:30  Mid Week Movie</p> <p>3:30  ATS Wednesday Walkers!</p> <p>6:00  Trivia Challenge with Arlene</p>	<p>10:00  <b>Bus Outing: Delicious Orchards</b> <b>3</b></p> <p>10:00  Morning Exercise Class [TP]</p> <p>10:30  Dear Abby</p> <p>1:00  Scenic Ride</p> <p>1:15  Creative Writers Corner [GAL]</p> <p>2:30  Games and Fun</p> <p>3:30  Thirsty Thursday [TP]</p> <p>6:00  Evening Trivia</p>	<p>9:30  Exercise Class-With Fox Fitness [TP] <b>4</b></p> <p>10:30  Who wants to be a Millionaire [TP]</p> <p>1:15  Rosary and Scriptures</p> <p>2:00  Bingo</p> <p>2:30  Express Yourself Art Work [GAL]</p> <p>3:30  Wine And Cheese Social [TP]</p> <p>5:15  Shabbat Service</p> <p>6:00  Evening Trivia With Sue Ellen</p>	<p><b>Happy Birthday Serge M. Nat King Cole Day</b> <b>5</b></p> <p>10:00  Tone It Up [TP]</p> <p>10:30  Celebrity Biographies "Nate King Cole" [TP]</p> <p>1:00  Bible Stories [TP]</p> <p>1:30  Adult Coloring [GAL]</p> <p>2:00  Bingo</p> <p>3:30  Card Club [OC]</p> <p>4:00  Ted Talks</p>
<p><b>Daylight Saving Time Begins</b> <b>6</b></p> <p>10:00  <b>Bus Outing: St. Anthony's Church</b></p> <p>10:00  Morning Stretch [TP]</p> <p>10:30  Catholic Mass From Washington [TP]</p> <p>2:00  Sunday Entertainment with Mary's Melodies [TP]</p> <p>3:30  Resident lead games [TP]</p> <p>6:00  Evening Trivia</p>	<p>10:00  Zumba Gold Exercise with Jill [TP] <b>7</b></p> <p>10:30  Family Feud [TP]</p> <p>11:30  Lunch Outing: Wendy's</p> <p>1:00  Arbor Terrace Store [TSC]</p> <p>2:00  Bingo</p> <p>2:00  Drawing Class with Joan</p> <p>2:00  Learn To Draw [TP]</p> <p>3:30  Dominoes [TP]</p> <p>6:00  Trivia Challenge With Arlene</p>	<p><b>Election Day</b> <b>8</b></p> <p>10:00  Forever His Followers "Eucharist Service" [TP]</p> <p>10:00  Shopping Trip-Shoprite</p> <p>10:30  Morning Exercise Group [TP]</p> <p>1:15  A Time To Listen [TG]</p> <p>1:30  Dining Planning Meeting</p> <p>2:00  Bingo</p> <p>2:30  Tuesday Tea and Talk [TG]</p> <p>3:30  Social Hour [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Happy Birthday Trudy M. Jean G World Freedom Day</b> <b>9</b></p> <p>9:30  Exercise Class-With Fox Fitness [TP]</p> <p>10:30  World Freedom History [TP]</p> <p>1:00  Around The Town [TP]</p> <p>1:30  Mid Week Movie</p> <p>3:00  Garden Club [TG]</p> <p>3:30  ATS Wednesday Walkers!</p> <p>6:00  Trivia Challenge with Arlene</p>	<p>10:00  <b>Bus Outing: Big Lots</b> <b>10</b></p> <p>10:00  Morning Exercise Class [TP]</p> <p>10:30  Dear Abby [TP]</p> <p>1:00  Scenic Ride</p> <p>1:15  Creative Writers Corner [GAL]</p> <p>2:00  <b>Veteran's Day Celebration With Russ [TP]</b></p> <p>3:30  Thirsty Thursday [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Veterans Day</b> <b>11</b></p> <p>9:30  Exercise Class-With Fox Fitness [TP]</p> <p>10:30  Veteran's Trivia [TP]</p> <p>1:15  Rosary and Scriptures</p> <p>2:00  <b>Veteran's Certificate Ceremony [TP]</b></p> <p>3:30  Wine And Cheese Social [TP]</p> <p>5:15  Shabbat Service</p> <p>6:00  Evening Trivia With Sue Ellen</p>	<p><b>Happy Birthday Fernanda G. Princess Grace Day</b> <b>12</b></p> <p>10:00  Tone It Up [TP]</p> <p>10:30  Celebrity Biographies "Princess Grace" [TP]</p> <p>1:00  Bible Stories [TP]</p> <p>1:30  Adult Coloring [GAL]</p> <p>2:00  Bingo</p> <p>3:30  Card Club [OC]</p> <p>4:00  Ted Talks</p> <p>6:00  Kazoo Club [TP]</p>
