

October 2022

Arbor Terrace Mountainside - Evergreen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October cont'd</div> <div>30</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Yoga</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Reminiscing on the IN2L</div><div>2:30 Afternoon social snack</div><div>3:00 Balloon Burst on IN2L</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>Halloween</div> <div>31</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:45 Music and Motion</div><div>11:15 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Themed Trivia on IN2L</div><div>2:00 Noodle Ball</div><div>2:30 Afternoon social snack</div><div>3:30 Halloween Social</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div></div> <div><div> Arts & Education</div><div> Deep Connections</div><div> Health & Wellness</div><div> Purposeful Living</div><div> Recreation & Leisure</div><div> Spiritual Journey</div></div>	<div></div>	<div>Resident Birthdays</div> <div>Helen W. 10/12</div>	<div>10:00 Morning Rosary</div> <div>10:00 Sunrise and tea time [EV-DR]</div> <div>10:30 Bend and Flex</div> <div>11:00 Daily Chronicles/News</div> <div>1:00 Soothing Relaxation Time</div> <div>1:30 Sing Along with Susie Q</div> <div>2:30 Afternoon social snack</div> <div>3:00 Therapeutic Coloring and Relaxing Music</div> <div>4:45 Dinner Music Jukebox</div> <div>6:30 After Dinner Social Snack with Music</div>	
<div>2</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Yoga</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Reminiscing on the IN2L</div><div>2:30 Afternoon social snack</div><div>3:00 Balloon Burst on IN2L</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>3</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:45 Music and Motion</div><div>11:15 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Themed Trivia on IN2L</div><div>2:00 Noodle Ball</div><div>2:30 Afternoon social snack</div><div>3:30 Making Music and Rhythms</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>4</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 The Daily Chronicles</div><div>11:15 Chair Tai Chi</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Coloring Club</div><div>2:00 Parachute Game</div><div>2:30 Afternoon social snack</div><div>3:00 Themed Bingo</div><div>4:00 Karaoke with IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>5</div> <div><div>10:00 Zumba with Peggy [EV-LR]</div><div>10:40 Rosary Group</div><div>10:45 Sunrise and tea time [EV-DR]</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Walk the Halls</div><div>2:00 Beach Ball Toss</div><div>2:30 Afternoon social snack</div><div>3:15 Let's Discover</div><div>4:00 Sing Along with Mary Sue IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>6</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Stretch</div><div>11:15 The Daily Chronicles/ Current Events</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Afternoon Stroll and Conversations</div><div>1:45 Baking Club</div><div>2:30 Afternoon social snack</div><div>3:00 Ring Toss</div><div>4:00 National Park Trivia</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>7</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Busy Bodies</div><div>11:00 Daily Chronicles and Horoscopes</div><div>11:30 Oktoberfest Luncheon</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Noodle Ball</div><div>2:30 Oktoberfest Happy Hour</div><div>3:30 German Band</div><div>3:30 Name Ten</div><div>4:00 The Mickey Rooney Show</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>8</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Bend and Flex</div><div>11:00 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Sing Along with Susie Q</div><div>2:30 Afternoon social snack</div><div>3:00 Therapeutic Coloring and Relaxing Music</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>
<div>9</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Yoga</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Reminiscing on the IN2L</div><div>2:30 Afternoon social snack</div><div>3:00 Balloon Burst on IN2L</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>Columbus Day</div> <div>10</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:45 Music and Motion</div><div>11:15 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Themed Trivia on IN2L</div><div>2:00 Noodle Ball</div><div>2:30 Afternoon social snack</div><div>3:30 Making Music and Rhythms</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>Pet Therapy</div> <div>11</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 The Daily Chronicles</div><div>11:00 FOX Fitness Exercise</div><div>11:00 FOX Fitness Exercise</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Coloring Club</div><div>2:00 Parachute Game</div><div>2:30 Afternoon social snack</div><div>3:00 Themed Bingo</div><div>4:00 Karaoke with IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>10:15 Music Therapy With Jen</div> <div>12</div> <div><div>10:40 Rosary Group</div><div>10:45 Sunrise and tea time [EV-DR]</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Walk the Halls</div><div>2:00 Beach Ball Toss</div><div>2:00 Paint and Sip: Fall</div><div>2:30 Afternoon social snack</div><div>3:00 Armchair Travel on IN2L</div><div>4:00 Sing Along with Mary Sue IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>13</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Stretch</div><div>11:15 The Daily Chronicles/ Current Events</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Afternoon Stroll and Conversations</div><div>2:00 Music and Memory with Donna</div><div>2:30 Afternoon social snack</div><div>3:00 Ring Toss</div><div>4:00 National Park Trivia</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>14</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Busy Bodies</div><div>11:00 Daily Chronicles and Horoscopes</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Noodle Ball</div><div>2:30 Live Music with Janice</div><div>3:00 Happy Hour</div><div>3:30 Name Ten</div><div>4:00 The Mickey Rooney Show</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>15</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Bend and Flex</div><div>11:00 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Sing Along with Susie Q</div><div>2:30 Afternoon social snack</div><div>3:00 Therapeutic Coloring and Relaxing Music</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>
