

October 2021

Arbor Terrace Shrewsbury Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October cont'd</div> <div>31</div> <div><div>Halloween</div><div>8:00 Morning Sun & Relaxation [TG]</div><div>10:00 Bus Outing: St. Anthony's Church</div><div>10:00 Morning Stretch</div><div>10:30 Catholic Mass From Washington</div><div>2:00 Halloween Celebration [TP]</div><div>3:30 Afternoon Chat [TP]</div><div>3:30 Resident lead games</div><div>6:00 Evening Trivia [TP]</div></div>		<div> Arts & Education</div> <div> Deep Connections</div> <div> Health & Wellness</div> <div> Purposeful Living</div> <div> Recreation & Leisure</div> <div> Spiritual Journey</div>	<div>Location Keys</div> <div>Galleria GAL</div> <div>Overlook Cafe OC</div> <div>The Grove TG</div> <div>The Pavillion TP</div> <div>The Shoreman's Club TSC</div> <div>Whispering Pines WP</div>	<div>Please see your Daily Engagement Flyer for your group activity times and locations. Activities are subject to change. Thank you, The Engagement Team.</div>	<div>Welcome to October Day</div> <div>1</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Welcome to October [TP]</div> <div>1:00 Rosary and Scriptures [TSC]</div> <div>2:00 Bingo</div> <div>2:00 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div>	<div>2</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Today in History [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div>
<div>Happy Birthday Louis G.</div> <div>3</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch</div> <div>10:30 Catholic Mass From Washington</div> <div>2:00 Sunday Entertainment with Gary [TP]</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games</div> <div>6:00 Evening Trivia [TP]</div>	<div>4</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Chair Stretch</div> <div>10:00 Music and Movement</div> <div>11:30 Lunch Outing: Subs at the park</div> <div>1:30 A Time To Listen [TG]</div> <div>2:00 Bingo</div> <div>2:30 Learn To Draw [GAL]</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div>	<div>Happy Birthday Angela G</div> <div>Tic Tock Tuesday</div> <div>5</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Morning Exercise Group</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Break The Bank Word Game [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>1:30 Leisure Planning Meeting [TG]</div> <div>2:00 Bingo</div> <div>3:15 Rummicube Game [WP]</div> <div>3:30 Social Hour</div> <div>6:00 Clock Trivia [TP]</div>	<div>6</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Blurt it Out</div> <div>1:00 Scenic Ride</div> <div>1:30 Mid Week Movie</div> <div>3:30 ATS Wednesday Walkers!</div> <div>6:00 Trivia Challenge with Arlene [TP]</div>	<div>7</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Culinary Creations</div> <div>10:30 Morning Exercise Class</div> <div>1:00 Around The Town [TP]</div> <div>1:00 Bus Outing: Burlington</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Puzzle Group [TG]</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Trivia Challenge [TP]</div>	<div>8</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>AM Men in Uniform [TP]</div> <div>1:00 Rosary and Scriptures [TSC]</div> <div>2:00 Bingo</div> <div>2:00 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div>	<div>John Lennon Day</div> <div>9</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Celebrity Biographies "John Lennon" [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div>
<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch</div> <div>10:30 Catholic Mass From Washington</div> <div>1:30 Protestant Services with Pastor Sam [OC]</div> <div>2:30 Resident Choice</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games</div> <div>6:00 Evening Trivia [TP]</div> <div>10</div>	<div>Columbus Day</div> <div>Happy Birthday Ellen M.</div> <div>Happy Birthday Nancy C.</div> <div>11</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Chair Stretch [TP]</div> <div>10:00 Columbus Day Facts [TP]</div> <div>1:30 A Time To Listen [TG]</div> <div>2:00 Bingo</div> <div>2:00 Drawing Class with Joan</div> <div>2:30 Learn To Draw [GAL]</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div>	<div>That's Italian Tuesday</div> <div>12</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Morning Exercise Group</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Travel to Italy [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>1:30 Dining Planning Meeting</div> <div>2:00 Bingo</div> <div>2:30 Tuesday Tea and Talk [GAL]</div> <div>3:15 Rummicube Game [WP]</div> <div>3:30 Social Hour</div> <div>6:00 Italy Trivia [TP]</div>	<div>Navy's Birthday</div> <div>13</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Navy Trivia [TP]</div> <div>1:00 Men's Club with Chris</div> <div>1:00 Scenic Ride</div> <div>1:30 Mid Week Movie</div> <div>3:30 ATS Wednesday Walkers!</div> <div>6:00 Trivia Challenge with Arlene [TP]</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Bus Outing: Dollar Tree</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Around The Town [TP]</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Games and Fun</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Evening Trivia [TP]</div> <div>14</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Word in a Word [TP]</div> <div>1:00 Rosary and Scriptures [TSC]</div> <div>2:00 Bingo</div> <div>2:00 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div> <div>15</div>	<div>Happy Birthday Nick P.</div> <div>16</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Dear Abby [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div>