<p>10:00  <b>Bus Outing: St. Anthony's Church</b> <b>13</b></p> <p>10:00  Morning Stretch [TP]</p> <p>10:30  Catholic Mass From Washington [TP]</p> <p>1:30  Protestant Services with Pastor Sam [OC]</p> <p>2:30  Resident lead games [TP]</p> <p>3:30  Afternoon Chat [TP]</p> <p>6:00  Evening Trivia</p>	<p>10:00  Bus Outing: Walmart <b>14</b></p> <p>10:00  Zumba Gold Exercise with Jill [TP]</p> <p>10:30  The Price is Right [TP]</p> <p>1:00  Arbor Terrace Store [TSC]</p> <p>2:00  Bingo</p> <p>2:00  Drawing Class with Joan</p> <p>3:30  Dominoes [TP]</p> <p>6:00  Trivia Challenge With Arlene</p>	<p>10:00  Forever His Followers "Eucharist Service" [TP] <b>15</b></p> <p>10:00  Shopping Trip-Shoprite</p> <p>10:30  Morning Exercise Group [TP]</p> <p>1:15  A Time To Listen [TG]</p> <p>1:30  Ambassador Meeting [TG]</p> <p>2:00  Bingo</p> <p>3:15  Rummicube Game [WP]</p> <p>3:30  Social Hour [TP]</p> <p>6:30  Choraliars of Eatontown Perform [TP]</p>	<p>9:30  Exercise Class-With Fox Fitness [TP] <b>16</b></p> <p>10:30  <b>Health Talk With Our Nursing Staff [TSC]</b></p> <p>1:00  Around The Town [TP]</p> <p>1:30  Mid Week Movie</p> <p>3:00  Garden Club [TG]</p> <p>3:30  ATS Wednesday Walkers!</p> <p>6:00  Trivia Challenge with Arlene</p>	<p>10:00  <b>Bus Outing: Dollar Tree</b> <b>17</b></p> <p>10:00  Morning Exercise Class [TP]</p> <p>10:30  Catholic Mass with St. Anthony's [TP]</p> <p>1:00  Scenic Ride</p> <p>1:30  Creative Writers Corner [GAL]</p> <p>2:00  <b>New York City Mayors, Politicians ...then and now Lecture</b></p> <p>3:30  Thirsty Thursday [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Happy Birthday David M. National Princess Day</b> <b>18</b></p> <p>9:30  Exercise Class-With Fox Fitness [TP]</p> <p>10:30  Who am I? "Princess" [TP]</p> <p>1:15  Rosary and Scriptures</p> <p>2:00  Bingo</p> <p>2:30  Express Yourself Art Work [GAL]</p> <p>3:30  Wine And Cheese Social [TP]</p> <p>5:15  Shabbat Service</p> <p>6:00  Evening Trivia With Sue Ellen</p>	<p>10:00  Tone It Up [TP] <b>19</b></p> <p>10:30  Today in History [TP]</p> <p>1:00  Bible Stories [TP]</p> <p>1:30  Adult Coloring [GAL]</p> <p>2:00  Bingo</p> <p>3:30  Card Club [OC]</p> <p>4:00  Ted Talks</p>
<p>10:00  <b>Bus Outing: St. Anthony's Church</b> <b>20</b></p> <p>10:00  Morning Stretch [TP]</p> <p>10:30  Catholic Mass From Washington [TP]</p> <p>2:00  Bingo</p> <p>2:00  Resident lead games [TP]</p> <p>3:30  Afternoon Chat [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Happy Birthday Loren E</b> <b>21</b></p> <p>10:00  Zumba Gold Exercise with Jill [TP]</p> <p>10:30  Blurt it Out [TP]</p> <p>11:30  Lunch Outing: Chick-fil-A</p> <p>1:00  Arbor Terrace Store [TSC]</p> <p>2:00  Bingo</p> <p>2:00  Drawing Class with Joan</p> <p>2:00  Learn To Draw [TP]</p> <p>3:30  Dominoes [TP]</p> <p>6:00  Trivia Challenge With Arlene</p>	<p><b>Happy Birthday Maryann U.