

September 2022  
Arbor Terrace Shrewsbury Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>🍷 Arts &amp; Education</div><div>❤️ Deep Connections</div><div>🍏 Health &amp; Wellness</div><div>🛠️ Purposeful Living</div><div>👥 Recreation &amp; Leisure</div><div>🕉️ Spiritual Journey</div></div>	<div><div>Location Keys</div><div>Galleria GAL</div><div>Overlook Cafe OC</div><div>The Grove TG</div><div>The Pavillion TP</div><div>The Shoreman's Club TSC</div></div>	<div>Please see your Daily Engagement Flyer for your group activity times and locations. Activities are subject to change. Thank you, The Engagement Team.</div>	<div><div>Happy Birthday Helen H. 1</div><div>10:00 🛠️ Bus Outing: Target</div><div>10:00 🍏 Morning Exercise Class [TP]</div><div>10:30 🍷 Culinary Creations [TP]</div><div>1:00 👥 Around The Town [TP]</div><div>1:00 👥 Scenic Ride</div><div>1:30 👥 Movie Matinee " That's Amor"</div><div>3:30 🍷 Thirsty Thursday [TP]</div><div>6:00 👥 Trivia Challenge</div></div>	<div><div>2</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Word in a Word [TP]</div><div>1:15 🕉️ Rosary and Scriptures</div><div>2:00 👥 Bingo</div><div>2:30 🍷 Express Yourself Art Work [GAL]</div><div>3:30 👥 Wine And Cheese Social [TP]</div><div>5:15 🕉️ Shabbat Service</div><div>6:00 🍷 Evening Trivia With Sue Ellen</div></div>	<div><div>Happy Birthday Angela G 3</div><div>10:00 🍏 Tone It Up [TP]</div><div>AM 🍷 Blurt it Out [TP]</div><div>1:00 🕉️ Bible Stories [TP]</div><div>1:30 🍷 Adult Coloring [GAL]</div><div>2:00 👥 Bingo</div><div>3:30 🍏 Card Club [OC]</div><div>4:00 🍷 Ted Talks</div></div>
<div><div>10:00 🛠️ Bus Outing: St. Anthony's Church 4</div><div>10:00 🍏 Morning Stretch [TP]</div><div>10:30 👥 Catholic Mass From Washington [TP]</div><div>2:00 👥 Games and Fun [TP]</div><div>3:30 🍷 Afternoon Chat [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Labor Day 5</div><div>10:00 🍏 Zumba Gold Exercise with Jill [TP]</div><div>10:30 🍷 Labor Day History [TP]</div><div>1:00 🛠️ Arbor Terrace Store [TSC]</div><div>2:00 👥 Labor Day Party with andy [TP]</div><div>3:30 🍷 Dominoes [TP]</div><div>6:00 👥 Trivia Challenge With Arlene</div></div>	<div><div>10:00 🛠️ Bus Outing: Lidl 6</div><div>10:00 🕉️ Forever His Followers [TP]</div><div>10:30 🍏 Morning Exercise Group [TP]</div><div>1:15 🍷 A Time To Listen [TG]</div><div>1:30 🍷 Leisure Planning Meeting [TG]</div><div>2:00 👥 Bingo</div><div>3:30 🍷 Social Hour [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Happy Birthday Betty T. 7</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Break The Bank Word Game</div><div>1:30 👥 Mid Week Movie " The Perfect Storm"</div><div>3:30 🍏 ATS Wednesday Walkers!</div><div>6:00 👥 Trivia Challenge with Arlene</div></div>	<div><div>10:00 🛠️ Bus Outing: Dollar General 8</div><div>10:00 🍏 Morning Exercise Class [TP]</div><div>10:30 🍷 Culinary Creations [TP]</div><div>1:00 👥 Around The Town [TP]</div><div>1:00 👥 Scenic Ride</div><div>2:00 🍷 Drawing Class with Joan</div><div>2:30 👥 Left Right Center [TP]</div><div>3:30 🍷 Thirsty Thursday [TP]</div><div>6:00 🍷 Evening Trivia [TP]</div></div>	<div><div>Happy Birthday Norman P. 9</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Word in a Word [TP]</div><div>1:15 🕉️ Rosary and Scriptures</div><div>2:00 👥 Bingo</div><div>2:30 🍷 Express Yourself Art Work [GAL]</div><div>3:30 👥 Wine And Cheese Social [TP]</div><div>5:15 🕉️ Shabbat Service</div><div>6:00 🍷 Evening Trivia With Sue Ellen</div></div>	<div><div>10:00 🍏 Tone It Up [TP] 10</div><div>10:30 🍷 Dear Abby [TP]</div><div>1:00 🕉️ Bible Stories [TP]</div><div>1:30 🍷 Adult Coloring [GAL]</div><div>2:00 👥 Bingo</div><div>3:30 🍏 Card Club [OC]</div><div>4:00 🍷 Ted Talks</div></div>
