October 2022



Arbor Terrace M	ountainside - Bridges	A 150				with	219
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
October cont'd 10:00	10:00 Chair Tai Chi [2 BLR] 10:30 Daily Chronicles [2 BLR] 11:00 Morning Rosary [2 BLR] - Words In A Word [2-BG] 1:30 Movie Monday 3:30 Halloween Social 4:00 Video Trivia 5:45 After Dinner Trivia 6:15 Movie Time	THE ARBOR COMPANY ESTATE THE ARBOR COMPANY EST	Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey	Location Keys 2nd Floor Bridges Gallery 2-BG 2nd floor Bridges Living Room 2 BLR		10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:00 Table Games and Puzzles 2:30 Afternoon social snack 3:15 Trivia Challenge 3:45 Shuffle Board 6:15 Movie Time	1
10:00	10:00 Chair Tai Chi [2 BLR] 10:30 Daily Chronicles [2 BLR] Morning Rosary [2 BLR] - Words In A Word [2-BG] 1:30 Movie Monday 3:30 Afternoon social 4:00 Video Trivia 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Daily Chronicles [2 BLR] 11:00 Music and Motion with Mary 11:00 Whiteboard Games [2-BG] 1:00 Coloring Club 2:00 Active Games: Noodle Ball 2:30 Left Center Right Game [2-3:30 Afternoon social 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Midweek Rosary Group [2 BLR] 10:45 Zumba with Peggy 1:00 Rick Steve's Armchair Travel 1:30 Baking Club	10:00 Stretch & Flex 10:30 Daily Chronicles 11:00 Discovering Famous People & Places 1:00 Corn Hole Match 2:45 Courtyard Stroll 3:30 Afternoon social 3:30 Movie Time	10:00 Mass with Deacon Mike 10:30 Dumba Gold with Gloria 11:00 Conversations [2-BG] 11:00 Nord Mining 1:00 N	10:00	8
10:00 HASfit Workout 10:30 Daily Chronicles 11:00 Sunday Morning Mass 11:15 Whiteboard Games [2-BG] 1:00 Rick Steve's Armchair Travel 1:30 Sing-a-long with Susie Q 1:00 High Tea Time 1:30 Afternoon social snack 1:45 Bingo Time 1:45 Agraeman Garden Stroll 1:45 Movie Time	10:00 Chair Tai Chi [2 BLR] 10:30 Daily Chronicles [2 BLR] 11:00 Morning Rosary [2 BLR] - Words In A Word [2-BG] 1:30 Movie Monday 3:30 Afternoon social 4:00 Video Trivia 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Daily Chronicles [2 BLR] 10:30 FOX Fitness Exercise 10:30 Hed-Bandz 11:00 Whiteboard Games [2-BG] 1:00 Coloring Club 2:00 Active Games: Noodle Ball 2:30 Left Center Right [2-BG] 3:30 Afternoon social 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Midweek Rosary Group [2 BLR] 10:30 Zumba 1:00 Rick Steve's Armchair Travel	10:00 Stretch & Flex 10:30 Daily Chronicles 11:00 Discovering Famous People & Places 1:00 Wheel of Fortune: Whiteboard 2:00 Corn Hole Match 2:00 Music and Memory with Donna 2:45 Uno Club 3:30 Afternoon social 6:15 Movie Time	10:00	10:00	15
10:00 HASfit Workout 10:30 Daily Chronicles 11:00 Sunday Morning Mass 11:15 Whiteboard Games [2-BG] 1:00 Rick Steve's Armchair Travel 1:30 Sing-a-long with Susie Q 1:30 High Tea Time 2:30 Afternoon social snack 2:45 Bingo Time 3:45 Gardening and Garden Stroll 6:15 Movie Time	16 10:00 Chair Tai Chi [2 BLR] 10:30 Daily Chronicles [2 BLR] 11:00 Morning Rosary [2 BLR] - Words In A Word [2-BG] 1:30 Movie Monday 3:30 Afternoon social 4:00 Video Trivia 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Daily Chronicles [2 BLR] 11:00 Music and Motion with Mary 11:00 Whiteboard Games [2-BG] 1:00 Coloring Club 2:00 Active Games: Noodle Ball 2:30 Left Center Right [2-BG] 3:30 Afternoon social 5:45 After Dinner Trivia 6:15 Movie Time	10:30 ♥ Zumba 10:45 ♥ Zumba with Peggy		10:00 Daily News 10:30 Zumba Gold with Gloria 11:00 Conversations [2-BG] 11:00 Rosary Group 1:00 Word Mining 2:30 Live Music with Cathy 3:00 Happy Hour 4:00 Video Trivia 6:15 Movie Time	10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:00 Table Games and Puzzles 2:30 Afternoon social snack 3:15 Trivia Challenge 3:45 Shuffle Board 6:15 Movie Time	22
10:00	10:00 Chair Tai Chi [2 BLR] 10:30 Daily Chronicles [2 BLR] Morning Rosary [2 BLR] - Words In A Word [2-BG] 1:30 Movie Monday 3:30 Afternoon social 4:00 Video Trivia 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Daily Chronicles [2 BLR] 10:30 FOX Fitness Exercise 10:30 Hed-Bandz 11:00 Whiteboard Games [2-BG] 1:00 Coloring Club 2:00 Active Games: Noodle Ball 2:30 Left Center Right [2-BG] 3:30 Afternoon social 5:45 After Dinner Trivia 6:15 Movie Time	10:00 Midweek Rosary Group [2 BLR] 1:00 Rick Steve's Armchair Travel	10:00 Stretch & Flex 10:30 Daily Chronicles 11:00 Discovering Famous People & Places 1:00 Wheel of Fortune: Whiteboard 1:30 Pumpkin Carving 2:00 Corn Hole Match 2:45 Uno Club 3:30 Afternoon social 6:15 Movie Time	10:00 Daily News 10:30 Jewish Service 10:30 Zumba Gold with Gloria 11:00 Rosary Group 1:00 Halloween Parade with Primrose 1:30 Witches Tea 2:30 Live Music with John 3:00 Happy Hour 4:00 Video Trivia 6:15 Movie Time	10:00 HASfit Workout 10:30 Pictionary 11:00 Word Scramble 1:00 Table Games and Puzzles 2:30 Afternoon social snack 3:15 Trivia Challenge 3:45 Shuffle Board 6:15 Movie Time	29 t top