## **Arbor Terrace Morris Plains Evergreen Calendar**



Arbor Terrace Morri	s Plains Evergreen Ca	llendar 🐣 💝 📜				with again
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Sunday Morning Fitness Exercise [EDE] 11:15  Parallel Programs & Creative Hands [EDE] 11:15  Sunday Morning Good News & Stories 1:00  Rest & Relaxation Siesta 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Snack & Refreshments Social 3:00  Balloon Volley 4:30  Sunday Mass on TV	Faces & Clean Hands  10:30 Morning Exercise Group & Hydration Station  11:15 Daily Chronicle & Halloween Trivia  11:15 Parallel Programs & Creative Hands [EDE]  1:00 Rest & Relaxation Siesta  2:15 Parallel Group & Comfort Massages [EDE]	THE ARBOR COMPANY COMP	Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey	LOCATION KEY  Evergreen Living Room - EGL  Evergreen Garden/Patio - EGP  Evergreen Dining Room - EGD  Outdoor Path - OP  Hallway Activity - HA  Programs are subject to change.	HAPPY BIRTHDAY SUE R 9/4 MIRIAM D 9/26	10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Mind & Body Fitness Class 11:15  Daily Chronicle & On This Day 11:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 2:15  Afternoon Sing Along & Reminiscing [EDE] 2:15  Parallel Group & Comfort Massages [EDE] 3:00  Entertainment with Kris Phippany [HP] 3:30  Corn Hole Game Challenge 4:30  Evening Musical Shows [EDE]
10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Sunday Morning Fitness Exercise [EDE] 11:15  Parallel Programs & Creative Hands [EDE] 11:15  Sunday Morning Good News & Stories 1:00  Rest & Relaxation Siesta 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Parachute Circle with Music [EDE] 3:30  List It 4:30  Sunday Mass on TV	Faces & Clean Hands  10:30 Morning Exercise Group & Hydration Station  11:15 Paily Chronicle & Brain Games	Happy Yom Kippur  10:00  Morning Greetings/ Fresh Faces & Clean Hands  10:30  Gentle Fitness Exercise Class  11:15  Parallel Programs & Creative Hands [EDE]  1:00  Rest & Relaxation Siesta  1:30  Bowling Tournament  2:15  Parallel Group & Comfort Massages [EDE]  2:30  Snack & Refreshments Social  3:30  Google Earth Traveling & Conversation  4:30  Rosary Group - on TV	Faces & Clean Hands 10:30  Morning Exercise Group 11:15  Daily Chronicle & Brain Games	Faces & Clean Hands  10:30 Communion Services with St. Virgil's Church [CT]  11:15 Parallel Programs & Creative Hands [EDE]  1:00 Rest & Relaxation Siesta  2:00 Arts & Crafts / Movie & Snacks [EDE]  2:15 Parallel Group & Comfort Massages [EDE]  2:30 Snack & Refreshments Social  3:30 Patio Chat & Games  3:30 Recipe Building  4:30 Rosary Group - on TV  5:30 Sing Along & Karaoke Hour [EDE]	Faces & Clean Hands 0:30	10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Mind & Body Fitness Class 11:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 1:30  Shaking & Baking with Marina & Cooking Show [EDE] 2:15  Afternoon Sing Along & Reminiscing [EDE] 2:30  Snack & Refreshments Social 4:30  Evening Musical Shows [EDE]
10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Sunday Morning Fitness Exercise [EDE] 11:15  Parallel Programs & Creative Hands [EDE] 11:15  Sunday Morning Good News & Stories 1:00  Rest & Relaxation Siesta 2:00  Piano Performance by Clint Edwards [HP] 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Snack & Refreshments Social 4:30  Sunday Mass on TV	World Rainforest Week  10:00	10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Gentle Fitness Exercise Class 11:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 1:30  Shaking & Baking with Marina & Cooking Show [EDE] 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Snack & Refreshments Social 3:00  Weekly Crossword Puzzle on the iN2L 4:30  Rosary Group - on TV	Faces & Clean Hands	Faces & Clean Hands  10:30 Communion Services with St. Virgil's Church [CT]  11:15 Parallel Programs & Creative Hands [EDE]  1:00 Rest & Relaxation Siesta  2:00 Arts & Crafts / Movie & Snacks [EDE]  2:15 Parallel Group & Comfort Massages [EDE]  2:30 Snack & Refreshments Social  3:30 Hot Chocolate & Conversation Social  4:30 Rosary Group - on TV  5:30 Sing Along & Karaoke Hour [EDE]	0:00  Morning Greetings/ Fresh Faces & Clean Hands 0:30  Bridges/Evergreen Outing - Scenic Rides 0:30  Morning Exercise Group & Brain Games [EDE] 1:15  Daily Chronicle & Brain Games 1:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Hot Chocolate Social with Friends [BL] 2:30  Snack & Refreshments Social 3:30  Name That Tune 4:30  Afternoon Comedy Matinee	10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Mind & Body Fitness Class 11:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 2:15  Afternoon Sing Along & Reminiscing [EDE] 2:30  Snack & Refreshments Social 3:00  Entertainment with Eleanor Jackson & Maestro [HP] 4:30  Evening Musical Shows [EDE]