<div><div>Assisted Living Week: Grandparents Day 11</div><div>10:00 🛠️ Bus Outing: St. Anthony's Church</div><div>10:00 🍏 Morning Stretch [TP]</div><div>10:30 👥 Catholic Mass From Washington [TP]</div><div>2:00 🎩 Magician [TP]</div><div>3:30 🍷 Afternoon Chat [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Assisted Living Week: Joyful Moments" 12</div><div>10:00 🍏 Zumba Gold Exercise with Jill [TP]</div><div>10:30 🍷 Photo Sharing and Contest [TP]</div><div>11:30 🍷 Lunch Outing: Wendy's</div><div>1:00 🛠️ Arbor Terrace Store [TSC]</div><div>2:00 👥 Bingo</div><div>2:00 👥 Show and Tell [TP]</div><div>3:30 🍷 Dominoes [TP]</div><div>6:00 👥 Trivia Challenge With Arlene</div></div>	<div><div>Assisted Living Week: Old Fashioned Birthday Celebration Day" 13</div><div>Happy Birthday Doris D.</div><div>10:00 🕉️ Forever His Followers [TP]</div><div>10:00 🛠️ Shopping Trip-Shoprite</div><div>10:30 🍏 Morning Exercise Group [TP]</div><div>1:30 🍷 Dining Planning Meeting</div><div>2:00 👥 Birthday Party with Mary [TP]</div><div>3:15 👥 Birthday Cake and Pinata [TP]</div><div>6:00 🍷 Birthday Trivia</div></div>	<div><div>Assisted Living Week: Brews and Tattoos" 14</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Blurt it Out</div><div>1:30 👥 Mid Week Movie</div><div>2:00 👥 Brews and Tattoos [TP]</div><div>3:30 🍏 ATS Wednesday Walkers!</div><div>6:00 👥 Trivia Challenge with Arlene</div></div>	<div><div>Assisted Living Week: Travel Day 15</div><div>10:00 🛠️ Bus Outing: Big Lots</div><div>10:00 🕉️ Catholic Mass with St. Anthony's [TP]</div><div>10:30 🍷 Culinary Creations [TP]</div><div>10:30 🍏 Morning Exercise Class [TP]</div><div>1:00 👥 Scenic Ride</div><div>2:00 🍷 Most Popular Vacation and Sightseeing Spots Around the World Lecture with Paul</div><div>3:30 🍷 Thirsty Thursday: Pina Colada [TP]</div><div>6:00 👥 Trivia Challenge</div></div>	<div><div>Assisted Living Week: Carnival 16</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Word in a Word [TP]</div><div>1:15 🕉️ Rosary and Scriptures</div><div>2:00 👥 Carnival( Join us outside for a fun filled afternoon)</div><div>5:15 🕉️ Shabbat Service</div><div>6:00 🍷 Evening Trivia With Sue Ellen</div></div>	<div><div>Assisted Living Week:" Arbor Day" 17</div><div>10:00 🍏 Tone It Up [TP]</div><div>10:30 🍷 Today in History [TP]</div><div>1:00 🕉️ Bible Stories [TP]</div><div>2:00 👥 Prize Bingo</div><div>3:30 🍏 Card Club [OC]</div><div>4:00 🍷 Ted Talks</div></div>
<div><div>U.S Airforce Birthday 18</div><div>10:00 🛠️ Bus Outing: St. Anthony's Church</div><div>10:00 🍏 Morning Stretch [TP]</div><div>10:30 👥 Catholic Mass From Washington [TP]</div><div>1:30 🍷 Protestant Services with Pastor Sam [OC]</div><div>2:00 👥 Games and Fun [TP]</div><div>3:30 🍷 Afternoon Chat [TP]</div><div>6:00 🍷 U.S Airforce Trivia</div></div>	<div><div>19</div><div>10:00 🍏 Zumba Gold Exercise with Jill [TP]</div><div>10:30 🍷 Health Talk With Our Nursing Staff [TP]</div><div>1:00 🛠️ Arbor Terrace Store [TSC]</div><div>1:15 🍷 A Time To Listen [TG]</div><div>2:00 👥 Bingo</div><div>2:00 🍷 Drawing Class with Joan</div><div>3:30 🍷 Dominoes [TP]</div><div>6:00 👥 Trivia Challenge With Arlene</div></div>	<div><div>10:00 🕉️ Forever His Followers [TP] 20</div><div>10:00 🛠️ Shopping Trip-Aldi</div><div>10:30 🍏 Morning Exercise Group [TP]</div><div>1:30 🍷 Ambassador Meeting [TG]</div><div>2:00 👥 Bingo</div><div>3:30 🍷 Social Hour [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Happy Birthday Martha P. 21</div><div>Happy Birthday Sal C.