</b> <b>22</b></p> <p>10:00  Forever His Followers "Eucharist Service" [TP]</p> <p>10:00  Shopping Trip-Shoprite</p> <p>10:30  Morning Exercise Group [TP]</p> <p>1:15  A Time To Listen [TG]</p> <p>2:00  Bingo</p> <p>3:15  Rummicube Game [WP]</p> <p>3:30  Social Hour [TP]</p> <p>6:00  Evening Trivia</p>	<p>9:30  Exercise Class-With Fox Fitness [TP] <b>23</b></p> <p>10:30  What Am I Thankful For... [TP]</p> <p>1:00  Around The Town [TP]</p> <p>1:00  Scenic Ride</p> <p>2:00  Thanksgiving Tea and Talk [TP]</p> <p>3:30  ATS Wednesday Walkers!</p> <p>6:00  Trivia Challenge with Arlene</p>	<p><b>Thanksgiving</b> <b>24</b></p> <p>9:00  Thanksgiving Day Parade [TP]</p> <p>10:00  Morning Exercise Class</p> <p>1:30  Mid Week Movie</p> <p>3:00  Holiday Social [TP]</p> <p>6:00  Evening Trivia</p>	<p>9:30  Exercise Class-With Fox Fitness [TP] <b>25</b></p> <p>10:30  Today in History [TP]</p> <p>1:15  Rosary and Scriptures</p> <p>2:00  Bingo</p> <p>2:30  Express Yourself Art Work [GAL]</p> <p>3:30  Wine And Cheese Social [TP]</p> <p>5:15  Shabbat Service</p> <p>6:00  Evening Trivia With Sue Ellen</p>	<p><b>Casablanca Day</b> <b>26</b></p> <p>10:00  Tone It Up [TP]</p> <p>10:30  Celebrity Biographies "Casablanca" [TP]</p> <p>1:00  Bible Stories [TP]</p> <p>1:30  Adult Coloring [GAL]</p> <p>2:00  Bingo</p> <p>3:30  Card Club [OC]</p> <p>4:00  Ted Talks</p> <p>6:30  Hymn Sing With Fresh Baked Cookies [OC]</p>
<p><b>Happy Birthday Ellen B.</b> <b>27</b></p> <p>10:00  <b>Bus Outing: St. Anthony's Church</b></p> <p>10:00  Morning Stretch [TP]</p> <p>10:30  Catholic Mass From Washington [TP]</p> <p>2:00  Bingo</p> <p>2:00  Resident lead games [TP]</p> <p>3:30  Afternoon Chat [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Black and White Ball Anniversary</b> <b>28</b></p> <p>10:00  Zumba Gold Exercise with Jill [TP]</p> <p>1:00  Arbor Terrace Store [TSC]</p> <p>1:00  Black and White Ball Anniversary [TP]</p> <p>2:00  Bingo</p> <p>2:00  Drawing Class with Joan</p> <p>3:30  Dominoes [TP]</p> <p>6:00  Trivia Challenge With Arlene</p>	<p><b>Happy Birthday Dorothy R.</b> <b>29</b></p> <p>10:00  Forever His Followers "Eucharist Service" [TP]</p> <p>10:00  Shopping Trip-Lidl</p> <p>10:30  Morning Exercise Group [TP]</p> <p>1:15  A Time To Listen [TG]</p> <p>1:30  Resident Council [TG]</p> <p>2:00  Bingo</p> <p>3:15  Rummicube Game [WP]</p> <p>3:30  Social Hour [TP]</p> <p>6:00  Evening Trivia</p>	<p><b>Happy Birthday Ruth H. Rockefeller Center Christmas Tree Lighting</b> <b>30</b></p> <p>9:30  Exercise Class-With Fox Fitness [TP]</p> <p>10:30  The History of Christmas Trees [TP]</p> <p>1:30  Mid Week Movie</p> <p>3:30  ATS Wednesday Walkers!</p> <p>6:00  Trivia Challenge with Arlene</p>	<p><b>Location Keys</b></p> <p>Galleria GAL</p> <p>Overlook Cafe OC</p> <p>The Grove TG</p> <p>The Pavillion TP</p> <p>The Shoreman's Club TSC</p> <p>Whispering Pines WP</p>		<p>Please see your Daily Engagement Flyer for your group activity times and locations. Activities are subject to change. Thank you, The Engagement Team.</p>