<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch</div> <div>10:30 Catholic Mass From Washington</div> <div>2:00 Sunday Entertainment With Mary's Melodies [TP]</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games</div> <div>6:00 Evening Trivia [TP]</div> <div>17</div>	<div>Alaska Day</div> <div>18</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Chair Stretch [TP]</div> <div>10:30 Alaska Trivia [TP]</div> <div>1:00 Bus Outing: Walk on the Boardwalk</div> <div>1:30 A Time To Listen [TG]</div> <div>2:00 Bingo</div> <div>2:30 Learn To Draw [GAL]</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Morning Exercise Group</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Who wants to be a Millionaire [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>2:00 Bingo</div> <div>3:15 Rummicube Game [WP]</div> <div>3:30 Social Hour</div> <div>6:00 Evening Trivia [TP]</div> <div>19</div>	<div>Chef's Day</div> <div>Happy Birthday Thomas F.</div> <div>20</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Health Talk With Our Nursing Staff [TP]</div> <div>1:00 Scenic Ride</div> <div>1:30 Cooking Demo with Chef Chris</div> <div>2:00 Mid Week Movie</div> <div>3:30 ATS Wednesday Walkers!</div> <div>6:00 Trivia Challenge with Arlene [TP]</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Around The Town [TP]</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Puzzle Group [TG]</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Evening Trivia [TP]</div> <div>6:00 Trivia Challenge [TP]</div> <div>21</div>	<div>Nut Day</div> <div>22</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Nut Facts [TP]</div> <div>1:00 Rosary and Scriptures [TSC]</div> <div>2:00 Bingo</div> <div>2:00 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div>	<div>Happy Birthday Albert G.</div> <div>Wear it Pink Day</div> <div>23</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Things that are pink [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div>
<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Bus Outing: St. Anthony's Church</div> <div>10:00 Morning Stretch</div> <div>10:30 Catholic Mass From Washington</div> <div>2:00 Resident Choice</div> <div>3:30 Afternoon Chat [TP]</div> <div>3:30 Resident lead games</div> <div>6:00 Evening Trivia [TP]</div> <div>24</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Chair Stretch [TP]</div> <div>1:30 A Time To Listen [TG]</div> <div>1:30 Resident Council [TG]</div> <div>2:00 Bingo</div> <div>2:00 Drawing Class with Joan</div> <div>3:30 Dominoes [TP]</div> <div>6:00 Trivia Challenge With Arlene [TP]</div> <div>25</div>	<div>Happy Birthday Josephine C.</div> <div>National Pumpkin Day</div> <div>26</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Morning Exercise Group</div> <div>10:00 Shopping Trip-Shoprite</div> <div>10:30 Pumpkin Word Game [TP]</div> <div>1:00 Arbor Terrace Store [TSC]</div> <div>2:00 Bingo</div> <div>2:30 Tuesday Tea and Talk [TG]</div> <div>3:15 Rummicube Game [WP]</div> <div>3:30 Social Hour</div> <div>6:00 Evening Trivia [TP]</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 The Price is Right [TP]</div> <div>1:00 Scenic Ride</div> <div>1:30 Mid Week Movie</div> <div>2:30 Poker Group</div> <div>3:30 ATS Wednesday Walkers!</div> <div>6:00 Trivia Challenge with Arlene [TP]</div> <div>27</div>	<div>Happy Birthday Anna T.</div> <div>28</div> <div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Morning Exercise Class [TP]</div> <div>10:30 Culinary Creations [TP]</div> <div>1:00 Around The Town [TP]</div> <div>1:00 Bus Outing: Target</div> <div>2:00 Creative Writers Corner [GAL]</div> <div>2:30 Games and Fun</div> <div>3:30 Thirsty Thursday [TP]</div> <div>6:00 Evening Trivia [TP]</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>9:30 Exercise Class-With Fox Fitness [TP]</div> <div>10:30 Word in a Word [TP]</div> <div>1:00 Rosary and Scriptures [TSC]</div> <div>2:00 Bingo</div> <div>2:00 Express Yourself Art Work [GAL]</div> <div>3:30 Wine And Cheese Social [TP]</div> <div>5:15 Shabbat Service</div> <div>29</div>	<div>8:00 Morning Sun & Relaxation [TG]</div> <div>10:00 Tone It Up [TP]</div> <div>10:30 Pearls and Oysters Game [TP]</div> <div>1:30 Adult Coloring [GAL]</div> <div>2:00 Bingo</div> <div>3:30 Card Club [OC]</div> <div>4:00 Ted Talks</div> <div>6:30 Hymn Sing With Fresh Baked Cookies [OC]</div> <div>30</div>

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