</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Blurt it Out</div><div>11:00 🛠️ Bus Outing: Mini Golf and Lunch</div><div>1:30 👥 Mid Week Movie</div><div>3:30 🍏 ATS Wednesday Walkers!</div><div>6:00 👥 Trivia Challenge with Arlene</div></div>	<div><div>Happy Birthday Barbara A. 22</div><div>10:00 🛠️ Bus Outing: Kohl's</div><div>10:00 🍏 Morning Exercise Class [TP]</div><div>10:30 🍷 Culinary Creations [TP]</div><div>1:00 👥 Around The Town [TP]</div><div>1:00 👥 Scenic Ride</div><div>2:00 👥 Entertainment with Russ [TP]</div><div>3:30 🍷 Thirsty Thursday [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Happy Birthday Hermie A. 23</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Funny Sayings [TP]</div><div>1:15 🕉️ Rosary and Scriptures</div><div>2:00 👥 Bingo</div><div>2:30 🍷 Express Yourself Art Work [GAL]</div><div>3:30 👥 Wine And Cheese Social [TP]</div><div>5:15 🕉️ Shabbat Service</div><div>6:00 🍷 Evening Trivia With Sue Ellen</div></div>	<div><div>Cruise Ship Day 24</div><div>10:00 🍏 Tone It Up [TP]</div><div>10:30 🍷 The Love Boat History [TP]</div><div>1:00 🕉️ Bible Stories [TP]</div><div>1:30 🍷 Adult Coloring [GAL]</div><div>2:00 👥 Bingo</div><div>3:30 🍏 Card Club [OC]</div><div>4:00 🍷 Ted Talks</div><div>6:30 🕉️ Hymn Sing With Fresh Baked Cookies [OC]</div></div>
<div><div>Happy Birthday Donna D. 25</div><div>10:00 🛠️ Bus Outing: St. Anthony's Church</div><div>10:00 🍏 Morning Stretch [TP]</div><div>10:30 👥 Catholic Mass From Washington [TP]</div><div>2:00 👥 Games and Fun [TP]</div><div>3:30 🍷 Afternoon Chat [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Gilligan Island Day 26</div><div>Happy Birthday Jane F.</div><div>10:00 🍏 Zumba Gold Exercise with Jill [TP]</div><div>1:00 🛠️ Arbor Terrace Store [TSC]</div><div>1:15 🍷 A Time To Listen [TG]</div><div>2:00 👥 Bingo</div><div>2:00 🍷 Drawing Class with Joan</div><div>3:30 🍷 Dominoes [TP]</div><div>6:00 👥 Trivia Challenge With Arlene</div></div>	<div><div>10:00 🕉️ Forever His Followers [TP] 27</div><div>10:00 🛠️ Shopping Trip-Shoprite</div><div>10:30 🍏 Morning Exercise Group [TP]</div><div>2:00 👥 Bingo</div><div>2:30 🍷 Tuesday Tea and Talk [TP]</div><div>3:30 🍷 Social Hour [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>Good Neighbor Day 28</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Celebrity Biographies "Mr Rogers"</div><div>1:00 🍷 Bus Outing: Rita's Italian Ice</div><div>1:30 👥 Mid Week Movie" Won't You Be My Neighbor?</div><div>3:30 🍏 ATS Wednesday Walkers!</div><div>6:00 👥 Trivia Challenge with Arlene</div></div>	<div><div>Happy Birthday Ellen D. 29</div><div>10:00 🛠️ Bus Outing: Walmart</div><div>10:00 🍏 Morning Exercise Class [TP]</div><div>10:30 🍷 Culinary Creations [TP]</div><div>1:00 👥 Around The Town [TP]</div><div>1:00 👥 Scenic Ride</div><div>1:30 👥 Resident Council [TG]</div><div>3:30 🍷 Thirsty Thursday [TP]</div><div>6:00 🍷 Evening Trivia</div></div>	<div><div>30</div><div>9:30 🍏 Exercise Class-With Fox Fitness [TP]</div><div>10:30 👥 Who wants to be a Millionaire [TP]</div><div>1:00 🍷 Bus Outing: Boardwalk</div><div>1:15 🕉️ Rosary and Scriptures</div><div>2:00 👥 Bingo</div><div>2:30 🍷 Express Yourself Art Work [GAL]</div><div>3:30 👥 Wine And Cheese Social [TP]</div><div>5:15 🕉️ Shabbat Service</div><div>6:00 🍷 Evening Trivia With Sue Ellen</div></div>	