<div>16</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Yoga</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Reminiscing on the IN2L</div><div>2:30 Afternoon social snack</div><div>3:00 Balloon Burst on IN2L</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>17</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:45 Music and Motion</div><div>11:15 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Themed Trivia on IN2L</div><div>2:00 Noodle Ball</div><div>2:30 Afternoon social snack</div><div>3:30 Making Music and Rhythms</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>18</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 The Daily Chronicles</div><div>11:15 Chair Tai Chi</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Coloring Club</div><div>2:00 Parachute Game</div><div>2:30 Afternoon social snack</div><div>3:00 Themed Bingo</div><div>4:00 Karaoke with IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>10:00 Zumba with Peggy</div> <div>19</div> <div><div>10:40 Rosary Group</div><div>10:45 Sunrise and tea time [EV-DR]</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Walk the Halls</div><div>2:00 Beach Ball Toss</div><div>2:30 Afternoon social snack</div><div>3:15 Let's Discover</div><div>4:00 Sing Along with Mary Sue IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>20</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Stretch</div><div>11:15 The Daily Chronicles/ Current Events</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Afternoon Stroll and Conversations</div><div>1:45 Art: Mini Pumpkins</div><div>2:30 Afternoon social snack</div><div>3:00 Ring Toss</div><div>4:00 National Park Trivia</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>21</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Busy Bodies</div><div>11:00 Daily Chronicles and Horoscopes</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Noodle Ball</div><div>2:30 Live Music with Kathy</div><div>3:00 Happy Hour</div><div>3:30 Name Ten</div><div>4:00 The Mickey Rooney Show</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>22</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Bend and Flex</div><div>11:00 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Sing Along with Susie Q</div><div>2:30 Afternoon social snack</div><div>3:00 Therapeutic Coloring and Relaxing Music</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>
<div>23</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Yoga</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Reminiscing on the IN2L</div><div>2:30 Afternoon social snack</div><div>3:00 Balloon Burst on IN2L</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>24</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:45 Music and Motion</div><div>11:15 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Themed Trivia on IN2L</div><div>2:00 Noodle Ball</div><div>2:30 Afternoon social snack</div><div>3:30 Making Music and Rhythms</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>Pet Therapy</div> <div>25</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 The Daily Chronicles</div><div>11:00 FOX Fitness Exercise</div><div>11:00 FOX Fitness Exercise</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Coloring Club</div><div>2:00 Parachute Game</div><div>2:30 Afternoon social snack</div><div>3:00 Themed Bingo</div><div>4:00 Karaoke with IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>10:15 Music Therapy With Jen</div> <div>26</div> <div><div>10:40 Rosary Group</div><div>10:45 Sunrise and tea time [EV-DR]</div><div>11:15 Daily Chronicles</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Walk the Halls</div><div>2:00 Beach Ball Toss</div><div>2:30 Afternoon social snack</div><div>3:00 Pumpkin Suncatchers</div><div>4:00 Sing Along with Mary Sue IN2L</div><div>4:45 Dinner Music Jukebox</div><div>5:15 After Dinner Trivia</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>27</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Chair Stretch</div><div>11:15 The Daily Chronicles/ Current Events</div><div>1:00 Soothing Relaxation Time</div><div>1:15 Afternoon Stroll and Conversations</div><div>1:40 Baking Club [EV-LR]</div><div>2:30 Afternoon social snack</div><div>3:00 Ring Toss</div><div>4:00 National Park Trivia</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>28</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Busy Bodies</div><div>11:00 Daily Chronicles and Horoscopes</div><div>1:00 Halloween Parade with Primrose</div><div>1:15 Witches Tea</div><div>2:30 Live Music with John</div><div>3:00 Happy Hour</div><div>3:30 Name Ten</div><div>4:00 The Mickey Rooney Show</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>	<div>29</div> <div><div>10:00 Morning Rosary</div><div>10:00 Sunrise and tea time [EV-DR]</div><div>10:30 Bend and Flex</div><div>11:00 Daily Chronicles/News</div><div>1:00 Soothing Relaxation Time</div><div>1:30 Sing Along with Susie Q</div><div>2:30 Afternoon social snack</div><div>3:00 Therapeutic Coloring and Relaxing Music</div><div>4:45 Dinner Music Jukebox</div><div>6:30 After Dinner Social Snack with Music</div></div>

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