10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Sunday Morning Fitness Exercise [EDE] 11:15  Parallel Programs & Creative Hands [EDE] 11:15  Sunday Morning Good News & Stories 1:00  Rest & Relaxation Siesta 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Snack & Refreshments Social 3:30  Resident's Choice - Free Stations [EDE] 4:30  Sunday Mass on TV	Tell a Funny Story Day  10:00  Morning Greetings/ Fresh Faces & Clean Hands  10:30  Morning Exercise Group & Hydration Station  11:15  Parallel Programs & Creative Hands [EDE]  1:00  Rest & Relaxation Siesta  2:15  Parallel Group & Comfort Massages [EDE]  2:30  Snack & Refreshments Social  3:30  Funny Stories from Your Childhood Discussion Group  4:30  Evening Comedy Movie	Faces & Clean Hands  10:30	Faces & Clean Hands  11:15 Daily Chronicle & Brain Games  11:15 Darallel Programs & Creative	Faces & Clean Hands  10:30 Communion Services with St. Virgil's Church [CT]  11:15 Parallel Programs & Creative Hands [EDE]  1:00 Rest & Relaxation Siesta  2:00 Autumn Arts & Crafts / Movie & Snacks [EDE]  2:15 Parallel Group & Comfort Massages [EDE]  2:30 Snack & Refreshments Social  3:30 Weekly Crossword Puzzle on the iN2L  4:00 Matching Game on the iN2L	0:00 Morning Greetings/ Fresh Faces & Clean Hands 0:30 Bridges/Evergreen Outing - Scenic Rides 0:30 Morning Exercise Group & Brain Games [EDE] 0:30 SCENIC OUTING TRIP [OT] 1:15 Daily Chronicles & What did it cost 1:15 Parallel Programs & Creative Hands [EDE] 1:00 Rest & Relaxation Siesta 2:15 Parallel Group & Comfort Massages [EDE] 2:30 Fall Festival [HP] 2:30 Snack & Refreshments Social 3:30 Karaoke Happy Hour 4:30 Afternoon Comedy Matinee	10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Mind & Body Fitness Class 11:15  Daily Chronicle & On This Day 11:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 2:15  Afternoon Sing Along & Reminiscing [EDE] 2:30  Snack & Refreshments Social 3:00  Let's Play UNO! 3:00  Music with Michael Armeno [HP] 4:30  Evening Musical Shows [EDE]
10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Sunday Morning Fitness Exercise [EDE] 11:15  Parallel Programs & Creative Hands [EDE] 11:15  Sunday Morning Good News & Stories 1:00  Rest & Relaxation Siesta 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Snack & Refreshments Social 3:30  Target Shooting 4:30  Sunday Mass on TV	Faces & Clean Hands	10:00 Morning Greetings/ Fresh Faces & Clean Hands 10:30 Gentle Fitness Exercise Class 11:15 Daily Chronicle & Brain Games 11:15 Parallel Programs & Creative Hands [EDE] 1:00 Rest & Relaxation Siesta 1:30 Shaking & Baking with Marina & Cooking Show [EDE] 2:15 Parallel Group & Comfort Massages [EDE] 2:30 Snack & Refreshments Social 4:30 Rosary Group - on TV	10:00 Morning Greetings/ Fresh Faces & Clean Hands 11:15 Daily Chronicle & Brain Games 11:15 Parallel Programs & Creative Hands [EDE] 1:00 Rest & Relaxation Siesta 2:15 Parallel Group & Comfort Massages [EDE] 2:30 Reminiscing & Trivia on IN2L 2:30 Snack & Refreshments Social 3:00 Name That Tune 3:30 Jenna K - Music Therapy 4:30 Travel Videos on iN2L	Faces & Clean Hands  10:30 Communion Services with St. Virgil's Church [CT]  11:15 Parallel Programs & Creative Hands [EDE]  1:00 Rest & Relaxation Siesta  2:00 Spooky Arts & Crafts / Movie & Snacks [EDE]  2:15 Parallel Group & Comfort Massages [EDE]  1:2:30 Snack & Refreshments Social  4:30 Rosary Group - on TV  5:30 Sing Along & Karaoke Hour [EDE]	0:30 Bridges/Evergreen Outing - Scenic Rides	10:00  Morning Greetings/ Fresh Faces & Clean Hands 10:30  Mind & Body Fitness Class 11:15  Daily Chronicle & On This Day 11:15  Parallel Programs & Creative Hands [EDE] 1:00  Rest & Relaxation Siesta 2:15  Afternoon Sing Along & Reminiscing [EDE] 2:15  Parallel Group & Comfort Massages [EDE] 2:30  Snack & Refreshments Social 3:00  Bingo on the iN2L 4:30  Evening Musical Shows [EDE]